

8 apps that help you change yourself and change the world

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However, if you are ready, let us consider how to do good social activities without having to leave the desk. Here are the various social impact apps, choose the job you want to support or help solve many problems by joining a few platforms below.

Application that helps you improve yourself

You don't know where to start? The best way to change the world is to start from personal change. You should start changing positively from yourself. And there are some applications that help you do that.

1. Forest

Use Forest and be present in your daily life



Working



Studying



With Friends

Go

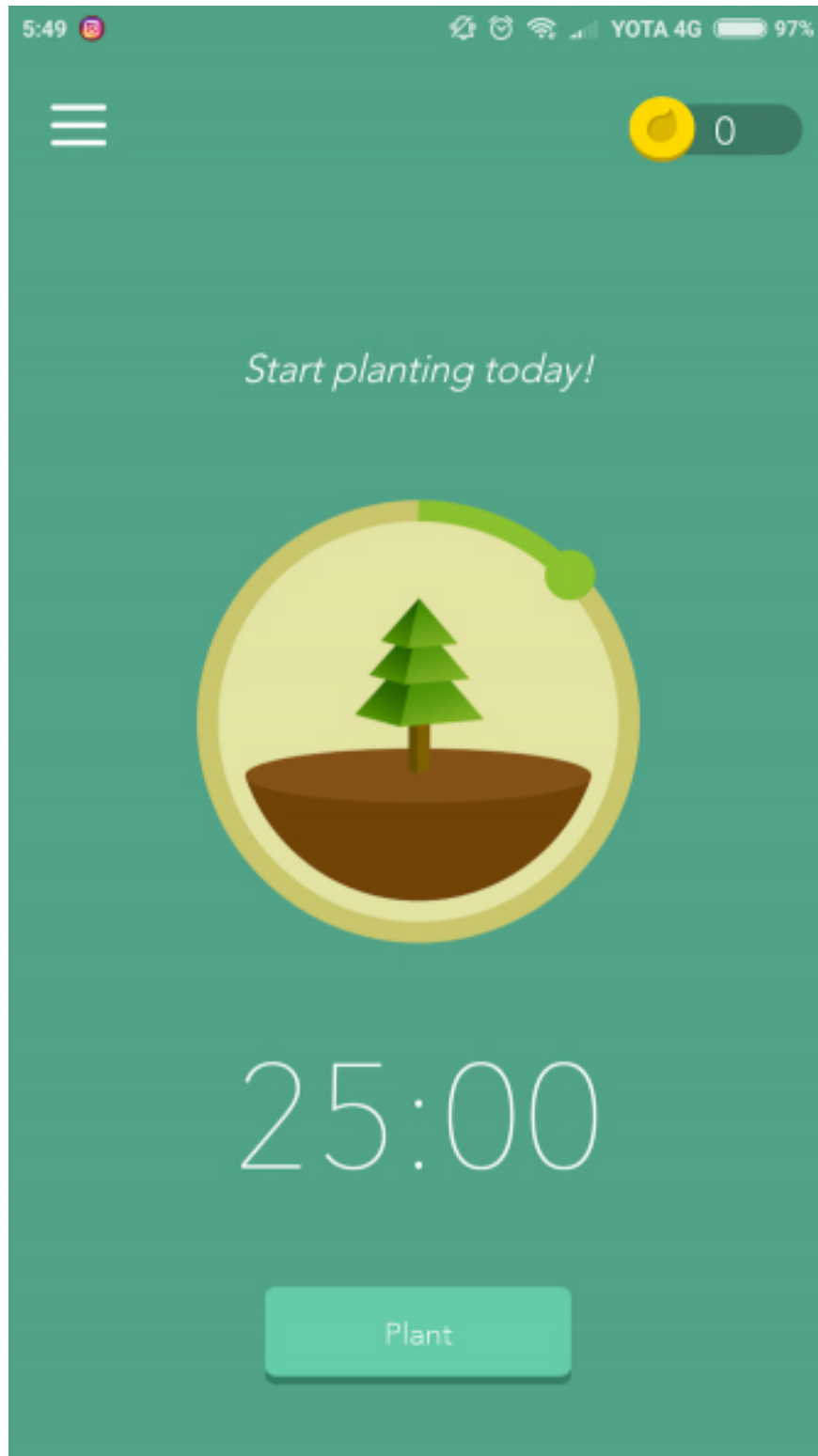


Develop Working Pattern



Develop a "no smartphone" pattern
to speed up your productivity.





The main purpose of the application is to help you stop using your smartphone and focus on completing tasks and other tasks.

Although this application is great for improving time management skills and improving productivity, it is present in the application list that affects society well for its reason. Forest teaches you how to own daily life. Whether you study, work or spend time with other people, it's time to leave your smartphone and start a real, real life,

don't live virtual anymore.

