

# 6 methods to prevent corona virus from office workers should follow

The following are measures to prevent new corona virus (nCoV) causing acute respiratory infections, which should be done by office workers to avoid infection.

The following are measures to prevent new corona virus (nCoV) causing acute respiratory infections, which should be done by office workers to avoid infection.

## 1. Wear a mask properly

Wearing a respirator correctly will help prevent large droplets of virus-containing saliva from being spread from the patient. To limit the risk of infection, office workers should wear a mask during work.

1. The right way to wear a medical mask is to prevent and prevent Corona virus

## 2. Keep general hygiene

Everyone needs clean working environment. During working hours, you should not eat or drink at the office area, except lunch time as prescribed by the company.

Waste bins in the work area do not leave uneaten food, only paper and office waste.

## 3. Don't talk in the elevator

In an elevator, people should not talk and laugh to limit exposure to other respiratory secretions. To reduce the risk of contact with people who show signs of infection, do not stand too close to each other, shake hands or hug others during an epidemic.

When pressing the elevator button, use your fists instead of your fingers.



#### 4. Wash your hands with soap and antiseptic water

Hands should be washed with soap, alcohol solution, and hand wash before arrival and after leaving the workplace.

1. How to make your own dry hand sanitizer according to WHO guidelines
2. Formulated with 80 degrees of alcohol from 90 degrees alcohol, 100 degrees to make an anti-virus hand wash
3. Wash your hands with soap or dry hand sanitizer, which is better?
4. 6 steps to wash your hands with clean soap recommended by WHO to prevent disease

#### 5. Avoid sharing computers, phones

During the time when an epidemic is spreading, people should regularly clean their phones, computer keyboards, desks . and do not share or borrow technological equipment from colleagues.

#### 6. Working remotely

To limit exposure, avoid the risk of virus infection, employees should work from home if possible. Personnel with signs or symptoms of influenza should seek medical attention and be screened.

You finished reading the article "**6 methods to prevent corona virus from office workers should follow**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.