

5 Do NOT let life become happy without any problems

We humans are so strange that everyone wants to enjoy the long and happy life, serenity for the whole life, but always engrossed in fighting, resentment against each other. If only each of us knew how to control our instincts, knowing to stop at the right time, then surely this life would not be sad, how beautiful it would be.

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Human life passes like no other dream, cannot last forever. Some people experience many waves and ups and downs, and when they close their eyes, they will understand all that the human view is just as fanciful as a smoke, it really does not hold anything in their hands.

So where is the true happiness of our people, how to get that happiness in this life? Happiness is sometimes difficult for this person, on the contrary it is very simple for others. To be happy people often say that "don't" do these things, happiness will come to us.

1. Have money not stingy



When people have a bit of money and status often forget people. Money is so highly regarded by humans that it makes people lose their love for each other. Capital is just an object outside the body, when people are born, there is no money, so when it is lost, money cannot follow, so why should it be considered as a treasure, an object of our separation? .

Just because of money, they are willing to trade everything, including their lives. See money as a miracle and can buy everything in this world. Human greed is bottomless, when there is money, they become more selfish to benefit themselves. In order to have money they are willing to exchange conscience, do evil things to harm the profiteers for themselves.

Money can not always buy everything, there are things that we can not always buy with money like serenity, human personality, dignity. Money cannot turn a small man into a military man, cannot turn a helpless, helpless person into a macho man.

2. There is love not to let go



This life is short, it is difficult to have a sincere love, so, if you have a sincere love, then respect it, because this life is so big, know when we can find ourselves such a sincere love.

People say: "Your wife in this life is the person you buried before." There is a verse that says: "Tu hundred new years share a boat. Tu thousand new years should be married." Already a grace, coming or going is decided by heaven. If Mr. To Nguyet has arranged for you a grace, please truly cherish it.

3. Angry do not leave in your heart



This life we ??do how to avoid sad or unhappy things. But do not so that "the natural gas pulse". Anger should not be left in the heart, if we keep it in our hearts for so long, resentment accumulates in our hearts and does not open up, we will be resentment, we can devastate the five organs, causing people to deplete. The toxic medicine destined for people is there.

However, do not let it make you lose your temper, obscure your mind, making you act according to your feelings. So, encountering things that make us angry, find people to clear it, reveal it all, so it will remove it faster, inner peace will return.

4. Hate to remember



The ancients said: "Oan oan interrelated, hatred forever", that is: resentment against each other, hatred for the rest of his life. Our life, if we let hatred weigh on our lives and then pass on from one generation to another, we humans will never be happy.

Instead of carrying hatred, we should learn to forgive, be tolerant, then all the hatred in this world may be removed, to find a peaceful place for the soul, to create blessings for posterity.

Ancient people talk about the morality of "Three Realities" to be long-lived, it is never to pay attention to three things: Do not care about the resentment, don't care about the age and don't care about the disease.

5. Be happy not to wait



The children and grandchildren are all blessed by their children and grandchildren, not too much for their descendants to turn themselves into horses. Should take advantage of time to enjoy life, not because children and grandchildren that work too hard, trying too hard is the most dangerous assassin of health.

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