

7 principles that absolutely couples should not do when fighting

Let us read through 7 principles that couples should absolutely not do when fighting to maintain lasting feelings between them!

1. 5 important things to remember after parting
2. Why is it foolish to say that when you love the smartest women?
3. Body language reveals the truth about your current relationship

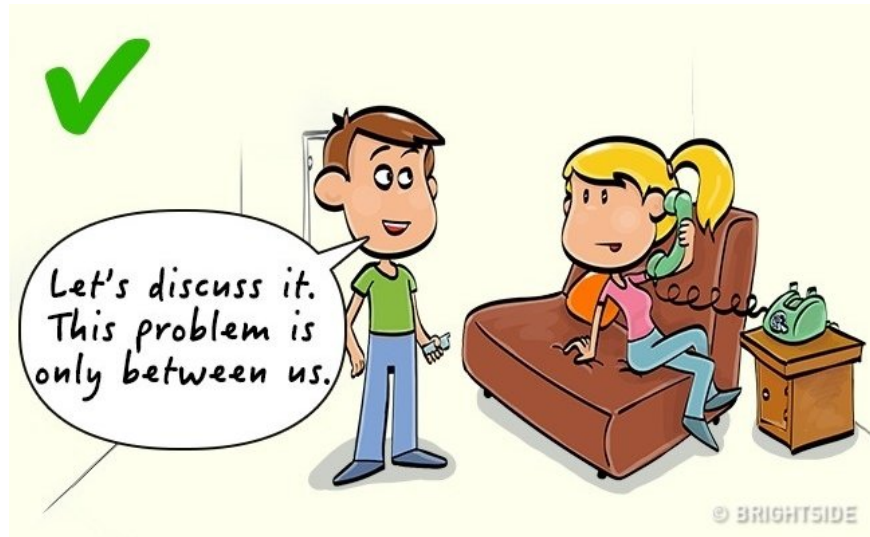
Loving and quarreling is perfectly normal, but don't let it be because of small things that you have to leave each other while you're still in love!

When bickering, the couples must have their own rules, they can't like fighting and breaking up. Because love is not a joke, not for a few minutes of lack of thinking and then regret it.

Here are **7 principles that absolutely couples should not do when fighting each other** to help their relationship!

7. Don't drag other family members into their argument





This is your conflict, not someone else's . So do not rush to bring the story of two people to stigmatize or badly tell them to your family because of a few minor disagreements.

When you are angry with each other, you can see that the person is unreasonable, ugly but the thought will change when the two make up. Even if your relationship is back in harmony, other family members will definitely remember everything and use it to prohibit you or that person.

Do not foolishly smear that person in your family's eyes, because parents are always on your side and giving your opponent a stricter look!

6. Absolutely do not use violence





When conflicts occur, people tend to reveal ugly parts of their character. To prove themselves right, they will use violence. Don't allow yourself or your opponent to use violence, no matter how angry you are. Physical pain caused by loved ones will kill all emotions that once bind you.

Once there is only one time, there will be a second time, no girl will be able to endure the sight of the person who loves the upperclassman lowering his arms. Moreover, that ugly, outrageous act only made things worse.

