

# 5 ways to reduce video capacity for iPhone

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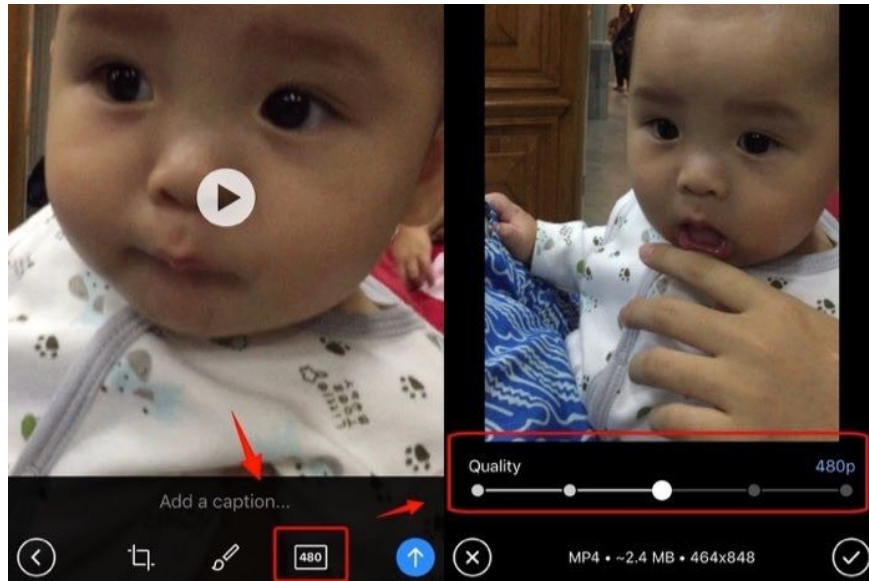
For these reasons, reducing video size is a smart choice.

## Customize video recording settings

iOS allows users to customize camera settings. You can choose lower recording quality to lighten the product and not take up storage space.

## Use Telegram application

One of the simple ways to reduce video size is to use the Telegram application. This application allows users to select video quality before sending. You can send videos to yourself.



After selecting a video, touch the video quality icon and choose the quality level you want. Telegram will remember this option and use it as the default the next time you send the video.

Apple's Messages application also has the ability to automatically compress videos sent through it. The problem is that you do not know the exact level of quality after reducing. To know the exact number, you must compare

the original file with the file sent via Messages.

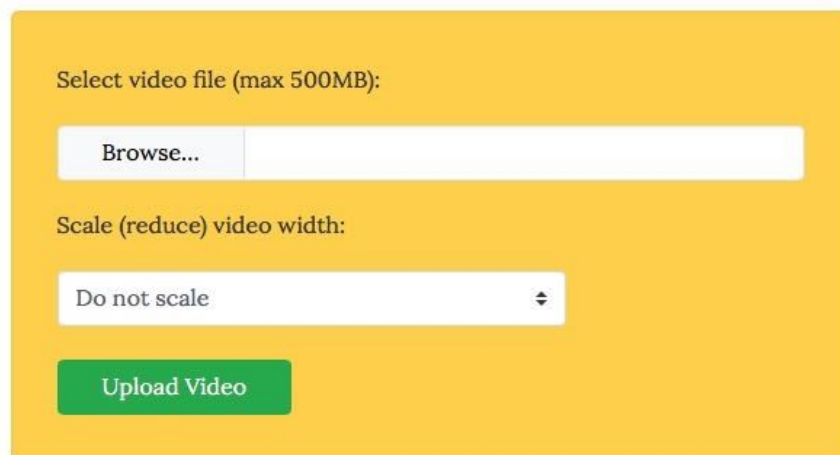
### Use iPhone video compression application

If you want more options, you can use the video compression applications available on the App Store. Open the App Store and search for the keyword "video compressor" or "video compression", "reduce video size".

### Use the online website to compress videos

If you do not have problems with Internet connection and data, you can use online video compression services. Each site will offer different options.

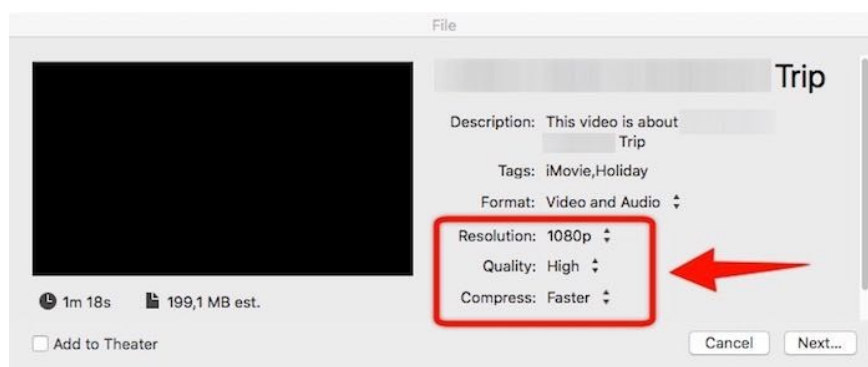
For example, the VideoSmaller.com page allows you to reduce the video size by uploading it to the server or entering the URL, but the video file must not exceed 500 MB.



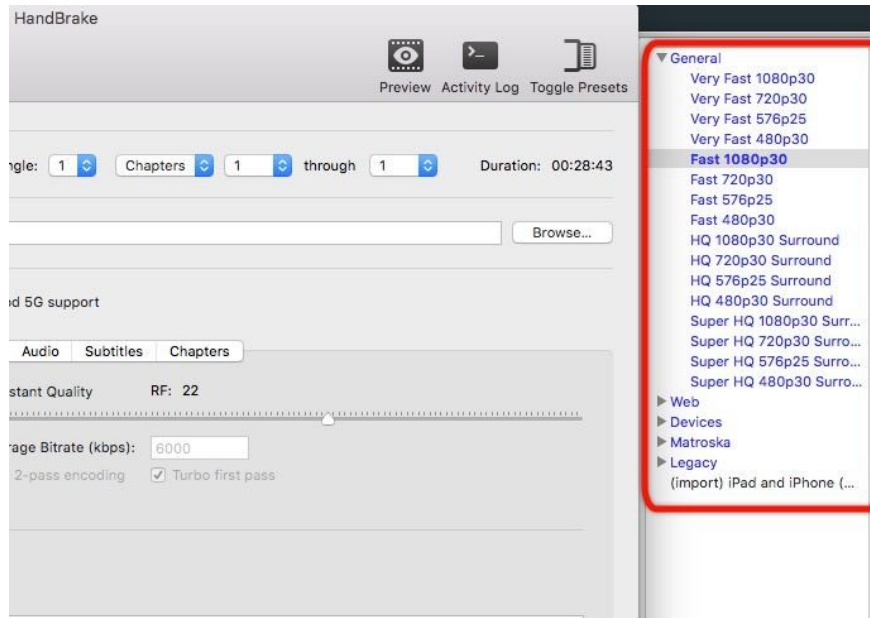
### Compress videos on computer

The last way is to use a computer. Although you have to copy from your phone to your computer and vice versa, you will have more options, more video compression applications.

macOS has iMovie and Windows with Movie Maker application. You can use these applications to reduce video size. With iMovie, you need to download the file, select the size and click Share -> File in the menu.



In addition, the free and cross-platform HandBrake converter application can help you. There are many settings that allow you to reduce the video size. However, you only need to select the available settings, and the application will compress your video to a smaller capacity.



With some options, you can find a way to compress videos on iPhone to reduce video storage, free up free space for the device.

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2. The best photo compositing software on computers, iPhone, Android
3. Top best video editing software on computer

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