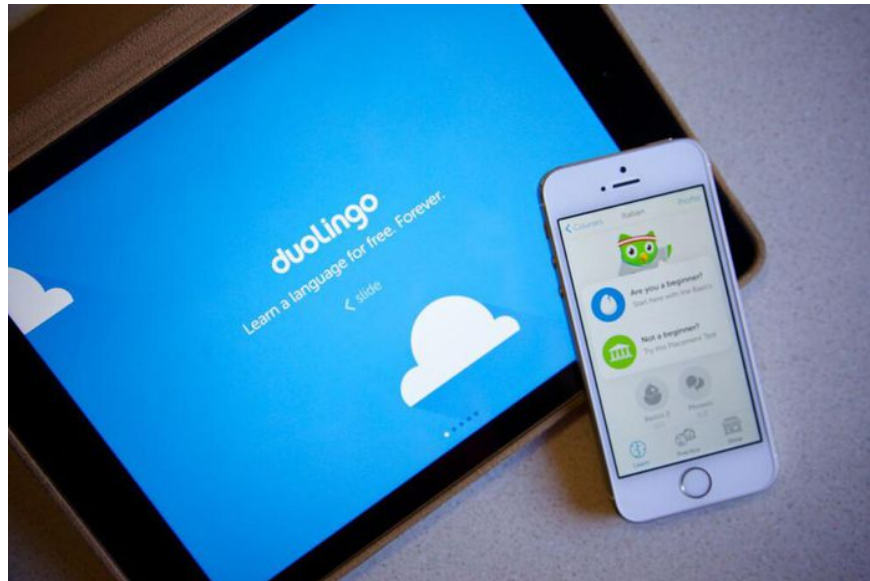


6 apps you should install in the new year 2021 for a more exciting start

In modern life, smartphones have become the indomitable object of many people. Therefore, integrating tools to help you form good habits into your cell phone is essential.

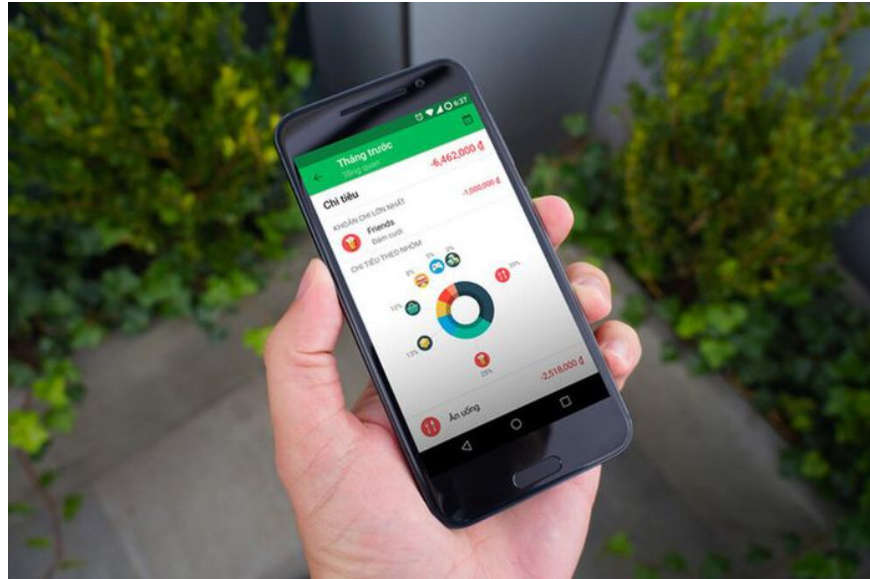
Learn a new language - Duolingo (Android | iOS)



Want to learn a new language? All right, felicidades! Estamos muy orgullosos de ti! You definitely need to try Duolingo. This app gives you foreign language lessons in play-like form. So you won't feel bored and new knowledge comes naturally. Currently, Duolingo has over 200 million users with 23 different languages ??for you to choose from to suit your goals.

The content Duolingo is available to users is completely free. However, users can purchase the Duolingo Plus plan to remove the occasional ads and download lessons for offline use.

