

## 3 steps to choose jeans that fit without trying

Please refer to the 3 simple steps to choose the right jeans without having to try!

1. 17 ideas of reusing super creative plastic bottles you may not know
2. 13 tips are extremely useful in modern life today
3. 10 extremely useful money-saving tips that many people often overlook

Of course the first thing to buy pants is to know which pants fit you right? But if you are a bit lazy, is the overcrowded fitting room or store that is not convenient to try?

We have found **3 simple ways to make it easy to choose the right jeans and avoid going to the fitting room again** . In the end, you'll find a pair of jeans that fit so much that you don't have to try it out every time you buy pants. Invite you to consult!

### Step 1: Choose the waist size



To choose jeans with size suitable for body size, **use your hands to hold the 2 ends of the waistband and wrap it around your neck** . If the two ends of the waistband can touch each other, that pants will fit you.

1. **Note** : The ends of the belts do not necessarily have to touch each other, but they should easily wrap around your neck.

## **Step 2: Measure the width of the abdomen**



To find the pants that fit the belly width, do the following. **Bend your elbows, your hands clenched and slid into the inside of your pants** . If the length of the arm fits into the back of the pants, plus the waistband of the pants fits the neck, it is not a hesitation, it certainly fits your belly.

1. **Note** : This approach is suitable for most types of jeans today but with high pants, this way will not be 100% accurate.

### **Step 3: Check the fit of the pants**



To check the length of pants, very simple. You just need to **hold the 2 ends of the pants and pull 2 ??pants to the sides according to the length of the arm span** . The stretched and long pants right with your armrest are

moderate.

1. **Note** : The lower part of the pants must be placed just below the chin.

**How to make sure your legs fit into your jeans?**



**Hold your hand and pierce your pants. Your fist fits into the bear's bearer** . If the fist is fit in the pants without being cramped and tight, the pants will be very easy to wear.

No need to try and still choose a " *standard and fit* " jeans!



See also: 10 effective solutions to stop snoring and improve your sleep

Having fun!

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