

6 tips to help you grasp the psychology of others when talking

In every conversation, just need to know the psychology of others, this exchange will be extremely perfect.

1. How to make conversation more interesting?
2. 10 ways to help you avoid "miss words" errors when communicating
3. 7 body language helps you to sympathize with the opposite

Everyone wants to have a fun and interesting conversation with everyone. Apart from the story content, grasping the psychology of the enemy is also a very important thing. When chatting you just need to be a little observant, so make sure your talk that day will be wonderful.

So, when you talk, you need to keep in mind the following things in your opponent so you can catch the enemy's emotional waves properly.

1. Seeing someone stressed, give them a candy



According to many experts, when people are stressed, eating a little sweets like candy will help the brain relieve stress quickly and be more relaxed. So when you see someone stressed you can give them chewing gum or chocolate to help them feel happy and calm again. This is a way to express interest in the person in a gentle, subtle way that makes them unable to dislike you.

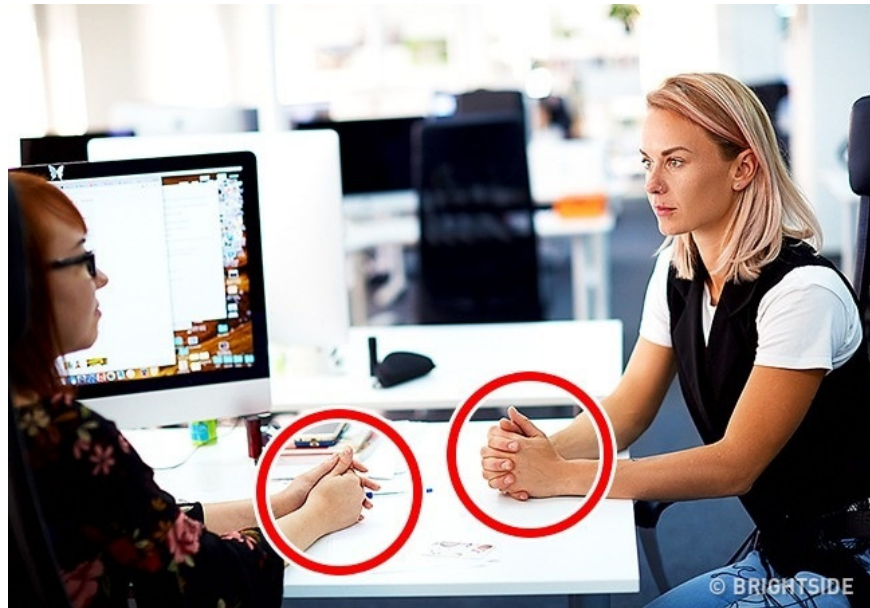
2. When talking, do not forget the direction of the feet of the conversation partner



Just like facial language, eye contact, gestures, foot direction is also a way for you to express your true feelings when talking.

When you talk, keep in mind if the opponent only directs their body to their feet and their feet remain the same, if they don't want to cut the story. If their shoes are in a different direction, they may want to end the story with you here to do something else.

3. To win the trust of the opposite, repeat their gestures



Repeating the gestures, postures, facial expressions of the opponent is a way to create trust and show that you are very focused on their story, but remember that you repeat it in a closed way. original, unintentionally, not too obvious will make the opponent feel more uncomfortable when chatting with you.

4. To prevent an ongoing debate, you just need to find something to eat and stand among those who are angry





According to experts, this phenomenon is called "snackman effect". Eating is related to relaxation and calmness. Therefore, the probability of attacking a person who is eating is not high, the fact that you stand in the middle of people who are angry, the possibility that they will laugh, stop the conflict very quickly.

5. When you need to talk to someone, ask them for help



When you want to talk to a girl who doesn't know how to say something, ask him or her to help you with something like helping with a sauce, a tissue or a pen . this is a way Make it easy for you to get acquainted, start the story later. According to psychologists, when people ask for help from people, they think that they like you because you are doing something meaningful.

6. To receive positive feedback from anyone, nod when listening to them



It's almost like copying an opponent's gesture, just a gentle nod when looking at your eyes and hearing them say important messages - I agree with that.

When you nod your head in agreement with a problem that the other person makes, it will affect the brain and partly lead to thoughts, which will make the other person agree with the idea you raised.

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