

7 Things Users Should Avoid Asking ChatGPT and Other AI Chatbots

AI chatbots are very popular, and the most famous one right now is probably ChatGPT. Most internet users have used an AI chatbot. However, there are things you should avoid asking an AI chatbot.

While chatbots may seem like helpful and trustworthy assistants, experts warn against relying too heavily on them, especially for sensitive information like health advice. Recent surveys highlight a growing trend of people turning to AI for guidance.

According to a report in the New York Post, data from the Cleveland Clinic shows that 1 in 5 Americans seek health advice from AI. Meanwhile, a Tebra survey from last year found that about 25% of Americans would rather use chatbots than traditional therapy.

Despite the growing reliance on AI, experts still advise against sharing too much personal or medical information with ChatGPT and other AI chatbots. Here are 7 things you should never ask ChatGPT and other AI chatbots:



Personal information

Never share personal information with Chatbot AI, such as your name, address, phone number, or email address. This information can be used to identify you and track your activity.

Financial information

Never share your financial information with an AI Chatbot, such as bank account numbers, credit card numbers, or social security numbers. This information could be used to steal your money or identity.

Password

Never share your password with an AI chatbot. This information can be used to access your account and steal your data.

Your Secret

Never share your secrets with AI Chatbot. ChatGPT is not a person and do not trust it to keep your secrets safe.

Medical or health advice

AI is not a doctor, so never ask AI for health advice. Also, never share your health details including insurance numbers and more.

Pornographic content

Most chatbots filter out any sexually explicit information shared with them, so any inappropriate information could get you blocked. Not only that, remember, the internet is full of everything, so you never know where this information might end up.

Anything you don't want the world to know

Remember that anything you say to an AI chatbot can be stored and potentially shared with others! Therefore, you should never tell an AI chatbot anything you don't want the world to know.

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