Download Forest for iOS (2 USD)

Download Forest for Android (Free)

1. Top 10 indispensable apps that help you stay focused

2. Khan Academy

You want to participate in this positive change, but you don't think you have enough knowledge to help others.

Khan Academy is a great application for personal development that you can use to learn almost anything. Find answers to complex questions, improve your skills and test your knowledge with quizzes and interactive tests. After learning more, you will be better equipped to help others with your new skills and knowledge.

Download Khan Academy for iOS (Free)

Download Khan Academy for Android (Free)

3. Recyclebank

Recyclebank®

5 POINTS



DAILY PLEDGE

Transform old t-shirts into fun superhero capes for your kids.

READ MORE



Home



Check-In



Earn Points



Rewards



More



5 points

What Is Polystyrene Plastic?

Test your plastic recycling know-how.



5 points

Match The Plastic Product With Its Recycling Number

How well do you know your plastic recycling numbers? Test yourself!



30 points

Enjoy And Care For The Outdoors This Spring

Warmer weather brings picnics, BBQs, hiking and biking – which can also bri...



30 points

Recycling Plastic Bags: It's Easier Than You Think.

Ever wondered how to dispose of plastic bags correctly? You're not alone! Check out this fun, short video



Home



Check In



Earn Points



Rewards



More



Rewards

5 POINTS



Magazines



Clothing & Accessories



Automotive & Services



Entertainment & Recreation



Home



Check-In



Earn Points



Rewards



More

Recyclebank is an application to reduce waste. With this application, you will receive rewards whenever you help the community reduce waste. It includes everything like educating yourself and others about recyclable garbage, sorting out garbage, etc. And finally this will save you money.

With Recyclebank, you will reduce garbage, help avoid carbon dioxide emissions discharged into the atmosphere. Green living is the best way to start changing your life and the world around you positively.

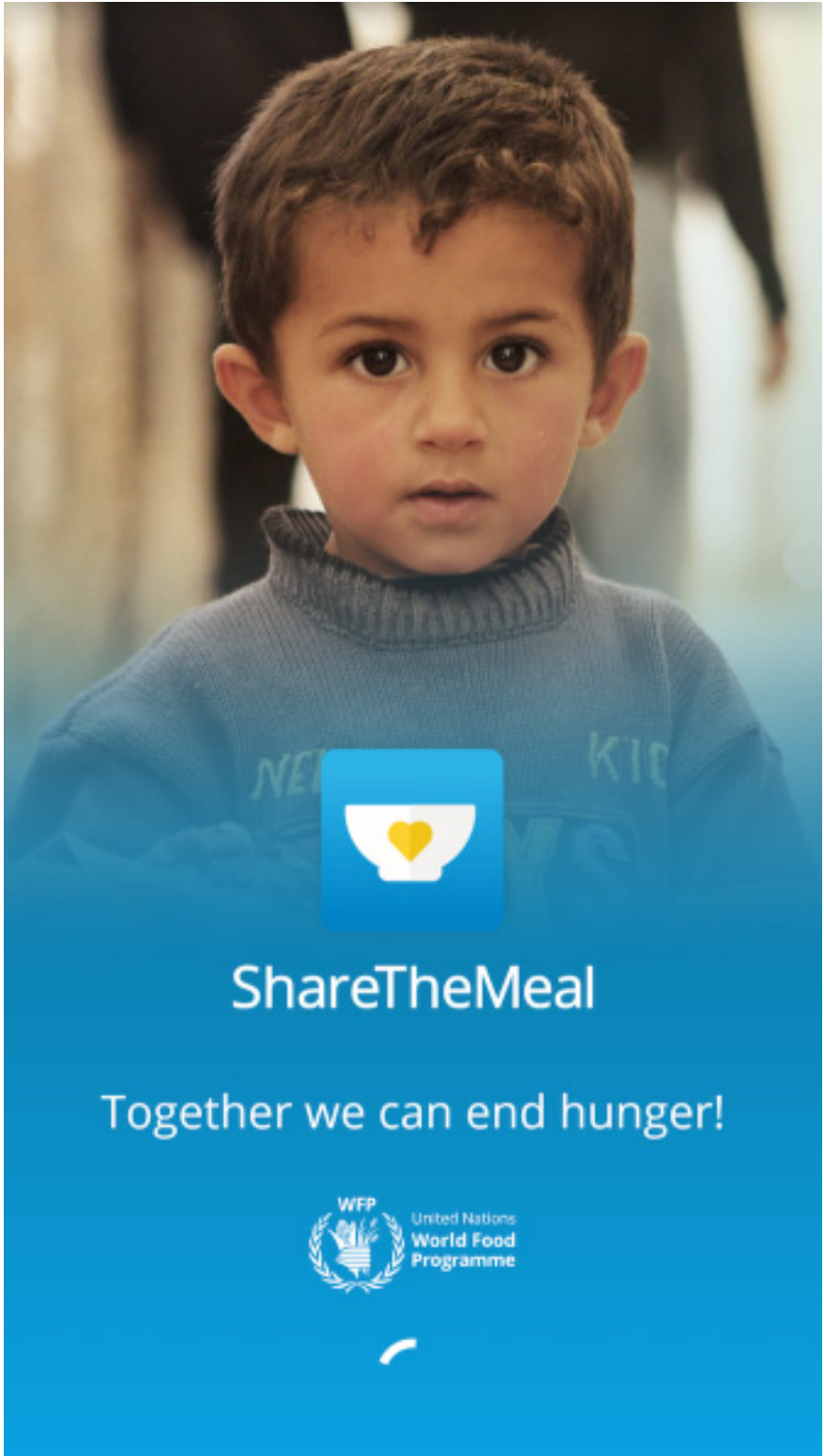
Download Recyclebank for iOS (Free)

