

# 6 surprising defects only those who are too smart

Through sharing about everything from the high expectations that people set out to make them constantly troubled by the troubles only intelligent people understand. Here are six key issues that stimulate thinking and explanation based on the scientific truth behind them.

Maybe you think: " *Life will be easier, happier and more wonderful if you have a much higher IQ than others because intelligence will help them accomplish whatever they want. But the truth, the real life of intelligent people is not as perfect as you think .* "

In a small survey by **Quora** website (Q&A service website (Q&A) created, answered and edited by the user community, Quora gathers questions and answers to topics. arising in daily life or work ) with the theme " *When you are smart, you are cursed* ", there are more than 100 comments and sharing of smart people all over the world. Through sharing about everything from the high expectations that people set out to make them constantly troubled by the troubles only intelligent people understand. Here are six key issues that stimulate thinking and explanation based on the scientific truth behind them.

## 1. Don't know how to express your feelings



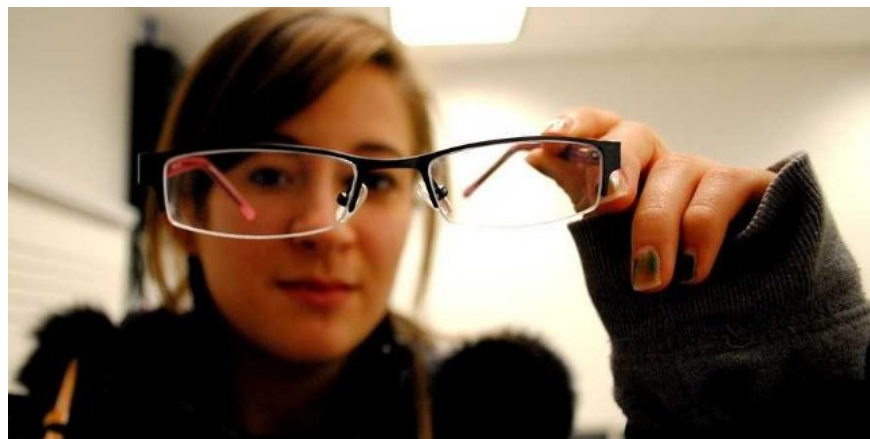
A user named *Marcus Geduld* on Quora confessed, he knew exactly how his feelings were and could be described to others, but he never felt the need to express them.

" *This is a common problem for smart people, especially those with good language skills. Instead of sitting down and telling people how they are feeling, smart people often use language. Excessive words and body gestures to show anger, frustration, confusion, joy . They can scream, run, jump, kick, jump, cry for joy. And when I finished explaining, everything I wanted to show was still stuck inside me and now has my own name ,* "Marcus Geduld said.

Geduld's observation is often confused between perception and emotion, not knowing which one to show in which circumstances. Science has yet to discover the link between the two, but some studies show that people who are capable of expressing emotions are more likely to experience at least at work; and vice versa. In other

words, super-smart people don't seem to need to rely on emotional skills to solve problems.

## 2. Often subject to too many expectations



*" Obviously, smart people are always expected to do things best. In any case, people don't accept that you have failed. Because they think you don't have any fears or points. weak "*, the user named Roshna Nazir said.

Moreover, you will have to suffer the anger of people around you if you express yourself at a bad level. *" At some point, you will be obsessed with success, truly afraid of failure and using all means to achieve your goals, "* Saurabh Mehta added.

According to the excerpt in *" Smart Parenting for Smart Kids "* that was posted on PsychologyToday.com, the author said that many fathers and mothers often care too much about children. Children are smart and always hope they will do well at school. But unfortunately, they said: *" Sometimes, they are too focused on directing their children to other things and forgetting who they are ."*

