

# 4 lessons on life skills that adults can learn from young children

Love to discover, dream, be brave and never fail - these are great things you can learn from young children.

Many people find it difficult to regain motivation to achieve their personal or work goals. They are passionate about finding inspiration from successful people, people who experience or attend events with the desire to meet someone who can inspire them.

However, the truth is, they have the resources to motivate themselves without knowing it. It is right before the eyes, appearing daily and always full of life. Only things, a little delicate and skillful, you can feel the tremendous energy.

No stranger, "precious" property is your children - innocent, innocent and mischievous babies.

While we try to teach our children about life, they teach us the meaning of life - Angela Schwindt.

According to Spotify founder and founder Erik Wilson, children are a source of motivation that can help parents pursue and conquer their goals. On Addicted2Success, Wilson also had an article sharing 4 lessons that adults can learn from children for reference.

## 1. Do not stop exploring

All children are artists. But the problem is how to remain an adult artist - Pablo Picasso.

Children have a very strange point that is never missing questions to ask adults, feeling like they have been "programmed" in the beginning of this question and just waiting for the opportunity to ask! "*Why does the bird fly?*", "*Why is seawater salty?*", "*Why is the flower red?*". "Why" questions never go away and they will still wonder until they get the most "satisfactory" answer.



The discovery seems to be our instincts when we are born and when we grow up we will fade away without training. Do you find that when you go to school, everyone loves to learn but when you go to work, get married . it seems that we are lazy and always use "busy", "lack of time" to sophistication. for that laziness.

Children never stop exploring and that is something that, if noticed, you will always see in your children.

Maintaining an attitude of discovery, you not only know more but also open up many new opportunities and ways to reach out to things you never knew.

When you stop exploring, stop asking questions, stop thinking about "why", you reduce your curiosity about the world yourself, you begin to limit your potential and also lose your chances. precious Assembly ahead.

## **2. Not afraid to make mistakes**

When you look at a child trying to do something that they try for the first time, you will see that the child is very persistent.



He may try tying his shoes hundreds of times and doing extremely "boring" things (for you). However, they will continue to do it over and over again, trying it over and over again until they can do it regardless of how many times they failed.

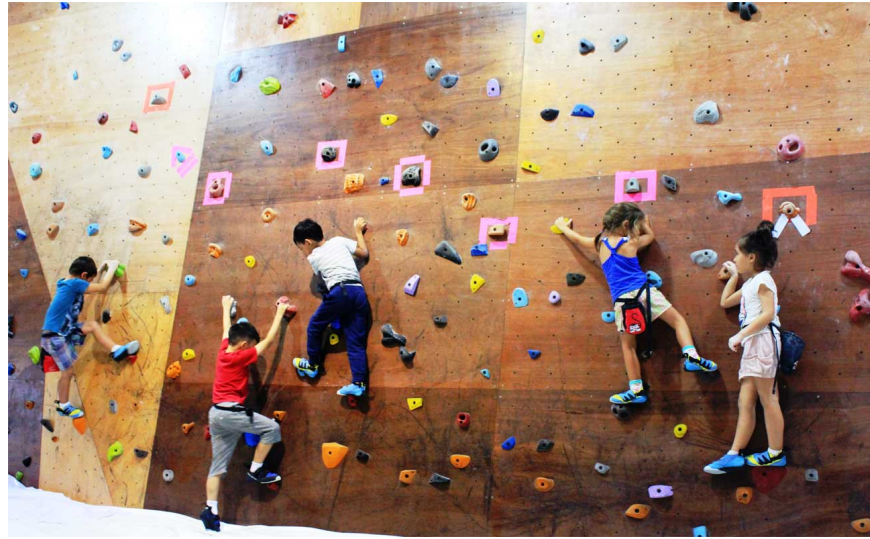
You may say that it is because children are not aware of what they are trying, not under the pressure of their surroundings, and do not understand the feeling of failure. However, what you and I cannot deny is that children never let mistakes hold back their "success" craving.

If adults are also open to failure in the way of children, we will have the opportunity to achieve even more success in both personal and career life.

### **3. Courage**

Bravery is what we all need - Pablo Picasso.

Children are willing to jump into a deep hole or climb a roof even though they do not know how to climb up or down. Despite their grandparents, their parents were heart-wrenching, but they still did it without caring much about the consequences.



You can call it recklessness in the unconscious but I call it courage.

Never fear what hasn't happened. Be brave to pursue your goals and even if you don't have the guts, you just need to pretend to have this quality. It will give you more motivation to move forward.

## 4. Not afraid of big dreams

Dreaming is the first step for us to start making something bigger. However, many adults do not dare to think of the so-called "dreams" because they are afraid of not being able to make or fear those around them "shocked" about themselves.



Children are never afraid of what they want. If you don't believe it, try asking a child who they want to be and then you'll have to say *"how can they dream so big? Even I don't dare to think about it?"*

Princess, astronaut, doctor, singer, female president or a famous player . Will you - an adult have a dream for you?

Don't be shy about a bigger dream, because you never know if you can do it when you haven't tried to achieve it.

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