

# 5 Reasons to use Nasal Rinse nose wash bottle for effective respiratory protection

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## Which Nasal Rinse washer bottle?



Nasal Rinse is a Vietnamese product, produced by the Vietnamese company, underwent rigorous testing to be licensed by the Ministry of Health. Thanks to being manufactured in Vietnam, the product has a much cheaper price than other imported products while ensuring quality as well as the warranty for consumers.

## 5 reasons to use Nasal Rinse nose wash bottle

Nasal Rinse washes are a product to help clean and protect the respiratory system very effectively, has been trusted by many consumers to use. Let's find out 5 reasons to use Nasal Rinse nose wash bottle to protect your respiratory system!

### Compact design, using safe materials

Nasal Rinse nasal wash kit has a compact vertical bottle design, made of flexible plastic Polyethylene, Acrylic butadiene styrene, Glycol, does not contain BPA, so extremely safe for users, can be used For children 6 months and older. The product does not need to use electricity, it is easy to clean after use and convenient to carry when traveling, on business trips. The spray nozzle is appropriately designed, closed nostrils and fits very well with all patients, so the cleaning solution can flow from nose to nose after squeezing without out.

### Check valve technology

One-way valve technology on Nasal Rinse includes: Liquid valve and air valve.

**Liquid valve** helps prevent liquid from flowing back into the bottle causing re-infection, creating large flow through the nose to help clean the mist form.



**The air valve** helps the bottle to resilient well when squeezed as well as the air pressure in the bottle helps flow continuously and wash more effectively.

### Clearly reduce respiratory disease symptoms

Use the Nasal Rinse nasal wash kit to suck your nose daily, after a while, you will see symptoms decrease significantly:

1. Reduce symptoms of allergic rhinitis.
2. Improve the symptoms of sinusitis.
3. Reduce the frequency of asthma attacks.
4. Relieve cough and nasal secretions.

5. Reduce nasal congestion, breathe easier.
6. Reduce the symptoms of sinus nose caused by cold.
7. Reduce dry nose.
8. Improve the smell, taste.
9. Reduce nape.
10. Reduce bad breath.
11. Rehabilitation after sinus nose surgery and radiation on head, neck, face.



Nasal Rinse is researched and manufactured based on Becnuli's Law and the Ventury effect is recognized by the council of doctors in the ear, nose, throat, nose and throat for the effect and effectiveness of cleaning toxic substances, air pollutants, pollen. , dirt, bacteria, mold, respiratory cleaning, improve and restore the ability of the nose to protect the sinus, eliminating the cause of disease.

### **Comes with a Nasopure salt mixture**

Combined with Nasal Rinse nose wash is a patented product in the United States, biocompatible and neutral pH. When mixed with water, a wash solution is proved to be better than a conventional brine solution.



Nasopure salt mixture has been shown to be effective in cleansing, anti-inflammatory, creating a refreshing feeling after washing and does not cause irritation thanks to 4 components:

1. **Deep sea salt rich in minerals:** proven to be better for the nasal mucosa than regular salt.
2. **Aloe:** moisturizes, soothes and prevents nosebleeds due to dry nose.
3. **NaHCO<sub>3</sub>** :buffering pH effect, producing CO<sub>2</sub> helps treat allergic nose better.
4. **Citric Acid / Sodium Citrate:** has a mild pH, antiseptic and anti-inflammatory effect.

In addition to cleansing and moisturizing the nose, the Nasal Rinse wash mixture also gives patients a topical effect, further protecting the nose by thinning and increasing the elimination of the remaining mucus.

### **Reasonable price, easy to use**

As a product manufactured in Vietnam, the price offered by the manufacturer for Nasal Rinse products is considered to be 'quite soft'. In less than VND 200,000, you can buy a genuine, convenient and safe Nasal Rinse nose wash.

Besides, Nasal Rinse washer bottle has a simple design, no need to charge or battery so it is easy to use. Just read through the one-time manual that you can master fluids of nasal wash with Nasal Rinse. The following is a guide to use Nasal Rinse, a nasal lavatory cleaner that clears mucus and relieves respiratory symptoms.

### **Instructions for using Nasal Rinse wash bottle**



**Step 1:**Wash your hands, remove the dust cap and open the lid of the jar.Put 1 sachet of washing mixture into the bottle.Check that the small water pipe is attached tightly to the inside of the tool cap.

**Step 2:**Add 240ml of clean water (purified water, bottled water, distilled water .) mixed with 1 packet of Nasopure nasal wash mixture to form isotonic solution.Close the lid and tighten the lid, paying attention to the position of the rubber gasket inside the lid to ensure a tight seal.Cover the tip of the nozzle with your index finger, the remaining fingers hug the jar and shake a few times to disperse the mixture.

**Step 3:**Head straight and lean slightly down the sink.Place the nozzle on one side of the nostril.Begin to breathe through your mouth (breathing only through your mouth, not talking, laughing, swallowing during washing).Use your hand to gently squeeze the solution from the bottle into the nose and flow to the other side, then release and squeeze again.Repeatedly squeezing and releasing the bottle at a rate of about 1 squeeze / second so that the fluid flows continuously through the nose, will help wash away effectively and create a feeling of relaxation.Do not squeeze the bottle too hard, too fast or squeeze and hold it for too long because it will not elastic and reduce the permeability / wash effect.

**Step 4:**After washing the first nose, breathe deeply through the mouth and then gently breathe through the nose to push out any remaining dirt, mucus and washing solution.Do not blow your nose too hard as it will cause damage or irritation of the mucosa.

**Step 5:**Repeat step 3 for the remaining nostrils after washing about half of the solution bottle or wash one bottle on each nostril if needed.

Hygiene and care for the respiratory system will help you to be in good health and comfortable spirit to complete all tasks of the day, especially in the cold winter.With the information about Nasal Rinse washer in the article, hopefully this will be a suggestion to help you take better care of yourself and your family.

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