

# 26 things you need to master to be able to 'survive' in modern life

Conquering these skills will help you master your career and life easier.

Skills are one of the very important things that we need to train every day. At the same time, is this also a tool to distinguish an adult? Whether there are enough qualities to be recruited, considering a new position, rewarding, and more importantly, having the necessary skills will help you easily master your life and achieve what you expect. want.

Over time, the most important and most important skills will be changed due to the development of society, economy, views, personality, human needs and living environment.

Here are the top 26 skills that the modern world requires young people to practice now to be able to "survive".

## 1. Master the ability to look directly at the truth

Mastering this skill will help your soul relax. Although it must be admitted that it is not easy to remove unworthy worries, it will make two people in a relationship able to understand each other better, because both have no preconceptions.

Let's face the problem, share it and solve it. The secret here is fun.

## 2. Do not cause personal conflicts

Whenever we argue with someone, we often listen with the purpose of responding rather than really trying to understand the opponent's point of view.

We try to counteract by giving past facts and allowing prejudices to overwhelm our judgment. In addition, instead of using persuasive techniques, many people choose to take action to defeat others.

## 3. Skill requires someone to help you

Asking someone for help is not easy to learn and do because in fact, nobody likes to ask. Most of us do not want to be considered weak.

However, a recent study conducted at Harvard Business School said that **asking others to help me will help each person to score "plus points" in the eyes of others.** When it comes to someone's support, they will assume that you appreciate their intelligence, their professional experience and that will make them more fond of

you.

## 4. Consistent ability

Whether you are trying a new exercise routine, college prep or working on an important project, consistency is one of the vital factors for any ability to succeed.



People often stop and rest when they have achieved certain successes. However, to be able to achieve the so-called "top", you have to work harder and more persistently.

## 5. Self motivation for yourself

In the end, what others think of you is not as important as what you think of yourself. In addition, to be able to build trust in yourself when no one trusts you, it also requires a sufficiently large amount of time.

Contrary to the ability to motivate yourself is negative thinking. Therefore, if you do not train this skill for yourself, then over time, you will be overwhelmed by anxiety and boredom, making yourself even more inferior.

## 6. Know when to keep order

A lot of cases are just because we are so angry that we have said words that are not worth talking about or have actions that hurt others. Especially, when the social network "crowded", posting some provocative, disparaging, angry lines . became "fatal knife" that could "kill" the heart of a very single person simple.

Therefore, train yourself the ability to remain silent in a negative state to maintain your relationships.

## 7. Clearly express what you think and feel

Speaking is also something to learn. It's not just about talking to each other everyday, but speaking skills follow your life.

It is very important to learn to speak with a short, concise and true sentence. It not only helps you maintain your relationship, impresses the opposite, but also gives you the opportunity to explore other people's thoughts about your ideas.

## 8. "Mimic" good people

Like Pablo Picasso once said, "*Good artists copy. And excellent artists steal.*" If you want to succeed, you must learn to steal, simulate or imitate other people's ideas.

Simulation is a process of deep understanding and visualization of what experts do. Not literally stealing or imitating but you have to **learn, capture them and create your own products.**

So go find a person who is better than you, be better than you and hold on to them.

## 9. Self-discipline

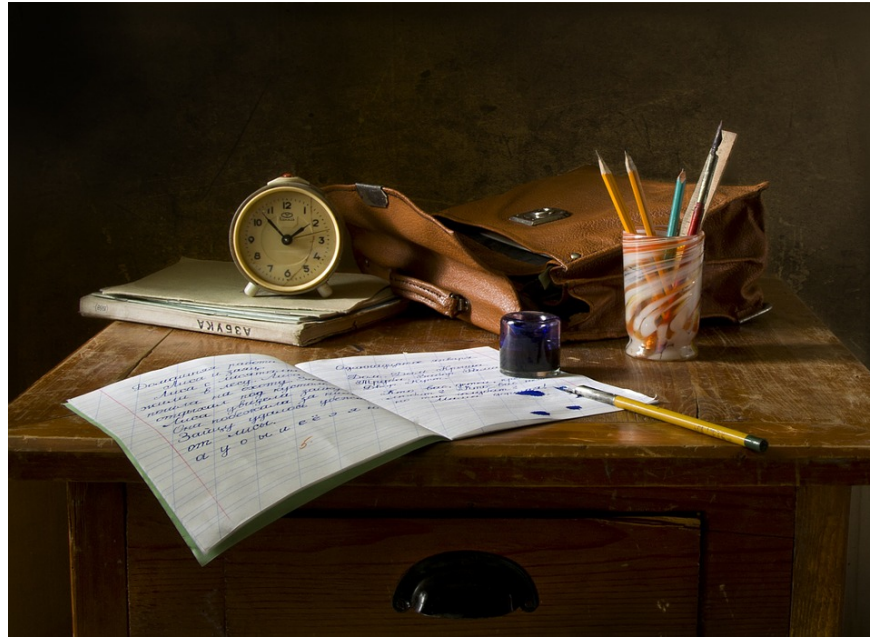
If you have formed a disciplined lifestyle, self-discipline and perseverance, you can easily conquer any skill or habit.

