

# 5 things absolutely should not be done when the hair is still wet

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In wet conditions, hair becomes weaker and more vulnerable than usual, this is the most "sensitive" time of the hair so if you accidentally make one of the 5 mistakes below, it will make damaged hair quickly. Check out these bad habits and revise immediately to protect your healthy and shiny hair.

1. Remember these 10 tips, they will "save you" someday
2. 9 common mistakes when using washing machines and how to fix them
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## 1. Brush your hair when it's wet

"Combing your hair when wet" - this habit needs to stop immediately, in fact many girls still have a habit of combing their hair as soon as they finish washing without knowing that, this affects their hair badly. When the hair is wet, you comb your hair and it will cause the hair to stretch, so it will break faster. In addition, if using the first brush, especially thick combs, there are many teeth that can be broken due to the impact of the comb. So, instead of using a hairbrush when you've finished washing your hair, you can use a dry towel to soak up the water on your hair, then gently brush your hair to help protect the hair better.



Brush your hair before shampooing your hair to be 'comfortable, free' and less messy while washing your hair.

## **2. Tie your hair immediately after washing**

Do you usually tie your hair right after washing your hair? If not, congratulations because you are doing quite a good hair care task. On the contrary, if you tie your wet hair and tie it up, do you know that you are "destroying" your hair yourself? A hair to dry naturally after shampooing is the best condition to keep your hair strong and shiny. If you tie your hair or bun even when the hair is still wet, it will cause the hair to stretch, hurt and reduce the thickness. Moreover, this habit also causes scalp dandruff and itching so you need to change it from today.



This habit hurts and causes hair to shed a lot.

## **3. Apply plenty of balm to wet hair**

Conditioner is an important step to restore and care for your hair, however using improper balm "accidentally" harms your hair. After the shampoo is finished, many girls do it but there is no benefit to the hair, because the wet hair already contains a certain amount of water so the oil will not penetrate anything. hair cells that only dissolve balm on hair quickly.

Besides, a lot of balm-like thoughts when you wash your hair will make the 'revived' hairs completely wrong. Your hair will become more greasy and dusty, making your scalp dandruff and dirty hair fast. For balm to maximize the use of hair, you should only use a sufficient amount and use a cotton towel to gently wipe your hair until the hair is still damp and then apply the balm.



Good balm, but use it properly girls.

#### **4. Always dry hair at high temperatures**

One of the worst mistakes made by girls is using hair dryers at high temperatures when the hair is still wet. Although the work is busy, you often have to wash your hair around late evening, but don't overdo it. Wet hair is very fragile, and when exposed to high temperatures, it affects cells that cause hair loss. To be safe for your hair, be aware that you should only dry your hair after about 15 minutes when you have finished washing your hair so that the roots are narrowed and no longer subject to the effects of the dryer.



Stop doing this if you don't want to harm your hair.

#### **5. Let wet hair go to sleep**

Did you know that wetting your hair when you go to bed not only makes your hair messy, messy, not waking up but also increasing dandruff on your scalp and making your hair more oily. Therefore, the girls should wait for the hair to dry naturally or dry it dry and don't forget to give the hair a 'rest and recovery' in about 10 minutes before going to sleep, so the worry of hair loss or tangled hair Offsetting, the oil after waking up the next morning will no longer exist.



Just let your wet hair go to sleep, you'll have to cry with horrifying consequences after a few times like that. We have just listed 5 things that absolutely should not be done when the hair is still wet , sometimes just adjusting the hair care routine is very small every day, you can avoid unnecessary damage to Hair and will make the hair more volatile, more attractive. Hair is beautiful or not, shiny, split ends or tangles depend a lot on whether you give up those habits.

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