

# 5 reasons why you should invest in self-study

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Currently, there are millions of different " *investment* " tools out there - but what is the best tool? **IRA** (personal program - employees can open their IRA for themselves without paperwork), keep their capital, borrow money and countless other ways that you can't even read their names.

But what if I told you that the best investment tool is right in front of you? That is you.

Here's why you should invest in **self-study** - that's the best investment you can make.

Note: Self-study does not necessarily mean going to school more often - sometimes just learning a new subject, attending a new seminar or trying to practice at the new gym.



## 1. Make you more interesting

Who is more interesting - a guy who learns everything he needs to learn in his life and stops learning when he is 22, or an old man who continues to learn new things every year?

Steve Martin spent the first part of his life training himself to be a comedian. After achieving his goal, he continued to learn new things and began to study **banjo** ( *a stringed instrument created by African slaves in America, based on many traditional instruments in the countryside. Banjo has 4 or 5 strings, also has 6 strings*

*and can play similar to Guitar* . Now Steve Martin has become a world-leading musician touring the world.

The most interesting man in the world is not because he refuses to continue learning, but by exploring new and challenging things, things will teach him many lessons about life.

## 2. Easy to test

**Self-study** is a super cheap way to test new things. You can try everything quickly and completely free ( *mostly* ).

1. You want to learn **CrossFit** ( *a combination of exercise, plyometric - an effective fat reduction exercise, speed training, Olympic-style weightlifting, lifting small kettlebell weights, weight loss exercises, gymnastics and endurance exercises* ) ? Try the ONRAMP course at the nearby gym room.
2. Want to start writing a culinary blog? Boom - done.
3. Want to learn drawing? There's no bar to organize a group once a month.
4. Want to try **Yoga** ? You can also do it.

There are millions of new things to try and millions of groups so you can join as on [meetup.com](http://meetup.com). Take a look, choose one or two new things to do each month and try to see what you think.

You don't need to spend up to 4 years and \$ 100,000 to see if you really like to do something new and just try it.

## 3. Remember learning is a lifetime



The process of learning - trying to make new things clumsy, making mistakes and getting better little by little - is an art we spend every year watching from a young age, but then give up when we gradually focus more on " *keeping the image* " and " *trying to show that you know what you're doing* " .

By investing in self-study, you are constantly reminded that there are things you do that are not good and need improvement to be better. It is a continuous training process about humility, always reminding you " *learning is a lifetime* ".

## 4. Expand the vision of something called CANNOT

I love the impossible - see a limit on what you think is possible and then try to do more.

Investing in self-study helps yourself realize that the limit is farther than you think. In fact, you may not even be able to immediately see the drawbacks of that incident. By pushing yourself to the limits, trying new things and learning more about what you can do, you're broadening your vision of the impossible, living more fully and embracing more opportunities.



## 5. No one can take it from you

People can come to the house, confiscate your car and take a part of your salary, but they cannot take away your knowledge or ability to learn new things.

When thinking about what you can invest in time, energy and other resources, give something that no one can take it from you - yourself.

So what is your favorite reason to invest in self-study?

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