

6 silly mistakes that many people still make when dealing with wounds make the disease worse

6 mistake the silly times that many people still do when dealing with injuries that make the disease worse

1. The first aid steps in time when the hand jammed into the door gap
2. Alcohol poisoning: symptoms and treatment
3. 10 simple first aid tips but 90% of people still do wrong

In everyday life, it is difficult to avoid injuries on the body, first aid is essential, but when we give first aid, we often instinctively give first aid, causing the sufferer's condition. more critical.

Here are 6 accidents that we may encounter most often in daily life and first aid in those cases.

1. First aid when bruising



Bruises that are bruised by the impact on something makes us feel sore, to reduce bruises, using ice is the best way now. However, when applying ice to the wound, you absolutely should not use it directly on the skin, because they can cause you to burn cold. The best way to use it is to place ice in a cloth bag, placed on the skin. You put the bag on the wound for 20 minutes, remove the stone, wait 20 minutes later and put it back.

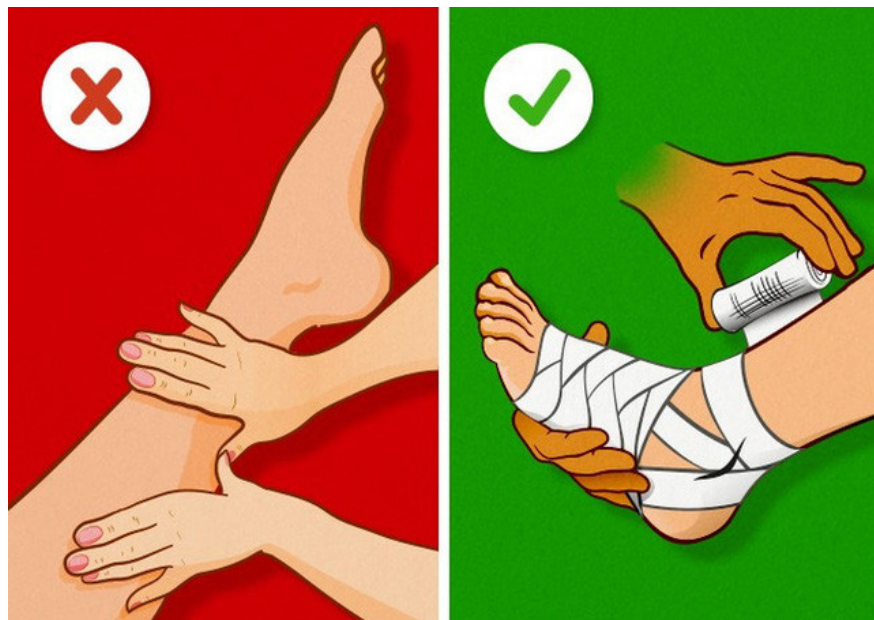
2. First aid for burns



According to the experience of many people, when burns should apply grease, toothpaste . This experience is completely wrong, because when applied to burns, these substances will break the heat exchange, causing Heat goes deeper, causing more harm. When the blister burns, the blisters should not be broken to avoid an open wound, causing an infection.

The right and safest way to do this is to immerse your hand in cool water for 15 minutes, then quickly move the patient to the nearest clinic for treatment.

3. First aid when dislocated



Dislocations can be caused by high heels or certain causes, when dislocated you should not massage and 'break' the joints, which in turn leads to further injury.

At this point, you should fix the bandage, note, not too tight, then quickly bring it to the nearest health department for treatment.

4. First aid when sprained



When sprained many people often use high paste or hot oil to expect less pain. But in fact it will make your condition worse. The blood vessels expand and break when hot, and when they get cold they shrink.

In fact, when dislocated the best way is to use cold ice to apply to the bruising sprain. After applying if you still feel pain, you should take the victim to the nearest medical facility because of the pain caused by a fracture injury.

5. First aid when poisoning



When poisoning the patient will feel uncomfortable and hangover in the body, at this time just want to vomit slightly, so many people often try to "hang throat" to vomit, but this is a very dangerous job .

So, when poisoning, call an ambulance immediately. When going to bring food and drink that the victim has eaten or drunk before going to a medical facility for testing. It is best to store the food / drink with the items the victim used to store it.

6. Being pierced by sharp objects

If it is a small object, you can pull it out, and a large object should not be removed. Because trying to pull things out of the wound will make the wound become more serious and bleeding more.

So keep the status quo, fix the object that hit the victim and take it to the hospital immediately.

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