

9 sayings that smart people never use in everyday communication

In fact, there are a few phrases that smart people are often very careful to avoid in everyday conversations. Invite you to refer to the 9 bad sayings that everyone should avoid using in the communication below!

Smart people always know which phrases need to be limited to regular conversations because they know that they are going in the wrong direction all the time. We must all have missed words that sometimes express incorrectly what we are thinking. This inadvertence can easily lead to discomfort, making the audience feel disrespectful.

Missing words of unreasonable things often happens because many people we talk to lack understanding of the sophistication of communication. Getting good relationships requires us to know **social skills** - depending on each person's ability to feel emotions and experiences.



The *Talent Smart Center* has tested the *emotional intelligence (EQ)* of more than a million people and found that communication is a skill that many people lack today. Lack of communication skills because when we communicate, we are too focused on what we will say next and notice how other people's statements affect us, then completely forget about paying attention to people face to face. This is a big problem that makes each of us very complicated. You cannot hope to understand someone until you can focus all your attention, listen and understand that person. The beauty of communicating ability is that just a little modification in daily conversation can greatly improve your relationship with others.

In fact, there are a few phrases that smart people are often very careful to avoid in everyday conversations. Invite you to refer to the 9 sentences " *bad* " that best people should avoid using in the communication below!

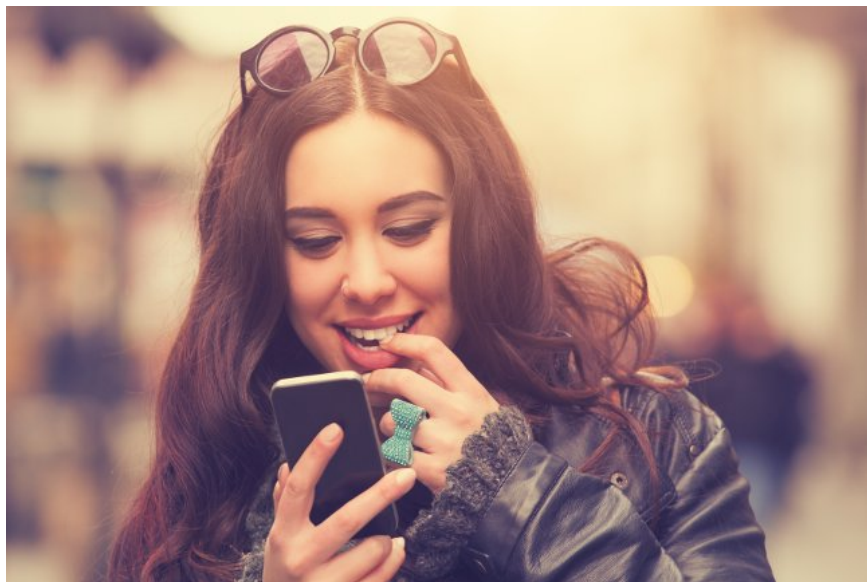
1. "You look tired"



You should not use this sentence when talking to other people, especially those who are unfamiliar and men; even when they look really exhausted and tired. Most tired people often have very noticeable manifestations that are drooping eyes, messy hair, easy to distract and look irritable and uncomfortable. People who are in such a situation are very irritable and tend to pessimise the problem. If you encounter a person who has a big ego, they think you are pity or too curious, interested in something unrelated to you.

Say : "*Is everything okay?*" Expressing enough interest. In conversations, if a person looks tired, he or she is in need of help. Instead of evaluating someone, ask straight. In this way, the opposite will easily open and share. More importantly, the opponent will see you as a close person instead of being rude.

2. "You always ." or "You never ."



Nobody is always or never does anything. When angry, we often impose our own views on others and misjudge them. Everyone does not comment on himself or herself, so you should not identify others like that. This statement makes the opponent have a defensive idea and does not want to open up to share with you. This will be very bad if you regularly use this phrase in important discussions.

Say : Simply point out things that others have done. Please rely on the facts to draw conclusions. If this action happens often, you can say " *You seem to do this often* " or " *You do this so often that I have to pay attention to it* ".

3. "As I said ."



Stop saying things like this right away, because time makes us forget everything. When you start talking with this type of sentence, it feels like someone is offended by asking you to repeat, that the listener does not understand you and you are smarter than everyone else here. Having to repeat the sentence shows that you are uncomfortable and seem to be condescending to others.

Say : If people really don't understand what you mean, be patient to repeat it again in a more understandable and lively way; Make sure they remember what you said. Because sometimes the error lies in your obscure, short interpretation, not at the listener.

4. "Good luck"



This is one of the most subtle sentences because it helps speakers express a lot of things. However, you should only use it with friends / relatives in a fun way; Should not be used at work or with strangers. Because if you wish someone good luck, you are thinking: They need luck to succeed.

Say : " *I know you will .*" This statement seems to be better than the above sentence, because it shows that: You have the ability / skill to succeed; Help the enemy feel more confident in himself. Moreover, you will make a good impression with simple people or use classic sentences.

5. "Depend on you" or "Do what you want"



When someone asks you, that is, they need real help or they value your opinion, so do not indifferently answer with unconvincing sentences like " *Depend on you* " or " *Do what you do want* "; even when you're busy or don't want to care.

Say : " *Actually, I don't have any ideas, but I think .* ". When you give an opinion (*even if it can't be used*), show that you are interested in the requester.

6. "Yes, at least I have never ."



This statement is a way to change your attention to mistakes by outlining previous mistakes of others.

Say " *I'm sorry* ". Dare to take your mistake is the best way to make the conversation more reasonable, keep calm so you can do everything. Acknowledging errors is a great way to prevent ongoing mistakes.

7. "Wow, you have lost a few pounds"



Although this case is like a compliment, the inside is obviously a criticism. You are trying to give the impression that you are someone who cares about others. However, the way to tell someone they seem to have lost weight, shows that before they seem fat or unattractive. Simply simplify the problem by just praising her pretty.

Say : " *You look great* ." Instead of saying things like how you look, you used to look like. Praise others immediately. With this saying, she will know that you have realized she has successfully lost weight and

acknowledged your heart. You don't need to dig up people's past to compliment, just say your feelings about her at the present time.

8. "You are too good with him / her"



When someone has just ended a relationship for any reason, this comment makes the listener feel as if he has a lot of bad qualities and is not someone to be loved.

Say : " *He / she has lost .* " This statement gives enthusiastic and optimistic encouragement without any criticism.

9. "You look great at this age"



Use the word " *to you* " as an indirect compliment, making people feel low on you and you become rude. Many people do not want to be assessed for intelligence through appearance or sick people, nor do they want to talk about looks. Because people simply want to be praised as smart and healthy.

Say: " *You look great .* " We can easily correct it with such a direct compliment.

In short, do not use the above sentences in everyday conversations. Although these are small things, they bring a huge difference. Try using the suggested sentences below and you will be amazed at the positive reactions you receive. His father had the phrase: " *Learn to eat, learn to speak, learn to package, learn to open* ", let's practice the right words on a regular basis. No matter how high you have IQ, EQ (*Emotional Intelligence*) is low, it's hard to succeed. [11 clear signs that you have a low EQ index]

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Having fun!

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