

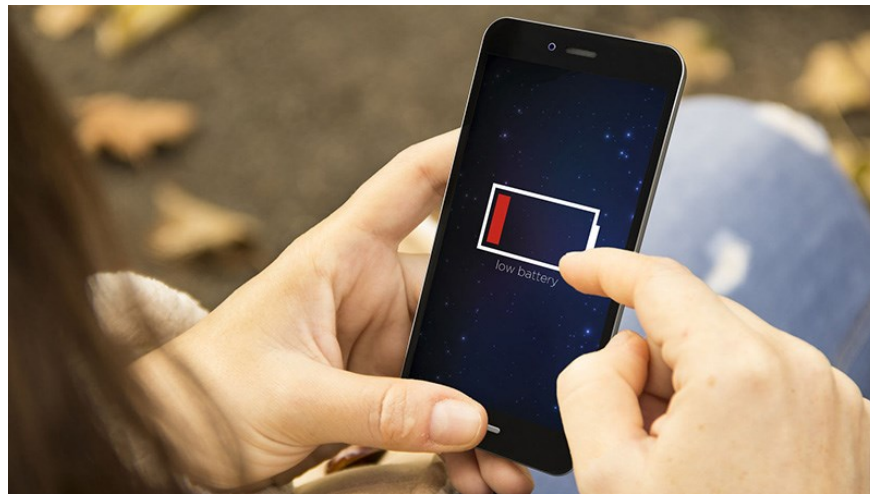
5 habits that cause harm to phones and laptops

Using such technology devices regularly, but do you know if your habits harm them? 'Durable in people' you should immediately give up the following habits to increase the life of your phone or computer.

Using smartphones and laptops for study, work and entertainment is an indispensable need for all of us today. Using such technology devices regularly, but do you know if your habits harm them? "Enduring in people", you should immediately give up the following habits to increase the life of your phone or computer .

1. Use the phone to 0% then charge

There are many users who think that charging while the phone is still battery is damaging the battery, so they usually use the battery to 0% before starting to recharge. However, this is a wrong habit and you must stop immediately if you do not want your mobile battery life to deteriorate.



Discharge of the battery can also cause chemical reactions inside the battery that reduce battery life and harmful electromagnetic waves when the battery is too low. If nothing is too urgent, please limit squeezing the battery out. You should actively charge when the capacity is down to about 30% is best.



2. Charge the battery for too long and do not unplug it (charge overnight)

Most smart phones on the market today use Lithium-ion batteries. The downside of this battery line is that it gets hot easily during charging. If you charge the phone for too long, the power is constantly being put in, the cooler temperature will still be hot, affecting the quality and durability of the internal system components.



In addition, current smartphone models are integrated with trickle charging technology when the battery is 100% full when you plug it in, even though the locked screen of the phone still has background tasks that consume power so the device is always in Charging and discharging, in the long run it shortens the life of your battery.

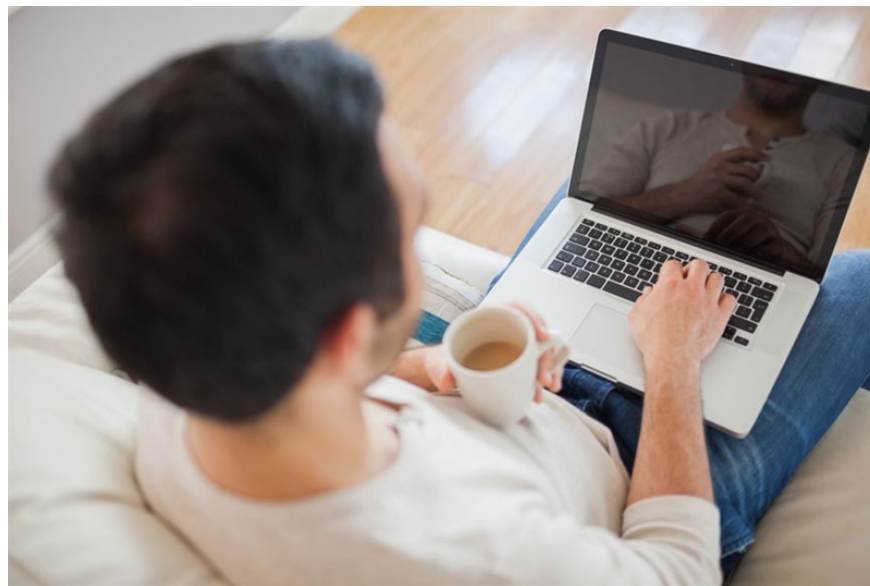
3. Charge while using the phone

This is an error that a lot of smartphone users encounter. If nothing is too urgent, let the device rest while charging. Using your phone to play games or surf the web while charging will cause the battery to easily bottle, so your battery life will decrease. How inconvenient a phone is, we can also imagine so please protect your battery with the smallest things.



4. Put the laptop on your lap or on the pillow when using it

Many of you have a habit of placing the laptop on your lap or on a pillow while using it for more convenience during your work and entertainment. However, this has accidentally harmed your device. When you put the computer on your lap or on a pillow it will hide the device ventilation holes and cause heat and damage to the battery. To avoid this situation and protect your machine, you use bracket or fan to cool the computer, lift it above the table.



5. Use the laptop outdoors for too long

Today notebook models are compactly designed to suit many different subjects and needs. You can take them anywhere and use them, without having to sit down like a traditional computer. However, you should be careful when using the laptop in the sun, because when your computer screen is exposed to long-term sunlight, it will affect the display color and internal components.



Besides, when you close the device, make sure that there is no object on the keyboard to avoid damaging the screen, and you can also use the keyboard pads to protect the keyboard completely. my laptop.

Above are 5 habits you should give up today to increase the life of your phone and computer. Please use electronic devices correctly so that you will not encounter inconvenience in using them. Thank you for following the post,

You finished reading the article "**5 habits that cause harm to phones and laptops**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.