

8 signs of abnormal eye warning about your health

Here are 8 unusual eye signs that warn your health not to be missed!

"The eyes are the windows of the soul" - surely some of us know this statement, but the things about the eyes are not well understood by everyone. Abnormal signs that appear around the eyes can tell you a lot about your health status. For example: eyes are protruding, eyebrow loss or yellowish white whites are related to the functioning of the thyroid gland and liver. So, on the Bright Side page we have shared **8 signs of eye health abnormalities that you should not ignore**. Please read it carefully!

1. Acne in the eye lasts



© freepik

If you have a sty, you will understand how it feels and feels uncomfortable. The cause of lump on the eyelids is **clogged sebaceous glands** and they usually go away on their own after a few days, but sometimes last several weeks, causing serious discomfort.

If you have frequent acne or pimples appear for a long time, it may be a symptom of **sebaceous adenocarcinoma** . When you can't heal or acne appears in the same place, it's time to see a doctor.

2. Dropping eyebrows



© freepik

There are many causes of eyebrow loss: **aging, stress or nutrient deficiency** . Dropping every piece of hair or baldness on the scalp can be another reason, although it doesn't affect much, just over 0.1% of the world's population. In addition, another reason to note, especially when eyebrow loss is hypothyroidism - a form of thyroid hormone deficiency and in severe cases can lead to eyebrow loss. If your eyebrows (and hair) are getting thinner and thinner, it's best to see your doctor right away to check your thyroid condition.

3. Blurred vision



© freepik

Many of us have a habit of sitting and working for hours on the computer at work and at home, making our eyes spicy or blurred. In modern life today, this situation is so frequent that there is a special term in health describing the phenomenon of blurred vision due to the use of computers, mobile phones and e-books. "digital eye strain" or "*dry eye syndrome*". If these symptoms appear, talk to your doctor to find a solution.

4. Blind spot



© firestock.ru

People often get scared when they notice a **blind spot in their vision** . Usually, blind spots often appear with headaches, especially if the images you receive appear blurry dots or wavy lines, you should see a doctor immediately. If you notice any of these symptoms, call your doctor right away to find out the cause of the problem.

5. Eyes are convex



© freepik

Usually, when the eye feels protruding, you often rub your eyes or blink a few times and the vision becomes clear again. However, if you often experience this phenomenon and your eyes are protruding, it may be a symptom of **overactive thyroid** . Difficult to close the eyes is also one of the indispensable signs, it makes the eyes more protruding. This symptom usually accounts for 30% of cases, so if you find yourself experiencing these symptoms, call your doctor.

6. The white is yellow



© freepik

Every day, you take the time to mirror the mirror, so don't ignore this sign. Both adults and children with **liver function problems** have yellow skin. It may also involve **gallbladder** or **bile ducts** . So, if you see your face is becoming white, then you should not ignore it, try to find the cause.

7. Blurred vision and diabetes



© depositphotos.com

Any change of vision is the body's alarm bell for you. If the vision is suddenly impaired, obscured or even disappears for a moment, seek medical help immediately because these symptoms are often the first sign of a stroke.

Refer to some more articles:

1. 3 natural ways to enhance your vision effectively
2. Things to know about amblyopia (amblyopia)
3. How to prevent eye aches when working in front of a computer

Having fun!

You finished reading the article "**8 signs of abnormal eye warning about your health**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.