

Apple launches watchOS 8, develops new healthcare features

At the WWDC event, Apple officially launched watchOS 8 with some new health monitoring features.

Specifically, Apple has just announced watchOS 8, the latest operating system version for the Apple Watch wearable device. This time Apple will have betas for app developers. Compared to iOS 15 or iPadOS 15, watchOS 8 has not changed too much, but it is enough to make those who care about health feel satisfied.

First, the Fitness app is featuring more types of workouts like tai chi and pilates. The Apple Watch's Health app will clearly monitor the user's respiratory rate and notify if it is outside the user's normal rhythm.

In addition, the Mindfulness application extends from Breathe to help users breathe to relieve stress and promote health. The new WatchOS 8 will also have a new watch face that will allow users to use portraits taken from their iPhones, combined with text and other information. Apple says you can customize the text and parameters that are compatible with the photo.



The Home app will also let users control smart home gadgets from the Apple Watch, redesigned for watchOS 8, with more shortcuts to commonly used devices and the ability to view camera data. from security cameras.

Finally, the new operating system will have more features from iOS 15 such as new notifications with Focus mode, and a rain warning in the next hour. Apple says the Series 6 watches will also have support for car keys using its UWB band. You can also use your watch to find other Apple devices, such as AirTags.

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