

8 ways to fix 'There Are No Startup Items to Display in the Task Manager' error on Windows

While using Windows Task Manager, you may suddenly encounter an error message that says 'There are no startup items to display in Task Manager'. It's a cryptic error message, but don't worry; the repair is very easy.

Let's take a look at the best ways to fix the "No startup items" error of Task Manager.

1. Restart File Explorer

Restarting File Explorer is one of the easiest ways to solve this problem. The best way to do this is to completely restart the Windows PC.

If that doesn't solve the problem or you don't want to restart your PC, then you can restart File Explorer by following this guide: [How to Restart Windows Explorer.exe Process](#).

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2. Create a new startup folder

In some cases, you will have problems if the startup folder is corrupted. So the best way to solve the problem is to create a new startup folder.

Here are the steps to create a new startup folder on Windows:

1. Press **Win + E** to open File Explorer.
2. Copy-paste the command into the File Explorer address bar and press **Enter** :

```
C:\Users%username%\AppData\Roaming\Microsoft\Windows\Start Menu\Programs
```

From there, follow these steps:

1. Locate and delete the **Startup folder**.
2. Create a new startup folder by right-clicking on an empty space and selecting **New > Folder** .
3. Name the folder **Startup** and press **Enter**.

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Finally, reboot the device to save these changes.

3. Perform a Check Disk (CHKDSK) scan

Lens for scanning digital devices

It is likely that the current error is caused by a system crash. In such cases, scanning and repairing the device's hard drive can be helpful.

Here is how you can solve the problem by scanning Check Disk (CHKDSK):

1. Type **Command Prompt** in the Start menu search bar.
2. Right click on the best match and select **Run as administrator** .
3. Type the following command and then press **Enter** to scan and repair your hard drive:

```
chkdsk C: /f
```

If your Windows operating system is installed on another drive, replace **C:** in the command with the relevant drive letter.

Finally, reboot your device when the scan is complete.

4. Scan and repair Windows with DISM and SFC tools

If the normal drive scan doesn't work, then you need to scan and repair your hard drive using advanced tools like DISM and SFC. As TipsMake.com.com demonstrated in our guide on how to fix corrupted files using Windows' built-in tools, DISM and SFC are handy services that can help fix Windows errors.

5. Run the System Maintenance troubleshooter

If the error persists, you may be experiencing system maintenance issues. In this case, you can fix the error by running the System Maintenance troubleshooter.

Here are the steps you need to follow:

1. Type **Perform recommended maintenance tasks automatically** in the Start menu search bar and press **Enter**.
2. Click the **Next** button and then follow the on-screen instructions.

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Wait for the process to complete and then restart your PC.

6. Temporarily Disable Windows Defender Firewall

In some cases, temporarily disabling Windows Defender Firewall can fix the problem. However, don't forget to re-enable the tool afterwards.

Turn off Defender Firewall on Windows

7. Use a system restore point

Using a system restore point can help you solve the problem easily. However, this method will only be useful if you have learned how to create a system restore point in Windows.

During the restore process, the System Restore tool will revert your PC to its previous state. Therefore, this tool will only be useful if the Task Manager error only started appearing recently.

Here's how you can work around the current issue using a restore point:

1. Type "**Create a restore point**" in the Start menu search bar and select the best match.
2. Click the **System Protection** tab and then select **System Restore** from the options.
3. Click **Next** to continue.
4. Select **Show more restore points** and then select a restore point.

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5. Click **Next** and then **Finish** to complete the process.

8. Updating the device

In some cases, updating your Windows device can be the solution. It's best to always update Windows to the latest version, but if you've been off it for a while, try updating your PC.

Task Manager is a reliable tool that helps you close slow running programs and improve your PC's performance. However, this tool also often suffers from various problems. If it has problems with startup programs, you can easily fix the error with any of the solutions in this article.

If the problem persists then it might be time to start exploring some Task Manager alternatives.

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