

# 8 thoughts that help smart people turn to victory

Smart people see failure as an opportunity to express themselves rather than seeking arguments to justify mistakes.

One of the biggest obstacles that we cannot succeed is the fear of failure. Fear of failure is worse than failure because it will make you start living a life without a single ray of light.

How to react before failure is all in your approach. A recent study published in the journal Experimental Social Psychology found **success in facing failure from focusing on results (what you hope to achieve) rather than trying not to fail.** and those who accept failure often have a much better outcome than those who strive to look at their goals in a positive way but ignore the potential risks.

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This may sound easy and feasible, however, it is difficult to implement, especially when the consequences are severe. Researchers also recognize that positive feedback increases your chances of success because it will fuel the positive attitude you have maintained when focusing highly on your intended goal.

Those who have made history - true reformers - always take further steps and see failure as a turning point to get what they want. **Thomas Edison** is a good example. He turned 1,000 times his efforts to become the foundation for inventing electric lights. When someone asked him how he felt about such constant failures, he said, *"I did not fail 1,000 times, it only took 1,000 steps to invent the electric light."*



This attitude is also the difference between success and failure. Thomas Edison is not the only one. JK Rowling's Harry Potter manuscript is only accepted after 12 times being rejected by publishers. Oprah Winfrey called her time at WJZ in Baltimore as *"the first and worst failure of the television career"*. Henry Ford was unable to retain his financial sponsors twice before being able to create the most viable model of the car. This list is still very long.

So what separates people from failure to sabotage them to people who turn failure into advantages? Some people think it is action, others think it is thinking.

The action you take in the face of failure will determine the possibility of whether you have a resurgence; At the same time, they also have intimate relationships with the way others look at you and your mistakes.

Here are 5 thoughts to help successful people turn into victories that you can learn.

## 1. Self-acknowledgment of mistakes

If you make a mistake, don't expect that everything will be fine and no one will discover your mistake, because they will surely know. That is inevitable.

When someone points out your failure, failure now is not just one but becomes two. If you remain silent, people will doubt why you are not saying anything and it is likely that they will assume that you are so shy or ignorant that you don't realize your mistake.

## 2. Give an explanation, not a rhetoric

Mistake is indeed an opportunity to enhance your image. It shows that you are confident, responsible and upright. Saying *"we lost that contract because not completing the file on time"* is a reason. Saying *"we lost that contract because my child was sick all week so he didn't have enough time to do it"* as an excuse.



Give a valid explanation, not justify your mistake.

## 3. Plan corrective actions

A mistake is one thing, but it doesn't stop there. What you do next is important. Instead of doing nothing and waiting for someone to "clean up the mess" you created, propose a solution yourself. It's even better if you tell the boss (or the manager directly) about the specific steps you took to correct the mistake.

## **4. Make a backup plan**

In addition to making corrective repairs, you should also have solutions to avoid future failure. That is the best way to reassure people that failure will start good things.

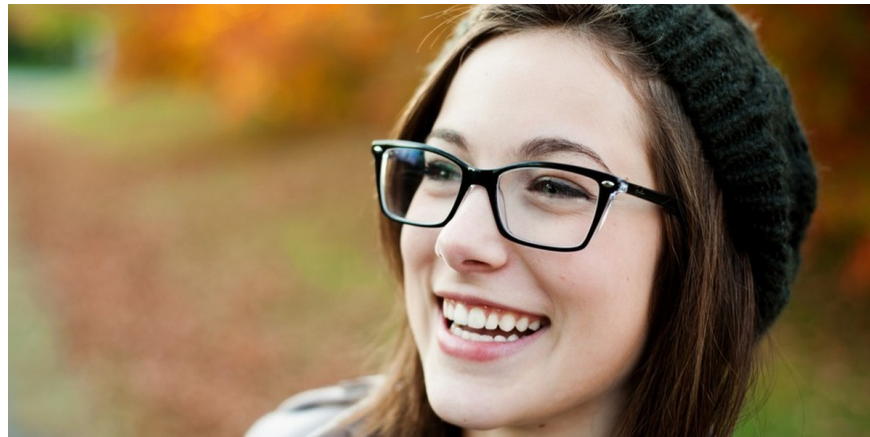
## **5. Return to the right place where you failed and tried**

It is very important not to let failure make you afraid. Because, faltering will be an obstacle every time you make a mistake. Spend enough time recognizing lessons from failure and as soon as you understand, go back to the place where you stumbled and try again. Waiting only extends negative emotions and makes you lose control more.

Your attitude before failure is as important as your actions. Turning failure into an advantage requires elasticity and mental strength - both are signs of a person with emotional intelligence.

See also: **13 signs that you are a high emotional intelligence index**

## **6. Viewing angle**



This is the most important factor to control failure. People who always stand up after failure often are more likely to find the cause of something they have done - wrong actions or some negligence rather than blaming themselves.

Those who do not dare to face failure will assume that the mistake is due to laziness, lack of intelligence or another personal quality that makes them unable to control the situation. This makes them more reluctant to risk in the future.

## **7. Optimistic**

This is another characteristic of people who always stand up from failure. According to a British study examining 576 Serial Entrepreneurs (those who set up new companies after mastering one or more businesses before) find that they are more likely to succeed than those who give up immediately. after the first failure.

This optimistic attitude helps them not to feel that failure will last forever. Instead, they tend to see failure as a bridge leading them to the final success.

## 8. Perseverance

Optimism is a positive emotion that helps you become persistent. That is optimistic in action.

While others say, "*Enough is enough*" and decide to give up, persistent people will fail and continue. They are special because they never stop optimistic. This makes them even bigger than before.

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