

5 ways to understand why everything happens in life has a reason

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The famous Greek philosopher believed that everything happened had a reason, always the same. And all your life experiences are cleverly set up to form you and "modify" you to create the best final version - the version you will always want be like that. The only barrier that prevents you from achieving this is that you must be wise enough to see it.

1. What can be learned through 4 spiritual rules of Indians?

1. At the moment of difficulties



Every negative experience, every fight, then, can be viewed as an opportunity for great growth. Just like a caterpillar that digs a cave from its pupa, when the process of formation and change ends, it will be transformed into a beautiful butterfly. It began to fly on its wings and entered a whole new life.

Many years ago, the famous writer Ernest Hemingway knew what "bad luck" was and "suffered life for a kick" - as he recounted.

Back then, he was trying his best to make his mark in the literary career. And disaster strikes. He lost his suitcase containing all the manuscripts with a lot of stories that he took time and effort to carefully edit, refinement as well as gems. That manuscript he had planned to publish into a book.

Hemingway collapsed when many months of hard work writing, now became a waste. He did not dare to imagine the remake from scratch.

He lamented this with his poet friend Ezra Pound. Contrary to what he thought, Pound called it "a lightning bolt of luck"! Pound confirmed to Hemingway that when he rewrites the stories, he will forget all the weak parts, only the best parts will be reproduced in his head. Pound encouraged Hemingway to rewrite from the beginning, writing with optimism and confidence. Hemingway rewrote those stories and later became the bright star of American literature.

Do not wish you had fewer problems, but wish you had more skills. Don't ask for smaller challenges, but look for greater intelligence and confidence. Don't find an easy way, but find the best results possible.

Like a quote: "If life kicks for you, let it kick you forward."

2. At the moment of healing

Some people find it difficult to believe that everything happens for a reason, especially when they have experienced a great pain or loss. At that time, it was not easy to see good things but instead, everything seemed to be meaningless. However, thanks to the moment when "kicking" life down to the lowest point, we have the opportunity to gain wisdom and allow a new energy source to be released. Without loss, we will not appreciate what has been achieved; There is no grief we will not know to cherish love and without death, we will not know to cherish life.



3. At the moment of happiness

After all that has been tried, you are "touched" to happiness and it is a huge reward for all who believe in their path. You are promoted through hard work, constantly working, training yourself, building the relationship you have planned for yourself right from the beginning; You have a happy family because of unconditional love, husband and wife ingenuity, empathy, sharing each other and most of all, you understand that sometimes the little controversy in the family only is a challenge for you to be more mature in the process of keeping your home.

1. **Simple happiness, just learn how to forget and forgive**

4. At the moment of chaos

The chaos, or rather, the times when you don't know where you're going. You have a multitude of choices between a steady job decided by a loved one and a precarious job that is true to your passion, a long love, but it's time you see the cracks, an opportunity Eating helps you get rich in the blink of an eye but with it is a lot of great risks . These situations rush to come at the same time as you want to explode into a hundred pieces.

"For a person who can't read, the words on a page seem to be chosen randomly, while in fact they are arranged in very precise order" - Deepak Chopra.

You may find that the choices you face are accidental situations that happen at the same time. But, for the outsiders, when they look at you, they consider it to be events that have been cleverly chosen and arranged to happen. Then when things have settled down, you overcome this difficulty and you look back, you find yourself more mature, more mature in decision making. You draw lessons for yourself and it turns out, chaos is just a small barrier that life wants to test your mastery.



5. At the time of looking back

We all see different parts of a puzzle beginning to be put together. Each part evokes a beautiful image. Pain, chaos, struggles and victories, each of these states contributes to making us human at the present time.

1. **15 invaluable lessons are drawn from the experience of the ancients**

Anyone born in life will experience development, learning and experience. By reflecting on what we see, we will know why they happen in such a way.

"You can't connect the points in your life when you look ahead; you can only connect them when you look back. So you have to trust that those points will also connect in the future. You I have to believe in something - courage, destiny, life, karma, anything, this approach has never let me down, it has made all the difference in my life. . "- Steve Jobs

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