

# 9 essential tips can save you in emergencies

Here are 9 most useful tips to help you not feel panic in dangerous situations and avoid potential disasters.

When you hear the word " *survival tip* ", many of us will imagine an extremely dangerous situation to face like Robinson Crusoe or Bear Grylls: returning to nature. In fact, even when living in a peaceful city, it is best to know what you need to do when you encounter emergencies to avoid anything that could happen. On the **Bright Side** page, 9 most useful tips have been collected to help you not feel panic in dangerous situations and avoid potential disasters. Invite you to consult!

## 1. Use the key to defend yourself



You've probably read somewhere online that: to protect yourself when attacked, take the key between your fingers like a steel fist ( *a military weapon, also called a hand bear* )? However, this may in fact hurt your own fingers. Moreover, in order to be able to hold the key in this posture, it takes time, but what if you don't have the time? So to be more efficient, you can hold the key like holding a knife or grasping it in the palm of your hand.

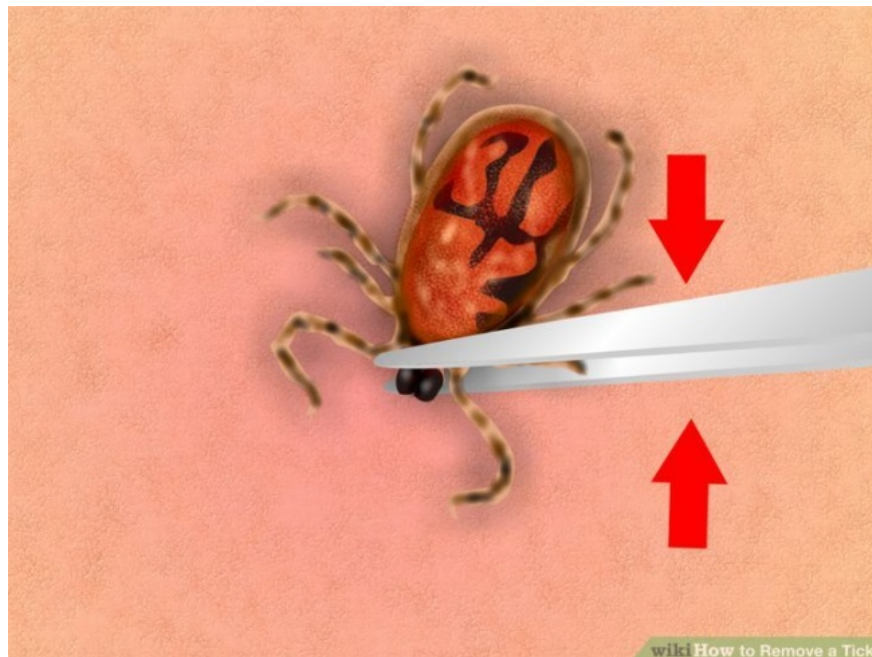
## **2. When taxi driver has suspicious expression**



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Before getting on a taxi, remember or record the number. If the taxi driver has a suspicious attitude, immediately call anyone you know, or pretend to have a phone call. During the conversation, don't forget to mention the number of taxis you are on!

### 3. Don't underestimate small ticks



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You may not know that in Asia, Europe and across North America, Lyme disease, caused by ticks, has been shown to make patients feel headache, chills, swollen lymph nodes, . Moreover, these diseases are also life-threatening. If you are accidentally bitten by a tick, see your doctor immediately so you can check it in time.

Remember that ticks can cling to you even when you go to the park, so be careful. If you encounter this bug, use tweezers to remove them from your skin. Do not underestimate when bitten by any tiny bug.

#### **4. Be careful if a speaker will not touch you**



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If there is no reason why a person naturally says that you will not touch your body, there is a high chance that they want to do it intentionally. So, you should be alert in this situation.

#### **5. Always reserve a deposit**



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One useful way is to hide a bit of backup money behind your phone case. This ensures you are always available if there is an emergency situation like forgetting or losing your wallet / purse.

## 6. Crowd effect



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If you or your partner suddenly has a problem in public, don't ask everyone for help. Instead of asking everyone around, ask someone specifically. Because the general mentality of people will just go by and ignore when no one recognizes responsibility when encountering an emergency.

## **7. What to do when the car sinks and can't open the window?**



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When the car is sunk, the first thing you need to think about is opening the window and exiting. But what to do when the door cannot be opened? This can happen in the event that all parts of the vehicle have been damaged by a collision. Therefore, we recommend that you always store a heavy, sturdy object in the vehicle such as a fire extinguisher, steering wheel lock or any other object capable of breaking the glass door in case of need.

## **8. Do not put your hands in the bag when going up and down stairs**



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A simple safety rule when walking stairs that many people often suffer is: "*Never put your hand in the bag when going up and down the stairs so that you can easily grab your hand right after sliding down .*" Getting the staircase bar in time helps you avoid serious injuries including brain injury.

## **9. Don't be afraid to be rude in dangerous situations**



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If in a forced situation, you have to be with a suspicious person, such as taking an elevator, ignore the polite instincts and don't hesitate if you act rude to defend yourself.

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