

70 simple ways to help you be more creative at the office

Or to say more correctly, these 70 techniques will help you stimulate creative ability very effectively.

Human creativity is unlimited. However, there will always be a "threshold" if you don't train your abilities every day. So how does the mind always flood new ideas? Try applying the skills selected below and you will see real changes in your thinking.

And the best thing you need to do right now is **print this list** , **stick it on a wall or a location near your desk** . From then on, whenever "know" the idea, review them, choose a way you are interested in and start working on.

Note : Be flexible to apply the following methods every day to have many breakthrough ideas.

See more:

1. No one is too busy to be creative?

1. Learn and consult from people who often have many ideas at work.
2. Regular **Brainstorm** (brainstorming) with colleagues.
3. Record or record all your ideas on the way home from the office.
4. Tell your hardest challenge in the form of an interesting story for a child.



Don't let yourself run out of ideas

5. Discuss with the team, work somewhere else outside the office, maybe a cafe, a park .
6. Turn on music (favorite song) at the office.
7. Just walk along and outline ideas about whatever topics you find interesting.
8. Invite someone to join a certain job or personal project you are working on to discuss.
9. Exercise during lunch break.
10. Listen to the radio at a random time of the day.
11. Invite customers to participate in a brainstorm idea.
12. Find another way to solve problems you often face.
13. Remember the dream you dreamed about yesterday.
14. Reward yourself for small successes.
15. Do something unusual on a normal day.
16. Leave the office more often.
17. Self-set a surprise deadline for yourself to create pressure.
18. Napping.
19. Within 5 minutes think of as many ideas as possible.
20. Working alone in a cafe.



Working outside the office to stimulate creativity

21. Think of a meaningful goal that inspires you.
22. Decorate your desk again.
23. Brainstorm a solution for another department or department.
23. Going to work early, earlier than everyone.
24. Turn the meeting room into a music room or rearrange it to create the most comfortable.
25. Read any book you see when there is nothing to do.
26. Set up a creative idea every day.
27. Bathe in the middle of the day.
28. Write all your ideas or ideas into a notebook.
29. Decorate the working corner with sayings, quotes or images that you like.
30. Self-compiling a story about your future.
31. Choose an unusual way to solve a normal problem.
32. Remember the time when you were so creative.
33. **Go to** the bookstore, take a walk and think about what is causing you the most headache right away.
34. Believe in your 6th sense more.
35. Devote yourself to a project you like.



Decorate the desk the way you like to explore ideas

36. Write down all the thoughts in your mind when you wake up.
37. Ask yourself the easiest way to solve your problem now.
38. Ask yourself *"What's the worst thing to happen if you fail?"*
39. Immediately implement your idea, even though they are not ready.
40. Talk to the smartest person in the company.
41. Communicate with customers more often.
42. Refer to the work experience of colleagues and apply their ways.
43. Imagine that you already know the answer to a problem. What could that answer be?
44. Occasionally, ask silly questions.
45. Always think of 3 solutions to all your problems.
46. Use comparisons and metaphors when describing your ideas to others.
47. Ask yourself *"How to achieve the goal in half of the time set?"*
48. Thinking about how heroes like Batman or Superman will solve your difficulties?
49. Don't read emails on Friday afternoon.
50. Ask 3 people how they implement the idea.
51. Hang as many photos as you like on the desk.
52. Laugh more, worry less.
53. Spend time on important projects every day, even for 5 minutes.
54. Urge yourself to do something urgent as if you are going to be late.
55. Take a walk every time you run out of ideas.
56. **More** breaks.
57. Lunch with friends or more team members.
58. **Have** lunch with a different person every day.
59. Invite someone from the Team / other office / company to run a brainstorm session of your Team.



Work creatively

60. Try playing adventurous sports that you don't think you will participate in (climbing, swimming .)
61. Don't hesitate to ask for help from others.
62. Always think: Everything can be done.
63. Find a mentor for yourself.
64. Summarize what was done during the day at the end of the day.
65. Shorten the time of meetings.
66. Do not watch or read news 24 hours.
67. Turn ideas into images.
68. Think about your projects or challenges before going to sleep.
69. Break down ideas into sections and think more deeply about them.
70. Adventurous.

Wish you will become "*Creative Specialist*" in your office and inspire creativity to more people.

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