Download Recyclebank for Android (Free)

Application that helps you help others

Changing yourself is a good way but helping others is equally important in changing the world. No matter how much you help, depending on your strength, this has had a great impact on your world and your life.

4. ShareTheMeal



ShareTheMeal

Together we can end hunger!





Secure school meals in Uganda



 Share now





Nigeria

18 Aug

Coupled with the existing challenges of extreme poverty, underdevelopment and climate change in the Lake Chad region, the Boko Haram insurgency has led to one of the most acute humanitarian crises in the world.

2.6 million people in Northeast Nigeria are facing hunger and 450,000 children are severely malnourished.

[Give](#)

ShareTheMeal is the United Nations World Food Program application, giving you the opportunity to share your meals with those in need from around the world.

You can donate any amount (at least 0.5 USD) with just one click to help today's hungry children. You can choose to contribute once or join the campaign for a month, three months or even a year. All user contributions will be transferred to the United Nations World Food Program, providing food to children who are hungry every

day.

Download ShareTheMeal for iOS (Free)

Download ShareTheMeal for Android (Free)

5. Charity Miles

Did you know that you can donate to charity by browsing the web or playing online games? So do you donate by exercising?

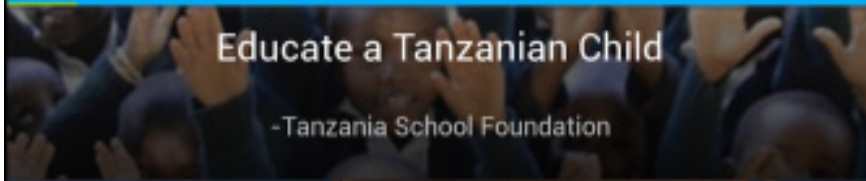
Charity Miles is an application that allows you to raise money for charities while walking, running or cycling. These are all thanks to the company's partners and sponsors. All you need to do is choose a charity and go out to exercise. Charity Miles will measure the distance you walk, run or cycle and you will earn a sum of money based on that distance and then donate to charity. You can earn 0.1 USD for every mile of cycling and 0.25 USD for every mile of walking or running.

Download Charity Miles for iOS (Free)

Download Charity Miles for Android (Free)

1. Fitness apps on the phone

6. One Today



Educate a Tanzanian Child

-Tanzania School Foundation



School supplies for Sierra Leoneans

-Develop Africa



Books For Vietnam's Orphans

-Spread Aloha To The World



Mental Health Initiatives in Africa

— Donate To Africa



Your global reach



6 continents

Your impact

514 projects supported

5 projects shared

35 projects matched

\$614 funded

Rallying Power

627 donations and counting

The collective generosity and donations you can rally and inspire in others, by paying it forward.

Do not like sports activities, but still looking for a safe way to raise money, you can use One Today. This is a mobile application, a bridge between charities and people to help others by contributing 1 USD.

One Today shows you a new project every day and you can donate to each project by touching it. If you want to get more impact, you can share project information and donations with friends on social networks and encourage them to contribute.

Download One Today for iOS (Free)

Download One Today for Android (Free)

7. WE Day



WE
DAY

 **TELUS®**



Challenges

CREATE

ALL CHALLENGES

MY CHALLENGES



Reaching for change
challenge by WE

19d



Twenty-one-year-old change-maker Mohamed Abdi didn't discover volunteerism through WE, but what he did find was perpetual inspiration to give back. Read his story: <https://bit.ly/2HSo32V>

