

'996' - The implicit law turns Alibaba and Tencent into hundreds of billions of dollars

'Rule 996, ie the 9 am to 9 pm daily schedule, 6 days a week.

"Law 996", ie the schedule from 9 am to 9 pm every day, 6 days a week. When signing contracts with Chinese companies, workers, especially programmers and technicians The country's software engineer has to accept this harsh 996 schedule.

Jack Ma - founder of Alibaba - a company worth nearly 170 billion USD, is one of the advocates of working culture "996" at the company.

In a recent Weibo post, Ma said: " *Being able to follow the 996 culture is a great blessing. You need to be prepared to work 12 hours a day if you want to join Alibaba. If not, don't think about what to do here.* "



Ma added: " *When young people do not do 996, when can they do it? Everyone in this world also wants to succeed, have a good life, be admired. But if you do not spend a lot of time and you are more energetic than how you succeed. I used to work up to 12 hours a day, which is lucky and I do not regret it. I will never change this.* "

Ma's post was immediately criticized by fellow netizens because "996 law" was too harsh.



It is worth mentioning that 996 working culture exists as an underground law not only in Alibaba but most Chinese technology companies including big names such as Tencent, Huawei . force people to follow even though it is very tired. tired.

Zhu Ning - Founder and CEO of Youzan E-commerce Company once publicly called on all his employees to work 996.

"No time, no strength"

Wang Shichang, a 28-year-old employee, was always tired of starting a software development job four years ago. He has to work 12 hours / day and 6 days / week, he has gained more than 9kg since doing this job. Wang barely has time for his newlyweds.

Wang asserted: "*I am tired of climbing 4 floors now. It is all because of 996*".

In addition to physical problems, Wang says work pressure makes his depression worse.



A 25-year-old programmer in Shanghai named Zhu said that most people in his company have "flat back syndrome". This is a disorder that causes the spine to lose its natural low curve. The main cause of this syndrome

is sitting in the wrong position for a long time.

Zhu said that some doctors automatically abandon the examination of the spine and flat back during annual exams.

At startups, intense work pressure is unavoidable not only in China but also in the world. But many young Chinese feel stifled by the harsh 996 culture.

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