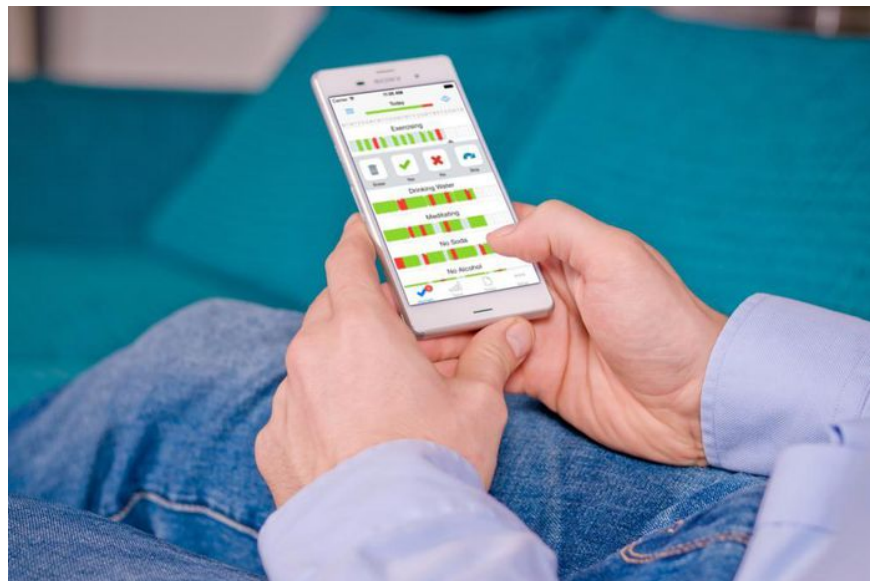
Money Lover - Money Lover (Android | iOS)



Saving money is a good habit that a lot of people want to have and this can be done through apps like Money Lover. This application will help users track their daily expenses, link with their bank accounts and plan spending and savings. Money Lover has good data synchronization ability that makes it accessible to users on many different platforms.

You can also export your financial data to Excel files for easy management.

Goodbye to bad habits - Way of Life! (Android | iOS)



The more information we provide to the app, the better Way of Life can help you get rid of bad habits in the new year. You can set up reminders and texts to create daily 'nicks' for yourself. Way of Life also allows you to write diaries and notes if you want.

Overall this app can also track a lot of your habits. However, the free version only allows you to follow three free themes. To be able to subscribe to unlimited topics, users must purchase a bundle of in-app items.

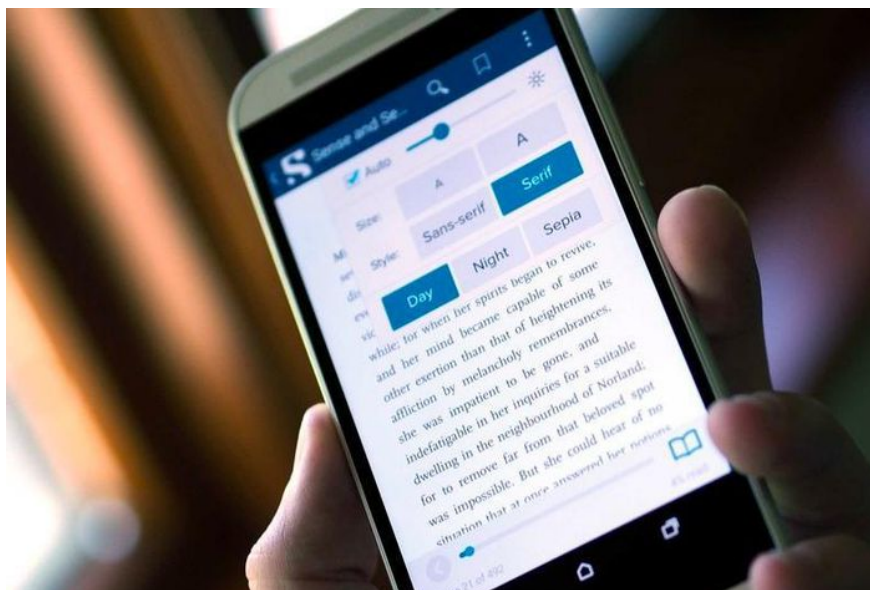
Body Balance - Nike + Run Club (Android | iOS)



Nike + Run Club is an app that tracks your running activity. Based on your goals and abilities, Nike + Run Club will automatically balance and recommend the most suitable training program. This app not only encourages you to be more active with integration and social apps like Facebook, but also lets you send 'shoutout' to your friends to motivate you to practice.

You probably didn't know that every hour of running can give you 7 more hours of life.

Read More - Scribd (Android | iOS)



Scribd is one of the most popular applications that allows users to access books, newspapers and magazines on their smartphones. Besides the content suggested by the app, you can also find other content by going to each scientifically organized topic. Scribd is free to download, and you get to use it for 30 days. After this period, the person has to pay membership fee of about 9 USD a month.

Besides Scribd, you can also download apps like Google Play Book and Kindle to enjoy your favorite books right on your phone.

Focus more / sleep better - Noisli (Android | iOS)



One of the ways to achieve higher work efficiency and better health is a good night's sleep. This application will bring you high quality background sounds such as the sound of rain, wind, birds singing in the woods . Thereby, it can help you to achieve the spirit of relaxation and fall asleep more easily. These sounds are also believed to increase concentration.

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