

8 Ways to Clean Up Computer Junk to Speed ??Up Computer 2024

When using a computer for a very long time, your computer will become slow and sluggish. To make your computer run faster and smoother, you need to clean up the junk on your computer.

1. Clear Recent Places history

The first way to clean up your computer to speed up your computer that we want to introduce is to delete the Recent Places history. This is a very useful and simple method of cleaning up trash, so it is used by many people. This method of deleting Recent Places history helps you remove unnecessary content, folders or images. To proceed with cleaning up trash, do the following:

- First, open the **Run window using the Windows + R** key combination , type **Recent Places in the Open** location , and press **OK** .

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- **The Recent** folder will appear, press **Ctrl + A** to select all or **select the files or folders you want to delete** , then press **Delete** to complete the trash cleanup.

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2. Clear Cache

When you open a file, folder or image, your computer will automatically save it as a Shortcut. The larger the file size, the heavier the junk on your computer. To delete unnecessary storage in the Shortcut, you just need to delete the parent folder Prefetch of this file. The steps to delete the Prefetch Cache are as follows:

- **First, open the Run** dialog box by pressing the **Windows + R** key combination , type the **Prefetch command in the Open** location , then press **OK** to make the folder appear.

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- **In the Prefetch** folder , press **Ctrl + A** to select all or **select the files you want to delete** , then press **Delete** .

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3. Delete files in Recycle Bin - Clean up trash to speed up your computer simply

Another simple way to clean up your computer to speed up your computer is to delete files in **the Recycle Bin** . Many of you probably know that when you delete a file or image, the content is not completely deleted but will be stored in the Recycle Bin.

The larger the capacity in **the Recycle Bin** , the more memory in the computer, which leads to the computer lagging or slow startup. To fix the above situation, go to the Recycle Bin and permanently delete all that data. The way to do it is very simple, you go to the Recycle Bin on the Desktop, select all the files and folders you want to delete and press Delete.

4. Use CCleaner software to clean up computer junk

Using **CCleaner** software to clean up computer junk is also very popular. You do not need to know too many techniques to remove junk on the computer, just install CCleaner software will help you handle that unnecessary data. The way to clean up junk on CCleaner software is also very simple:

- First, you download and install the software on your computer.
- Open CCleaner software, then select **Custom Clean** and press the **Run Cleaner** button to start cleaning your computer.

5. Turn off programs that start with the computer

In addition to cleaning up junk, turning off programs that start with your computer also helps it run faster and smoother. To avoid unnecessary programs, do the following:

- First, open the **Task Manager** window by right-clicking on the **Taskbar**.

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- **The Task Manager** window appears, select the **Startup** tab to see all the programs running with the computer. Then, right-click on the programs with **Enable** status and select **Disable** to turn them off.

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6. How to clean up junk to speed up your computer - Remove unnecessary software

Another reason why your computer is running slowly is because there are too many unnecessary programs and software. The advice for you is to uninstall or delete those programs and software to help your computer run faster and have more memory capacity to store other data. Here is how to uninstall unnecessary software:

- You open Settings **by using the Windows + I key combination. In the Settings window** , select **App**

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- Then select the **Apps & features** tab , this tab will show all the software you have installed on your computer. Select **Uninstall** on the program or software you want to remove.

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7. Defragment hard drive on windows

When you move back and forth between data, fragmentation occurs. To limit this situation, you can download software to defragment or use Windows on your computer. Here's how to do it:

Step 1: Go to Start, select search and type the keyword ' **Disk Defragmenter** '.

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Step 2: Launch the software, select the drive to check and select **Analyze** .

- Then the system will check and give the result of % of fragmented files. As shown below, the **E** drive of the machine is fragmented 0%:

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Step 3: After checking, you will know if your computer has a fragmented hard drive or not. If so, click on that item and select **Defragment disk** to resolve the fragmentation.

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Step 4: Select **Close** to finish after the defragmentation process is complete.

8. Clean up your computer to speed up your computer by reinstalling the operating system

Reinstalling the operating system is also a way to clean up computer junk to speed up the computer that you should try. With this method, you can solve all problems such as removing junk files, cache or temporary files thoroughly. In case your computer has a virus, you can also reinstall Windows to end the sluggish state.

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