

60+ Fruit Puzzles to Help Children Develop Thinking Skills

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Riddles or puzzles are a fun game for both adults and children. They not only help participants relax but also supplement or reinforce knowledge in a particular field. Therefore, it's a popular choice for many people, especially children, when they have free time.

It's not difficult to find fun riddles in books or online on various topics. And in this article, we'll focus on Fruits.

Fruits are nutritious foods that are a common part of our daily lives. Most of us need to eat fruit every day to supplement our vitamin intake, and children are no exception.

Fruits are easy to eat, however, not all children enjoy them. In this case, let children experience them comfortably; participating in a fruit quiz is a good suggestion.

Why do quizzes help children develop their brains?

Understanding the world around us

Psychologists have determined that a child's brain development is significantly influenced by how they interact with or manipulate the world around them. Interactive play provides this crucial opportunity. Children learn to process information, think, and make judgments.

Remember the shape

For young children—even infants—learning to recognize and classify shapes is an important part of their development. Object matching games can help young children do this.

Practice thinking and association skills.

When participating in quizzes, children will use the prompts in the questions to recall and remember what they have seen and learned in order to give the correct answer. This process effectively stimulates children's thinking abilities, helping them remember and understand what they have learned more deeply.

Below are some fun fruit-themed riddles that parents can use with their children every day. You can present the riddles during class time or organize games at home. They are also a beneficial recreational activity during holidays, instead of letting children watch TV or use phones. Mothers and children, and even all family members, can participate in this fun riddle game to strengthen their bond.



Câu đố về các loại quả

Fruit riddles

Question 1:

What fruit has a name like an autumn flower, and when it ripens, it turns bright red like lacquer?

Answer: Persimmon

Question 2:

It has a smell, and golden streaks.
A wise bird eats the fruit and promises to repay with gold later.
What fruit is it?

Answer: Star fruit



Question 3:

What fruit is like a green ball
, swaying on a branch, waiting for the Mid-Autumn Festival?

Answer: Grapefruit

Question 4:

What fruit has many eyes?
When ripe, it splits open, revealing
a pure white interior and
shiny black seeds?

Answer: Custard apple

Question 5:

When the cuckoo calls its flock
, it's the season when our homeland is full of ripe red fruits.
What kind of fruits are they?

Answer: Lychee

Question 6:

What fruit usually grows on a trellis
, in clusters of ripe fruit, all bearing the letter 'O'?

Answer: Grapes

Question 7:

A chubby little fruit wearing a lemon-yellow dress, where
the gentle Tam of yesteryear entrusted her life.
What fruit is it?

Answer: Persimmon

Question 8:

My hometown is on a remote island. In
those days, An Tiêm was a gift for the king.
What kind of fruit was it?

Answer: Watermelon

Question 9:

Chickens don't lay eggs on trees
, so why do trees want them? Eggs have
no egg white,
only yolk.
Mother hens don't need to incubate;
eggs ripen in the sun.
What fruit is it?

Answer: A chicken egg or a sapodilla

Question 10:

What fruit has such a fragrant aroma, its skin
is golden and shiny like silk, and
from ancient times, Cinderella
stepped out of it?

Answer: Persimmon

Question 11:

White inside like powder
, sprinkled with black sesame seeds
, wearing a reddish-pink coat, with
bright green hair
, what fruit is it?

Answer: Dragon fruit

Question 12:

The black seeds resemble eyes, the flesh is sweet
like rock sugar, and
the aroma is like honey.
What fruit is it? Tell me its name.

Answer: Longan fruit

Question 13:

Many long, curved fruits
are arranged in a bunch.
The bunch forms a cluster.
When ripe, they are yellow and fragrant,
and taste very sweet.
What fruit are they?

Answer: Banana

Question 14:

What fruit is shaped like a small bell
, white, green, and tinged with red, with a crunchy flesh?

Answer: Rose apple or plum

Question 15:

Its skin is a striking green
, famous for its sourness
, yet many still consider it delicious?

Answer: Lemon

Question 16:

Delicate flowers of a vibrant purple hue, ripe
and juicy fruits near and far on the hillsides.

Answer: Sim fruit

Question 17:

What fruit is it that has toad skin wrapped
around a chicken egg? When you cut it open, it smells so good, the whole family wants to eat it.

Answer: Jackfruit



Question 18:

The name needs to be said twice.
From afar it looks like a hedgehog, but up close it
's not. What fruit is it?

Answer: Rambutan

Question 19:

What fruit grows high up,
and whose water is not from a well but is clear?

Answer: Coconut

Question 20:

What fruit ripens to a red
color, has a thorny skin,
and its pulp, when steamed with sticky rice
, improves eyesight when eaten?

Answer: Gac fruit

Question 21:

With rough, bumpy skin like a jackfruit
, but smaller fruit,
and an intoxicating aroma,
found only in Southern Vietnam,
what fruit is it?

Answer: Durian

Question 22:

The fruit, named after an animal
, is nicknamed 'the son of the God of Heaven.'
It tastes both sour and sweet
and is only found in Southern Vietnam!
What fruit is it?

Answer: Hog plum

Question 23:

The name sounds neither too much nor too little; it's
nutritious and sweet and fragrant when eaten.
What fruit is it?

Answer: Papaya



Question 24:

With a hundred tiny eyes all around it,
and green hairs shaped like sword blades,
what fruit is it?

Answer: Pineapple or fragrant fruit

Question 25:

What fruit has a smooth, plump, round
skin, a milky, fragrant, and sweet interior?

Answer: Star apple

Question 26:

Children wear green clothes
, the old dye them red.
Those in red clothes get to go to the feast,
those in green clothes must stay at home.
What fruit is it?

