

Alcohol poisoning: symptoms and treatment

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Symptoms of alcohol poisoning

The manifestation of alcohol poisoning with Methanol alcohol is similar to the expression of drunkenness as staggering, dizziness . so it is difficult to distinguish.

According to doctors, we can rely on the signs below to identify and distinguish between intoxication and alcohol poisoning, from which to deal with it promptly.



Expression of drunkenness

1. Groggy.
2. Tongue talking.
3. Poor body coordination.
4. Overbalance.

5. Nausea, vomiting.

Expression of alcohol poisoning

At the latest after 24 hours after drinking alcohol mixed with methanol, the victim will appear symptoms of alcohol poisoning as follows:

1. Fainting.
2. Convulsions.
3. Numb, weak limbs or one side of the face.
4. Saying lisp despite being awake.
5. Wheezing, weak breathing, irregular breathing, slow breathing, deep breathing and fast breathing.
6. Weak cough, stagnant sputum in the mouth, throat.
7. Cold, pale skin, lips, and nails.
8. Defecation, urination to pants.
9. Sensory disorders of color.
10. Look blurry, unclear.
11. Abdominal pain, abdominal pain.
12. Tired, vomiting a lot.

How to first aid for victims of alcohol poisoning



When you see someone drinking alcohol manifesting alcohol poisoning, we quickly proceed to the first aid steps for victims to avoid unfortunate consequences.

1. Call for victims to lie, head and shoulders higher.
2. If the victim falls unconscious with a stagnant stagnant phenomenon, wheezing is needed to lie on one side and try to induce vomiting, rubbing both cheeks.
3. If cold weather needs warming for patients.

4. Do not let patients fall asleep during the day or night. A few hours must wake up the patient. Offer dilute porridge to avoid hypoglycemia if the patient is awake and can eat and drink.
5. Drink plenty of warm water to avoid dehydration. It is possible for patients to drink liquids that have a mild alcohol effect such as fresh ginger juice, tomato juice .
6. If you call the patient unconscious, much stagnant stagnation, deep breathing, rapid breathing even convulsions . or wake up but headache, dizziness, fear of light, sweating, cold limbs, skin green, translucent, or completely lost vision . need to keep the patient in a head-to-head position, lie down safely and quickly call an ambulance to transfer patients to medical facilities or hospitals.
7. Do not give victims alcoholic antidote, anti-emetic drugs, analgesics, antipyretics .



How to prevent alcohol poisoning

1. Do not drink alcohol concentrations of 30 degrees or more exceed 30ml / person / day. Should combine with eating and drinking.
2. Do not soak alcohol with leaves, roots, unknown organism or personal experience for drinking.
3. Do not drink alcohol without origin, alcohol does not publish quality standards, is taking medication, when hungry or tired.
4. Children under 16 cannot drink alcohol.

Each person should take initiative in not receiving alcohol and beer into their bodies, avoid falling into drunkenness, alcohol poisoning to ensure their own health.

1. 5 simple ways to minimize the impact of alcohol
2. Tips to help you get rid of alcohol quickly and effectively

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