5. Do not repeat the past



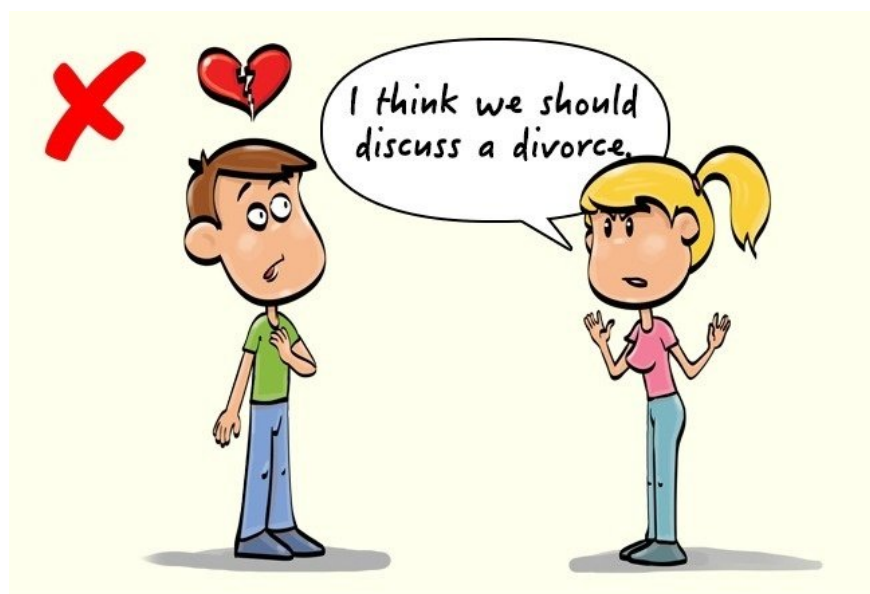


If the main cause of the conflict between the two is just a bunch of unwashed dishes, stop everything there. **Don't repeat your past and every mistake**. Nobody wants others to "scrutinize" their old stories at all, right? You should speak directly into the problem you want to debate and use words that are comments to help them understand where they are wrong.

Usually, girls often make this mistake. Just like her brain has a list of things you used to do in the past that made her unhappy. And now when the two argue, those things will be rewinded.

However, that doesn't work to make things better, even worse. Better yet, focus on talking about the main problem we are having problems with and solving together. **The old things should be let go.**

4. Don't say farewell arbitrarily





Saying " *We break up* " in a conflict can hurt the feelings of the other person. If you say it often, divorce will actually happen. Because these words can hurt your mate's feelings. **If you still love him, never talk about breaking up or divorce.**

It is best to respect the opponent, you also need to respect yourself and your relationship!

3. Do not leave the house while quarreling



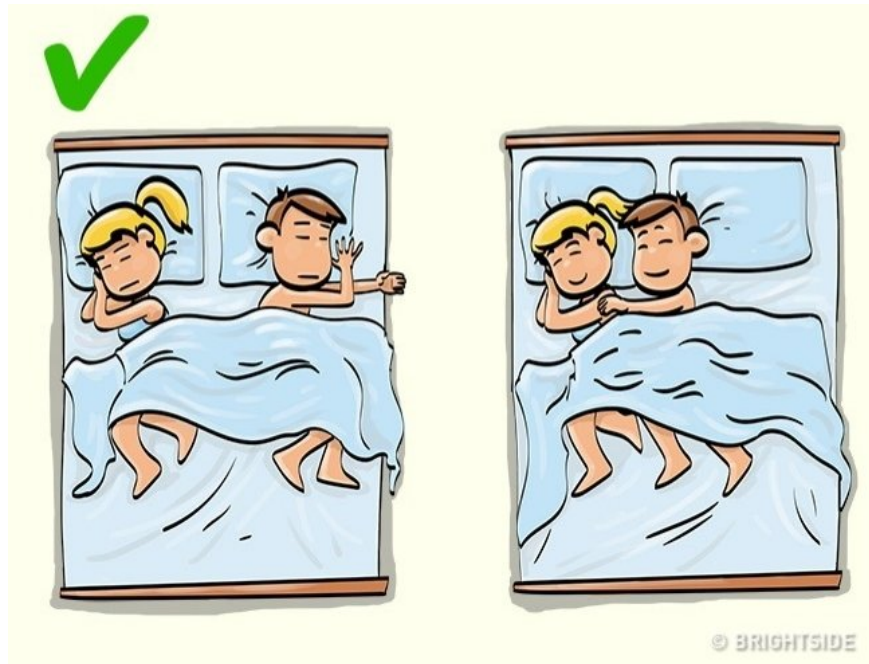


When a conflict occurs, two people will fall into a state of fatigue, even if someone wants to leave home. But this is the wrong act of romance. **This only makes two people have a deep gap .**

Remember, no matter how angry you should be, don't leave the house. Ideally, each person needs his or her own space to calm down and then discuss things frankly. Because if you leave immediately after a heated argument with the person, maybe the opponent will become depressed, and they think you really don't need their appearance anymore.

2. Never sleep separately or be alienated





The two who slept separately after quarreling were not good at all . Physical collisions will reduce the stressful atmosphere and quickly resolve the conflict. At that time, you might be lying far away from him but the next morning you will wake up in his arms. **Sleeping together is a way to resolve all problems.**

1. Don't argue in public





If you allow yourself and the person to quarrel in public, it can be seen that the two people do not respect each other and those around them. **Don't publicize your privacy in public** . It's best to go home and solve it. Like that, new conflicts can be solved completely and quickly.

When conflict between crowded places, the ego of two people is inflated. And then, under the gaze of others, you will have the feeling that you can tear it into an elephant!

See also: 6 things that seem negative but prove that they love you very much

Having fun!

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