

# 8 small parts on the body that we usually don't care about

Let us refer to 8 small but extremely important parts on the body that we often don't care about!

1. The "divine" tips from 100 years ago are still useful
2. 6 things to do to avoid the consequences of staying up late
3. 9 medicines and foods absolutely should not be used together

There are some parts of the human body that we often think are not playing a role at all, but in fact they are very important. That's why on the Bright Side page decided to reveal to you about **8 important body parts that we often don't care about** .

There are parts that we seem to be " *useless* " but actually play an important role in helping people survive. Let us prove it to you in this article. Invite you to consult!

## 1. Muzzle



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If you stretch your fingers a bit, you will see a small triangular hollow at the base of the thumb. That is the **hollow** . In the past, the hollow was the place where people poured tobacco powder and put it on the nose.

When you press your hand into the hollow of the cavity, you will feel the beat of the artery ( *one of the two branches of the arm artery* ) even when the pulse is weak.

## 2. Big toe



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We all know where our big toe is, but rarely think that this part has been given one of the most important functions in the body.

Due to the special shape of the big toe, it helps the human body to balance while walking, without falling or sliding on slippery roads . That is one of the differences between humans and animals. other breasts.

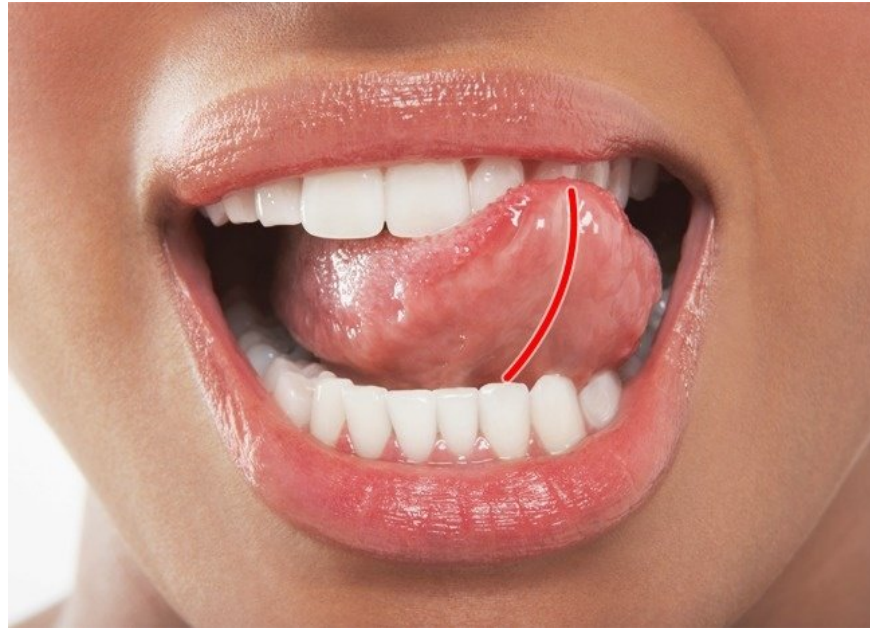
### 3. Point between the eyebrows



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You probably don't think the position between the eyebrows has its own name, right? Exactly in English it is called ' *glabella* '. This is an important part to help you easily check your body's reflexes at any time. Tap your finger several times on this position. If your reflexes are good, you will notice that your eyes are tight and blinking.

### 4. Winning the tongue



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This is a small lining located on the underside of the tongue, allowing the tongue to be positioned in the inside of the mouth and not overly flexible. In addition, this part helps us not to accidentally swallow the tongue, especially in newborns when they still have no control over their bodies.

## 5. Dump the ear jar and tip the ear



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**The ear lobe** has different protrusions that make up the edges, including two very important **edges, which** are the **burrs** ( *tragus* ) and the **edges of the ears** ( *antitragus* ). The ear pitcher has the function of detecting the

sound emitted from the back, then amplifying it so that we can hear it. The earbal edge has the same function for the sound coming from the front.

## 6. Tons



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There are many of us who have had tonsils surgery since childhood. But few people know that, after removal, the risk of infection becomes even higher.

The lymph nodes that seem to be excessive in the throat actually play a very important role in preventing respiratory bacteria and viruses from entering the body. Because the **tonsils** are the first barrier to protect us from bacteria and viruses by producing essential IgG antibodies in the immune system.

## 7. The cuticle in the nail



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**This is a hard epidermis on the nail and finger contour**. The habit of many people working on the nail is to clean the skin around the nail. But that is a very wrong habit.

This epidermis has the function of preventing bacteria from entering the body, so if you cut them all, you accidentally opened the door to the bacteria that infect you. At this time, hand washing is no longer working.

## 8. Central people



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Most experts agree that the **human nucleus** has developed in humans in prehistoric times and acts as an odor amplifier. Today, although it no longer plays such a role, it still has many other important functions.

Doctors can **determine the health status of the fetus** with a centralized human shape. Occasionally, irregularly shaped central nuclei can be a sign of autism, cleft palate or some other disease.

See also: [10 simple exercises that help improve posture at home](#)

Having fun!

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