

## 8 best things you should avoid using when flying

Please refer to the 8 best things you should avoid using when flying and choose the right outfit!

1. 10 strange things happen to the body when you fly
2. Top 10 extremely interesting things on the plane may not know you
3. Pocket these 12 secrets to overcome the obsession of flying

Whether you are choosing a dress for a short or long flight, it is important that you feel comfortable and avoid the security check at the airport.

We gathered some advice from flight attendants and passengers about things that should not be carried on people when flying. **Please refer to the 8 best things you should avoid using when flying and choose the right outfit!**

### 8. Perfume



© depositphotos

Remember that you should **never carry perfume directly on the plane** . Before boarding the plane, you will go to the baggage claim area to repack.

**Avoid using perfumes that have a strong odor** because you can affect those around you. In addition, some people are allergic to scent products or asthma on the flight. So show that you are a polite and knowledgeable person by not using perfume when flying!

## 7. The clothes are too tight

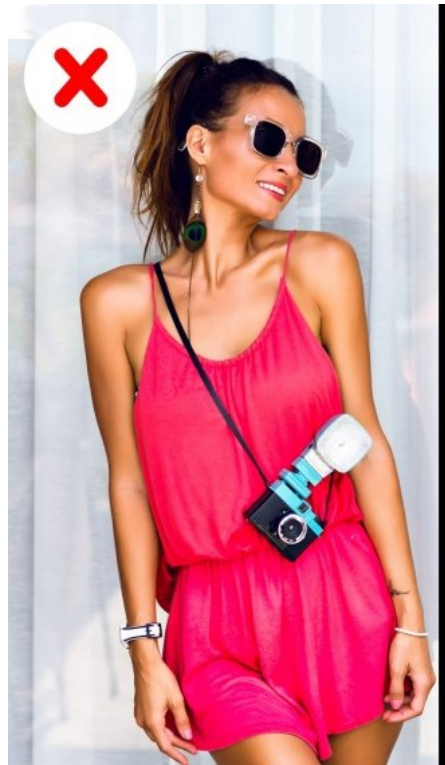


© depositphotos © depositphotos

Avoid wearing too tight clothes, especially when your flight is longer than 4 hours. People sitting on a long-distance flight are at risk for DVT ( *deep vein thrombosis* ) .

**DVT** is a phenomenon in which a blood clot forms in a vein, often in the legs. To prevent this symptom, you should use specialized compression stockings and wear loose, comfortable clothes. Besides, please walk around whenever you can.

## 6. Choose a simple outfit

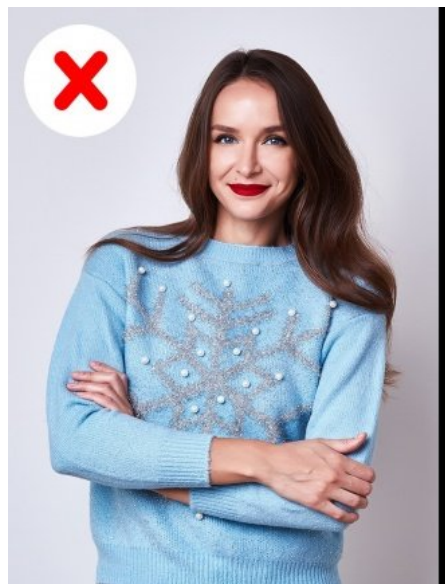


© depositphotos © depositphotos

Toilet on the plane is quite small. If you wear a **jumpsuit** , it will be difficult to try to take it off. Instead, wear simple clothes that don't make it difficult in small spaces.

Clothes with multiple buttons and zippers will not make your flight more comfortable!

## 5. Clothes or jewelry containing metal



© depositphotos © depositphotos

It is not surprising that shoes with metal or metal jewelry make you troubled by going through security checkpoints.

Unexpectedly, some types of sparkling sweaters may have interwoven metallic threads. Although you can easily remove your shoes if necessary, removing the sweater is not simple at all, is it? Therefore, be careful in choosing outfits and accessories.

## 4. Summer dresses



© depositphotos © depositphotos

Even if you are flying to a hot climate country, it is not recommended to choose a summer outfit for the flight.

Don't forget that the sudden drop in the temperature of the aircraft will make you sick. Wearing a thin coat is essential for a comfortable flight.

## 3. Contact lenses



© depositphotos © depositphotos

On airplanes, the average humidity can reach 20%, which makes your lenses **dry and irritates the eyes**. If you have a long flight, you should use rimmed glasses instead of contact lenses, especially if you sleep on an airplane.

1. 9 absolute things you should not do when flying

## 2. High heels



© depositphotos © depositphotos

Airport security will require you to remove high heels. Because heel shoes are often used to store prohibited items. Not only that, they are also made of metal and this will definitely cause an alarm when you move through the security gate.

Surely you don't like standing on bare feet in the airport lobby, right? Besides, to avoid your legs getting swollen during the flight, you absolutely should not wear too tight shoes.

## 1. T-shirts with printed letters mean offensive



© depositphotos © depositphotos

You probably won't believe this, but there are people who have been banned from boarding the plane just because of the way they wear clothes. From ragged pants, cumbersome skirts, pants and even legging, can make it difficult for you to go through security controls. Instead of arguing with them, you should choose the right clothes before going to be much better.

### Extra bonus



© funnycelebritymoments

Even if you are a Hollywood star, you must follow the rules at the airport. You will still be stopped to check for security no matter who you are. This is what happened to **Kim Kardashian** ( a US star as a model, actor,

*clothing and character shop owner on the Keeping Up with the Kardashians TV show ) in Los Angeles.*

**Traveling is not only an enjoyable experience, but also helps you be smarter and healthier! Please share with us the outfit you choose when flying or any other experience related to choosing the wrong clothes in the comment section below!**

See also: Why does the phone have to be in flight mode when taking off and landing?

Having fun!

You finished reading the article "**8 best things you should avoid using when flying**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.