## 3. Can't understand the value of hard work

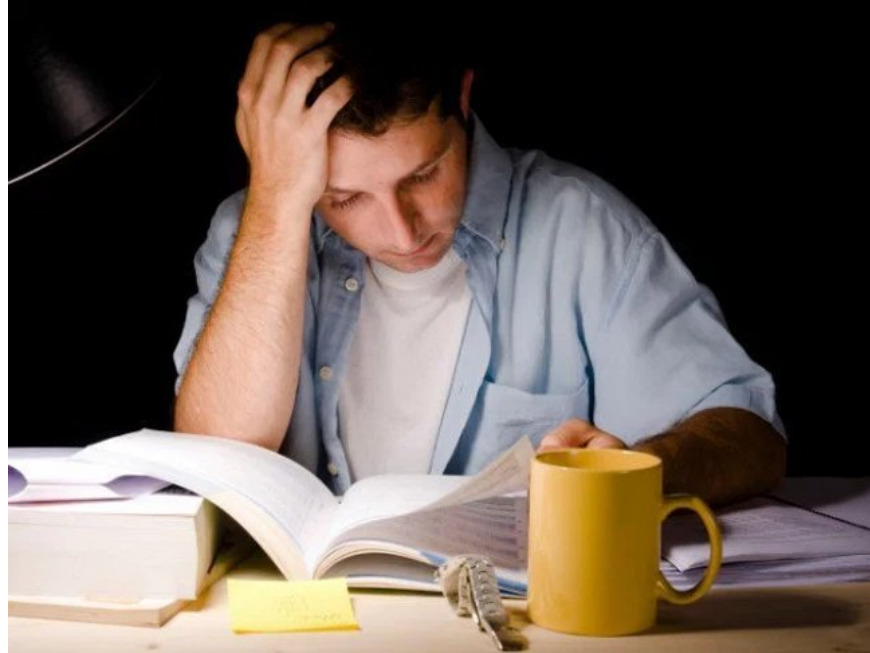


Most of Quora's users share: *" At work, smart people are less hard-working than others. However, high IQ is just one of the factors to succeed, not all. And perhaps Smart people never have to develop patience, one of the important factors that leads to glory "*.

According to Kent Fung, " *Intelligence can be a problem when smart people often discover very early that they don't need to work too hard to get achievements. So they never train the ability to work with high intensity and long time* ".

One study found: " *Devotion - how hard working, for example - is in fact supposedly inversely related to some types of intelligence .*" Researchers say: " *Sometimes people who are too smart can feel like they don't need to work hard to get what they want .* "

#### **4. People with high intelligence tend to correct others in conversations**



When people realize that some people say things are completely inaccurate, smart people can hardly control the urge to clarify the problem. However, in fact you may be too sensitive to make others feel ashamed and offended by those actions - or risk losing some friends.

" *Smart people are often hated by their friends or interrupted by their friends in everyday conversations to correct the information they think is not right. Intelligence turns you into an unjust career, when correcting everyone's lines, they will stop talking and look around and not talk to you anymore,* "commented Raxi Karamreddy.

#### **5. There is a tendency to complicate matters**



One of the common problems that participants in Quora's discussion found that smart people seemed to spend too much time meditating and analyzing any problems.

For something, smart people can easily find out the meaning of all perceptions and experiences. " *Sometimes thinking of exhaustion and suddenly realizing that it doesn't make any sense. They blindly seek answers in many problems without an answer and make you want to go crazy.* " , Akash Ladha revealed.

Indeed, a study published widely in 2015 found that smart gestures often come with anxiety and contemplation. Moreover, sometimes the problem is extremely simple but due to the focus on minor details and deep research of whiskers, smart people turn small things into big things and big things become terrible things. cannot give a choice. Tirthankar Chakraborty wrote: " *When studying too much detail about a problem in a decision, especially the tendency to analyze the results is excessive, making you never perform them .*"

## **6. Limit understanding and awareness**



Smart people always have a certain appreciation of their own knowledge and shortcomings, but those who are less intelligent do not. They know that they cannot know everything and understand "all" in a simple sense because they can determine where they are. Moreover, they will not feel happy, satisfied with what they already

know.

Mike Farkas wrote: "*Intelligence is a curse when you know more, the more you feel that you don't know anything.*" Farkas's observations recall a common study performed by Justin Kruger and David Dunning, realizing less and less intelligence, appreciating the ability of self-awareness and vice versa. Very intelligent people who know them well and will never know everything in life or all about something. This can cause them to fall into a state of frustration.

If you are not a person with a high IQ, we guarantee that: all major goals require a lot of time to complete. That is, if you do not have patience, you will not achieve any achievements at all.

*" Good things simply never appear after just one night. We need time to nurture, nurture and consume a lot of thinking. Young people have many agility and faults, but the important thing is You must know how to learn the lesson after your traumatic experiences. Patience is the prerequisite for success, "*concluded user Steve Kobrin.

Refer to some more articles:

1. 8 reasons to make you smarter and stronger when you're alone
2. Seven characteristics prove that elephants are extremely intelligent animals
3. 7 unconscious errors are often acquired when buying brand products

Having fun!

You finished reading the article "**6 surprising defects only those who are too smart**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.