Do you see that every time we intend to do something, a voice in our heads echoes that "*to do tomorrow*", "*I can't do it*" or "*not necessary*". . If there is an iron discipline, this negative voice cannot be heard or overwhelmed by your determination.

## 10. Understand what you don't know

Einstein once said that "*the difference between genius and ignorant is that genius is always limited*".

Good people really know that they don't know everything and understand what they know is a skill that many people today don't have.



Why is it a skill? Simply because in modern life, there are so many things that we can easily find on the Internet and young people, especially 8x, 9x - who were born in the age of information technology boom. often think that he is the "master" of digital life.

Know who you are, know what you need to improve, what to do and be honest about things you don't know.

## **11. Prestige**

You can go blank, not smart, goofy and not look attractive but still achieve success if you have the ability to make others really want to help you.

Prestigious people are easy to identify. They are people you just want to be near. They make other people feel good about them, always present every minute of the conversation and have the ability to create incredible trust.

## **12. The ability to accept and move forward**

Accepting life is not fair, so it's not always the way you want it to be.

Not everyone in the world, including loved ones, must behave at your disposal.

You cannot bring happiness to everyone and try to please them all. You have to accept it then there will be times when you will hurt someone.

You must accept that fear does not bring anything good. Happiness is in your hands and you have to create it.

## **13. Think differently**

Do something better than others even if it's the smallest or most trivial thing.

Doing what 100 million people do can be important, but it will not be valuable because you can create something special or more creative from something that anyone can do.

## **14. Sympathy and sharing**

**We all have a "demon" that exists in the soul.** The difference is that someone can tame it, others don't.



What you need to do is understand, accept the truth and start sympathizing with others. Everyone will sometimes make mistakes, so do you.

## **15. Turn obstacles into opportunities**

On the road to achieving our goals, we all face obstacles. The weak are crushed, the strong survive, and the great turn the obstacle into opportunity.

The important thing is not what is happening but how you react to it.

In every challenge, never lose faith in yourself.

## **16. Quick reading skills**

Tony Robbins learns how to speed up reading by reading a book / day. Warren Buffet and Charlie Munger spend 80% of their time each day reading. 86% of the rich like reading.

So, you also need to practice reading skills now. But that important thing must be fast reading skills and grasping the main ideas.

## **17. Make others smile**

Making others happy and unharmed is very difficult to maintain. Because inevitably a few times we lose control.

However, if you conquer this great skill, you can master all situations.

## **18. Mastering your own sleep**

Sleep is a very important part of your success and true happiness. Good sleep will help you wake up more alertly, your body will be healthier, more energy-efficient and work much more efficiently.

## **19. Know empathy**

You can be the most disciplined, smartest, even richest person, but if you don't care or sympathize with others, you're no different from someone who has a mental illness.

In a modern business environment, empathy is often overlooked, not only between management and employees, but also between employees and other employees.

Empathy helps a team to work together to be motivated by each other, motivating employees to strive for something bigger than themselves.

## **20. Time management**

Effective time management is one of the most highly regarded skills in the business world. Currently there are many methods developed so it is important that you find a way to suit your own and try to maintain it.

The hardest thing to learn is how to plan, not plan. You will have to learn how to create a list of things to do and make a timetable for them. Once it is done, the follow-up will be much simpler.

## **21. Listen**

When you are silent, you will hear more and better understand what others are saying.

## **22. Take care of yourself first**

It is not possible to do this and it can be said that the skill must be lifelong learning!

After all, no one cares about your life and really loves you with yourself. So, don't "dip your nose" into other people's stories when it's not needed.

## **23. No judgment**

One of the most important things in this life is relationships. One of the most important factors in building relationships is trust and one of the easiest ways to lose faith is to say bad things behind or judge unfounded.

## 24. Mastering your own thoughts



Our actions are the result of our own thoughts. So, in order for actions to succeed, your thoughts must always be fast and mature.

## 25. Live for the present

According to happy researcher Matt Killingsworth, people are often not good at paying attention to the present and things right away. He said that 47% of the time during the day we often did not pay full attention to what we were doing right then.

This is the origin of a life of unhappiness. Because happiness is not far away but it is at the present moment and the small things around you have accidentally let them go.

## 26. Presentation skills in public

Crowd showers are a difficult skill for many people, including the financier Warren Buffett who said he was terrified to "vomit" when he had to present to a group of people. The investment legend once told his biographer Alice Schroeder: *"I have arranged my life so that I never have to say anything."*

To overcome that fear, this billionaire had to resort to the Dale Carnegie lecture course (author of Dac Nhan Tam book) in combination with numerous exercises before his classmates.

Public speaking is an extremely important skill if you want to go further in your career. So, practice it now.

You finished reading the article "**26 things you need to master to be able to 'survive' in modern life**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.