

5 apps that help identify drugs and remind you to take your medicine on time

Instead of trying to remember to take each pill, use apps and services to remind you to do this.

Technology and advances in science are rapidly changing the field of medicine. But no matter what kind of disease can be treated or relieved by a person, it is only effective if you take the right amount of medicine at the right time. Instead of trying to remember to take each pill, use apps and services to remind you to do this.

Make sure you see your doctor and buy prescription drugs. Although there are safe ways to study online health problems, you should not take any medicine without consulting a medical professional. In fact, misuse of drugs can cause more serious problems than you think.

5 apps that help identify drugs and remind you to take your medicine on time

1. My Therapy (Android, iOS): The easiest medication tracking tool with history diary
2. MediSafe (Android, iOS): Keep track of your medication and others
3. Mango Health (Android, iOS): Earn points and rewards
4. ID My Pill (iOS): Determine the drug with a photo
5. Any.Do or Todoist (All platforms): The app reminds regularly

My Therapy (Android, iOS): The easiest medication tracking tool with history diary



Those who want a clean, gentle and simple application, should first consider My Therapy. It is the app for anyone who wants to add the name of a drug, check the measurement, experimental value, activity or symptoms.

You cannot add other information in My Therapy, such as what the pill looks like. There are other applications that can do that. My Therapy helps simplify the process much more, by displaying only the medication name and reminder notice. Continuing to take medicine and perform other types of health checks, the application will record all this data.

You can view your weekly history for free, but monthly and annual history requires a premium account. You can also add friends and doctors to the app, create reports via email and do more. But honestly, if you want all those features, the premium version of MediSafe might be a better choice for you. My Therapy is ideal as a free medicine reminder tool.

Download My Therapy for Android | iOS (Free).

MediSafe (Android, iOS): Keep track of your medication and others



The veteran tech journalist, David Pogue, has conducted the most extensive review of applications that remind people to take medicine. After checking 47 different applications, he thought MediSafe was the best choice.

MediSafe does everything right. It is very easy to use and set up. You can also add the shape and color of the pill, as well as receive reminders to take the medicine at the right time. You can even set a snooze reminder after an hour, in case you can't take the medication at the exact time in the prompt.

But the best part of MediSafe is that it allows you to add "dependents" and their medication dosage. So if your loved ones often forget to take the medicine on time, create a profile for them and add their schedule. You can even install MediSafe on their phones and link both applications (yours and your relatives), so you can set up reminders and activate on both phones.

Some MediSafe features are only available in the premium version, and if you are responsible for taking medicine for the whole family, it will be worth it. Anyhow, try the free version first.

Download MediSafe for Android | iOS (Free).

Mango Health (Android, iOS): Earn points and rewards



Gamification is the process of trying to lead your daily life as if it were a game. So, you will earn bonus points if done right and lose points if you mess things up. Gamification can change your life in a better way, so Mango Health is applying it to the process of taking medication on time.

When you set up and add your own medicine, Mango Health will send reminders like any other application. Confirm and add bonus points, every time you take your medicine on time or even make other healthy habits, such as checking your blood pressure, drinking water, etc. You also get a neat summary of all tasks. what you have been or haven't done. The points you earn can be converted into gift cards or donated to charities. These are just some of the features that make Mango Health one of the best medical reminder tools for iPhone and Apple Watch.

For users in the US, Mango Health also warns, when users add two drugs that can react to each other. But this feature only works with US drugs, so keep this in mind.

Download Mango Health for Android | iOS (Free).

ID My Pill (iOS): Determine the drug with a photo



Don't you enjoy the technology that makes your life miraculously easier? If you have a pill that you can't identify, you don't need to go to the pharmacy and ask the pharmacist. Just point the phone camera on it and you can know exactly what medicine it is.

My ID is exactly what you expect. Put a tablet on an empty surface, take pictures with the application, and it will give you a few names that may be right for that tablet. The smart app basically determines the shape, color, and imprint on the tablet, and then combines it with a database. You will not always get 100% accurate results, but you may narrow the scope more than usual.

This is one of the easiest ways to identify different drugs, especially when most websites allow you to enter a description, shape and color of the medicine. Unfortunately, none of the tested Android apps can pass this test, so this feature is only for iPhone users.

Download ID My Pill for iOS (Free).

Any.Do or Todoist (All platforms): The app reminds regularly



Specialized drug tracking application is great, but they are completely dependent on your phone. It is difficult to find any application available on the phone as well as the computer. Mostly, some of them offer email reminders, but you can imagine the level of nuisance they cause for your inbox, right?

That's why you should still consider using a simple old reminder tool, like **Any.Do** or **Todoist**. When you're at work and putting your phone in silent mode, it's great to get a quick notification about taking medication in Google Chrome or a desktop application.



Use any application you want, but make sure the app works on all platforms you use. You will want to receive a notification when it is time to take the medicine and do not miss any medicine to take, even if the phone is not in hand.

Like everything else, you can now buy drugs online and they will be taken to your home. You do not need to go to the pharmacist. Although convenient, this is quite risky, so consider carefully.

The above is the app that helps you keep track of your medication quickly and conveniently. Have you tried any of these applications? Do you find them useful? Where is your favorite app? Leave comments in the comment section below!

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