

9 differentiate between bathing with hot water and cold water to health

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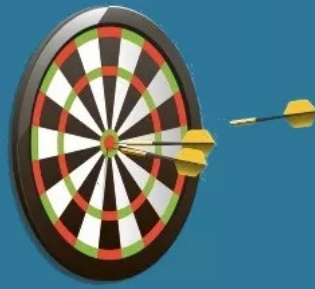
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Studies have shown that hot baths or cold water are good for the body but the effect is different.

Here are 9 different effects of hot baths and cold water on human health.



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lỗ chân lông và
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