ACCEPT

16



12



6



1



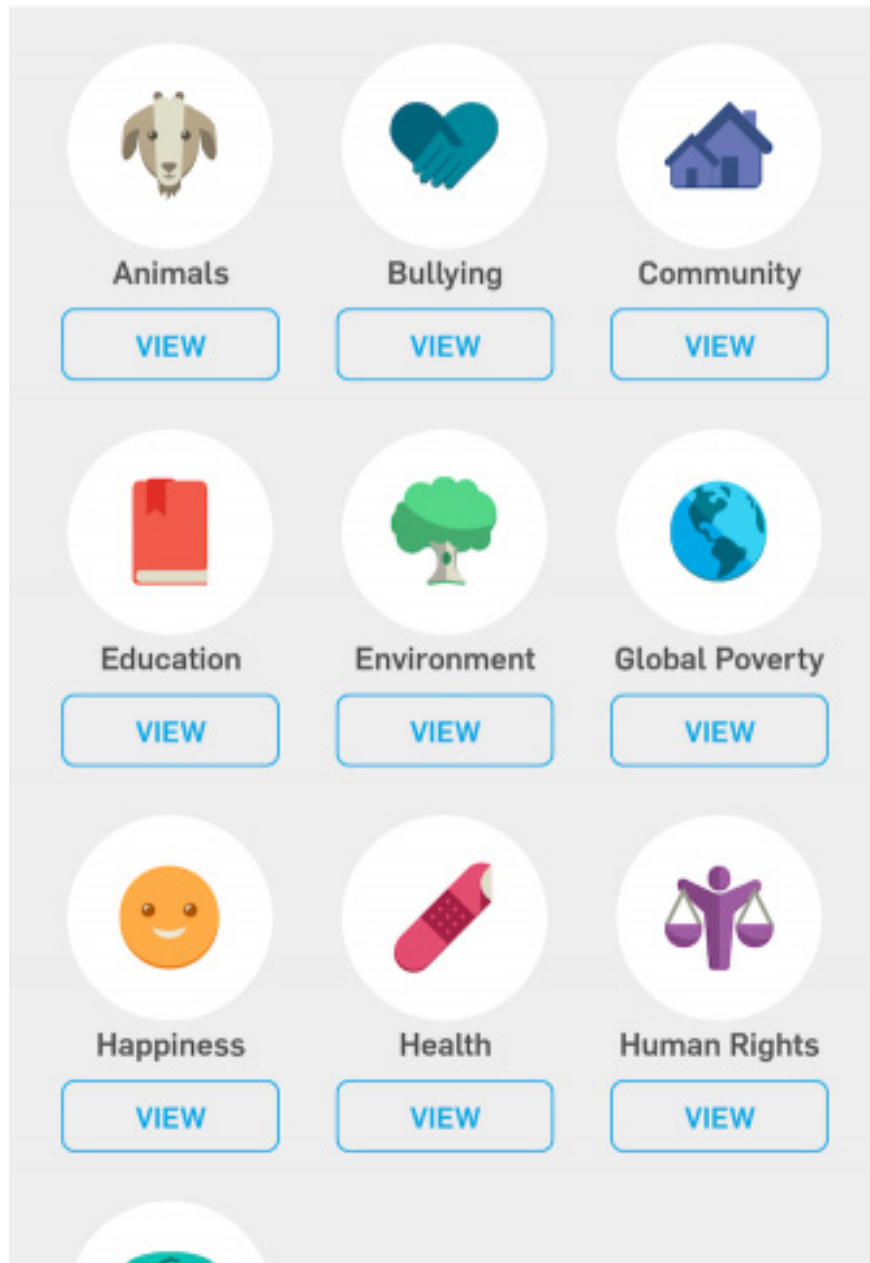
Celebrating clean water!
challenge by WE

23d



Causes

Follow causes by tapping on your interests



Are you looking for something more difficult than jogging or cycling? Welcome to WE Day, an online platform to create a positive global impact by acting locally.

On WE Day, you can find a community of like-minded people to complete challenges. The shared activities in the application are organized into groups that you can support from environmental issues to human rights.

This application has an interactive system that allows you to earn symbolic badges and prizes to complete challenges. That way you can track your life and how the life of the community changes.

Download WE Day for iOS (Free)

Download WE Day for Android (Free)

8. My Life as a Refugee



My Life as a Refugee is an application created by the Office of the United Nations High Commissioner for Refugees (UNHCR). The application uses simple graphics and real stories to raise awareness of the organization's projects and stories of people who are in a predicament they work to support.

My Life as a Refugee gives you insight into the difficulties in life of refugees who pay daily.

Download My Life as a Refugee for iOS (Free)

Are you ready to change the world?

With many different tools and applications to be able to perform social activities, you don't even need to be a real activist to improve the world around you. If these applications don't inspire you, you should join other charitable activities. And the only question you need to consider is: Are you ready to participate in improving your own life and the lives of others around you?

See more:

1. Top 9 interesting mobile apps you may have never known
2. Please refer to the useful application for learning, with download link
3. 10 simple ways to make your life more meaningful

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