

3 Good postpartum abdomen belts get back to a slim waist

Made from high quality materials, cheap resale prices, top 3 models of lower belly belts are chosen by many women to regain shape after birth.

Abdomen is one of the effective methods to help women regain shape after birth. Please refer to the top 3 models of the best **belly belt** today and choose for yourself the right product.

content

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Top 3 best postpartum abdomen belts today

1. Shaped belly abdomen reduces size and prevents lumpy skin Lanaform Mass & Slim Belt LA013004

Mass & Slim Belt LA013004 is a belly belt made by the brand Lanaform (Belgium). Materials used to produce this product include Elastane, Polyester and Polyamide. Mass & Slim Belt LA013004 has a fairly light weight of only 143g with 4 sizes L, M, S and XL. Reference price: VND 1,450,000.

Highlights

1. Help increase blood circulation, reduce wrinkles, reduce ring 2 thanks to thousands of thermo-stone crystals Tourmaline - stones that can generate electricity, negative ion and infrared radiation for good health
2. Special material has the ability to release gas, creating a comfortable feeling when using
3. Easy to use
4. Remarkably effective after only 30 days



Shaped belly belt Lanaform Mass & Slim Belt LA013004

2. Lumbar abdomen for postpartum mother size L Kuku S7509

Kuku S7509 is a product of Kuku brand, Taiwan. This shaped gene is made of 100% Polyester mesh fabric with high elasticity and ensures user safety. Having Kuku S7509 on hand, the women will soon regain the slim, seductive posture quickly. Currently the product is being sold for 360,000 VND. (In addition to size L, this product line also has XL size, size M with the corresponding price of VND 350,000 and VND 340,000. Refer here).



Abdominal girdle for postpartum mother size L Kuku S7509

3. Lanaform Starlette LA050501 belly shape size reduction

Lanaform Starlette LA050501 is made from Polyester and Elastane fabrics with high elasticity. Thus, when worn, users will not feel uncomfortable or secretive. Products currently have 4 sizes (S, M, L, XL) and 2 colors (black, beige). Especially with a compact design and weighing only 116g, Lanaform Starlette LA050501 can be easily hidden under clothing without fear of being exposed. Reference price: VND 790,000.



Instructions for proper use of postpartum abdomen belt

1. Do not use abdomen immediately after birth, but wait about 1-2 months. Especially for those who have a caesarean section, they need to wait for the body to fully recover to cover the abdomen.
2. Do not wear a belly belt too long at the beginning. In the first 20 days, you should only tighten your belly for 1 hour / day, then gradually increase the use time for your body to gradually adapt.
3. The maximum time of belly tightening should only be 3 - 4 hours a day
4. Moderate belly tightening, not too tight
5. Do not use a belly belt at night
6. Build a healthy lifestyle to increase efficiency

Please choose a suitable belly belt for perfect body after birth and do not forget the notes we shared. Please visit META.vn for advice and order quality products, cheap prices.

Explore more:

1. 7 types of anti-inflammatory foods and reduce belly fat effectively
2. 10 drinks before going to bed help reduce belly fat quickly
3. Is abdominal fat removal machine effective?

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