Answer: Chili pepper

Question 27:

What fruit is like a small, sour lantern , hanging in the garden?

Answer: Jujube fruit

Question 28:

The fruit and leaves are sour, but that's not an exaggeration
. The name sounds awful, and it looks bad when written down.

Answer: The s?u fruit (a type of sour fruit).

Question 29:

What fruit is so poor, so withered and old?

Answer: Loofah

Question 30:

Yellow flowers that bear green fruit. The fruit
is green, has a white interior, and produces yellow seeds. – What kind of fruit is it?

Answer: Winter melon

Question 31:

Once upon a time, you lived in the palace.
Now you've grown up,
your body round, your belly white, your skin green.
I'll build a nine-arched bridge to coax you across,
lead you through the gate into the house
, and then use a knife to trim and slice you up.
Let the old
friend handle whatever matters, your fate and destiny are thanks to me.

Answer: Areca nut

Question 32:

What fruit sticks out its tongue and tastes sour?

Answer: Tamarind

Question 33:

What kind of fruit is this, a relative of iron and steel?

Answer: Cantaloupe

Question 34:

White flowers like plum blossoms
, beautiful fruit like peaches,
what a lovely new name,
'Singing and laughing in sleep'.
What fruit is it?

Answer: apricot

Question 35:

What fruit lays eggs on the tree?

Answer: Fish eggs

Question 36:

Feet not touching the ground
, back not reaching the sky
, suspended in mid-air
, carrying a bag of bullets.

Answer: Pomegranate

Question 37:

What fruit has yellow skin dotted with freckles,
yellow flesh, a crunchy and sweet taste
, and is shaped like a small gourd that everyone loves?

Answer: pear

Question 38:

What mischievous fruit climbs trees?

Answer: Cucumber

Question 39.

What fruit is afraid of cats?

Answer: Cucumber

Question 40.

What fruit is sometimes red, sometimes yellow,
and has seeds that are not hidden but exposed on the skin?

Answer: Cashew nuts

The egg riddle

1. It becomes liquid when cooled,
and solidifies when heated.

3. One belly with two intestines,
one body with two parts, small and large.

4. What fruit has a yolk
that doesn't grow from a flower,
its mother is a chicken,
and it gives us a lot of protein?

Banana riddle

1. What fruit is curved , arranged
in a bunch
, and
when ripe it turns golden yellow and
tastes very sweet?

2. A mother gives birth to a hundred children,
striving to raise them all perfectly.
So that on the first and fifteenth days of the lunar month
, they receive offerings of incense and are laid to rest in a high place?

3. What fruit has a bright yellow peel
, a sweet and fragrant flesh that everyone loves,
except for naughty students
who are very afraid of stepping on it during exam season? – What fruit is it?

4. Huddled and timid, standing by the ditch.
The bunch is full of fruit, stacked twice.
What fruit is it?

5. Many long, curved fruits,
arranged in a bunch.
The bunch forms a cluster.
When ripe, they are yellow and fragrant, and
taste very sweet.
What fruit are they?

Watermelon riddle

1. My hometown is on a remote island.
In those days, An Tiêm gave fruit as a gift to the king.
What kind of fruit was it?

2. It wears a green coat on the outside, but
is entirely red on the inside.
It gives birth to a litter of tiny offspring,
all of them pitch black.
What fruit is it?

3. What fruit has a bright red flesh
and black seeds ?

Come and taste
it, it's so sweet!

4. What fruit resembles a little piglet, with
green skin and red, sweet flesh when ripe ?
After eating it, one misses the person far away so much
. A prince discovered this kind of fruit.

Orange riddle



1. What fruit has a yellow and green skin, tastes
very sweet when eaten,
makes a refreshing drink,
and is even tastier than lemon?
2. Round like the letter O,
bigger than a chicken egg,
fragrant even after eating,
often pressed to make juice.
3. What fruit has many segments and crevices,
sometimes sweet, sometimes sour, and
sometimes bitter, yet still tastes good?
4. Sweet inside,
fragrant outside.
A belly full of shrimp,
a golden-yellow skin, covered in rashes?
5. Skin full of pimples and rashes.
Intestines full of shrimp and prawns. Body shape,
sometimes big, sometimes small.
Tastes sweet, sometimes sour?
6. What kind of fruit is good to give as a gift
when visiting friends who are sick?
7. Related to grapefruit and lemon,
but why is it sweeter, cooler, and more refreshing?

8. A yellow rind containing a white pouch.
The white pouch contains yellow shrimp. You can eat
the shrimp without roasting them
. Eat the whole thing, the white pouch and the yellow rind thrown away. – What fruit is it?

Fruit riddles in English

1. I grow on vines.
I can be eaten raw or cooked.
I can be made into lots of things like jam, juice, vinegar, and oil. Who am I?

Answer: I am grape

2. I am a fruit that forms from up to 200 flowers.
I have been named because I look like a pine cone.
I grow in tropical areas. Who am I?
Answer: I am a pineapple
3. I am a berry related to the sparkleberry, farkleberry, whortleberry and partridgeberry.
I grow on a bush.
When ripening, I change from green to pink and then to blue. Who am I?

Answer: I am a blueberry

4. I can grow up to a meter long!
I can be green, yellow or stripey.
I am sometimes called a courgette but in Australia I am called a... Who am I?

Answer: I am a zucchini

5. I grow like an ear.
I can be popped.
I am usually yellow. Who am I?

Answer: I am a corn

These riddles will help children recognize the delicious fruits they eat every day. You can change these riddles each day according to the fruits your child eats to help them understand both the meaning and appearance of different fruits.

Hopefully, these fruit riddles will help parents have fun and bond more with their children.

In addition to the fruit-related riddles above, parents can also refer to word riddles , animal riddles , etc., to play with their children.

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