

9 tips to help you become smarter when talking

Simple tips to help you conquer the art of communication and become a talented orator.

There are 4 common types of talk in the business world:

First type: Sporadic, incoherent, use of confusing words and most of them address issues they find interesting.

Second type: Using words to raise facts and views, is coherent but rarely remains in the listener's heart.

Type 3: Speak fluently, short and clear, but the words are less convincing.

Type 4: Speak eloquently, use oral communication with body language to conquer the hearts and minds of listeners.

People of the fourth type when talking often make others feel very smart, even though their IQ is not quite so. And the opposite is also true - high IQ people who don't know how to communicate smartly, their intelligence also has certain limitations.

Fortunately, "charming talk" is a skill that can be achieved through training, training and conquest. And the following 9 habits will help you achieve this very simply.

1. Stand or sit upright in a relaxed position



The art of speaking is not just a way of using words, it is also a Body language and a back position is an important factor that helps you succeed when using gestures to transmit Get the message for the listener.

Falling down makes you lose confidence in your words and yourself. On the other hand, a straight but overly formal posture will make others feel like you want to be prepared to do something (good or bad). Therefore, the best way is to stand or sit up straight in a relaxed state so that words and gestures become more friendly.

2. The head posture is reasonable



Your head position is as important as keeping your back straight. If you raise your head too high, it will show that you have some pride and determination, but if you bend down, you are lowering yourself. So try to keep your head just right, your eyes looking forward, your neck relaxed and not too stressful as it will make you unable to pronounce the words clearly.

3. Focus on the listener



A charming person means when there is a listener. Conversely, if you think about something else without focusing on what you're saying or rolling your eyes around, no one will want to hear you. This is no different from what you are reading.

Therefore, take note of two special cases: Avoid glancing around without focusing on the opposite person as it will make you seem insincere and if forced to look at the prepared material, use eyes to look down rather than bow.

4. Don't speak too loudly



If you are presenting a lot of people in a room, try to speak at a volume level so that the most distant people can hear it and the near ones don't feel uncomfortable.

4. Be flexible with hand gestures



Use your hand to emphasize the important points. The easiest way to learn this skill is to watch speakers and celebrities use gestures when they speak. In addition, touching the glass, scratching or racing the paper will also make the listener distracted and not listen to what you have to say.

6. Flexibility when changing positions



Increase the power of speech by moving the body appropriately. For example, if you are standing on stage to address people, try to change your position when you want to introduce a new idea.

Similarly, when sitting in a meeting, if you want to emphasize a certain idea, you can bend a little forward. Also, adjust your sitting position when you switch from one subject or term to another or another term.

7. Use lively and popular words



To become a good communicator, you are forced to eliminate the use of clichéd words, instead they are words that make listeners imagine what you want to convey. If you must mention a new term, try to explain it clearly and in detail.

8. Speak at different speeds



Maintaining a pace of talking makes your story lacking in charm and monotony, and no one wants to hear it. Instead, try to adjust the speed of speaking slowly and quickly depending on the importance of what you want to convey.

If you summarize the problem or introduce the context, try to speak faster than when you mention new information. Also, when describing an important term, speak slowly so that the listener can absorb it.

9. Use "stops" to emphasize



Silence is not entirely gold. Silence is also a secret to helping you become a more intelligent speaker. For example, a bit of a pause when you are about to say the important thing will create a suspense for the opponent. This causes them to swallow every word of your word.

Similarly, stopping for a few seconds after saying something important will help you emphasize that, while giving the listener time to relive them. This secret has been used perfectly by the great human rights activist **Martin Luther King** in the "**I have Dream**" speech he read in 1963 with the desire for blacks and whites. be treated equally and live in harmony.

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