

20 things 'Paradox' but it is 'Truth' in today's life!

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Very few of us know that some important truths in life stem from the core of paradox. It is difficult to determine because their appearance is too contradictory and only the deeper experiences or perspectives can be found underneath the contradictions that are true truths. In this article, TipsMake.com would like to share with you **20 paradoxes but it is the truth in daily life** that we can not deny.

1. The more you hate a point in another, it means you are denying it within yourself!

Psychologist Carl Jung said that " *if you feel uncomfortable with the character of others, it means that you are rejecting the reflection in yourself* " or according to psychiatrist Freud that's called " *reflection* ". For example, a woman who feels relieved about her weight will call someone else fat or a man who feels insecure about his money will criticize others about how to spend their money and make money. .



2. If you don't trust others, no one will believe you!

People **who feel insecure about believing in others** in a certain way is the cause of **broken relationships** (both in terms of work, business or family life .) It is called " *Good Will Hunting* " syndrome (feeling my life is difficult, I am the main character and facing more difficulties, while others are minor characters, they must also support we solve the difficulties of our life). The worst when some people want to protect themselves from being

hurt by " *hurting others first* "! (This is extremely bad)



3. The more you try to impress, the less impression you get from others!



4. The more you lose, the higher your chances of success (Failure is the mother of success)!

After all, **geniuses** like Edison took 10 thousand attempts before creating a light bulb or athlete Michael Jordan was kicked out of the high school basketball team before becoming famous. Therefore, success comes from progress at every failure and that is not simple to achieve.



5. The more scary, the more you should do it!

Of course there are exceptions like that that threaten your life or health. For example, talking to a cute person, an important person to find a job, speaking in public, forming a company, telling someone truthfully . All these things are frightening but this is all is what you should do if you want yourself or your life to be better.

6. The more you are afraid of death, the less you enjoy life!

This is one of my favorite quotes: "*Life is proportional to the courage of each person .*"

7. The more you learn, the more you find yourself unaware!

According to Socrates - an ancient Greek philosopher: " **Every time I know something more, our thinking creates more questions than answers .** "

8. The less you care about others, the less you care about yourself!

This can go against everyone's perceptions but most of us choose **to treat people the way they treat us** . It may not be obvious but because you are cruel to those around you, it means being cruel to yourself.

9. The more you try to connect, the more lonely you feel!

Although in today's modern life, we often think we have a lot of relationships through social networks and smartphones, but let's look around? You will be startled because no one is there!**Loneliness and depression** in developed countries are increasing alarmingly.

10. The more you are afraid of failure, the easier it will be to fail!

11. The more you try to achieve something, the harder it feels!

When the more we try to do something, it will usually make it more difficult. For example: "For years, you have tried to learn how to talk to someone, you spend a lot of time to learn how to start a conversation but don't know that just saying "hello "and a few sentences. Frequently asked questions have reached 90% of the possibility of successful conversation ". So think more openly, do what your instincts tell you!

12. The more you have, the less you want it!

Most people want me to be number one, what I own is unique. But that comes from **selfishness** .



13. You can be with someone but it doesn't mean to be with them forever!

In fact, the best way to find a relationship is to invest in yourself more. (Depending on the circumstances and circumstances, if your current relationship is too good, then there's no need to find someone else to do it right!)

14. Honesty about your mistakes is a way to be perfect in the eyes of others!

You are not a perfect person in every way and everyone can make a mistake. So the best way is always to be honest in life to have good and stable relationships.



15. The more you try to grab someone, the more they find a way to leave you!

When actions or emotions become obligations, do you think it still makes sense in a relationship?

16. The more you try to argue with someone, the harder it is to convince them!

The problem lies in yourself and the perspective of each person, you cannot force others to listen to your wishes whether it is right or wrong. Remember " *when arguing about a problem, whether it's a job, a friend, a family, that means someone's view is being violated .*" If you really need to argue, you have to make sure that both have actually removed the self aside and accepted each other's own views.



17. The more choices you have, the harder it is to choose and to be more satisfied!

Just say it simply: " *When you buy a phone, usually you will choose affordable products and support many interesting features. However, the counselor introduced you too much. products in the same segment affect your decision and satisfaction about that product* ".

18. The more you think you are right, the more you appear to be ignorant!

The correlation between the degree of acceptance and acceptance of each person's point of view is different. According to philosopher Bertrand Russell once said: " *The problem with the world is that stupid people are always certain and smart people are always suspicious* ."

19. The only thing you can be sure of is that nothing is certain.

20. The only thing that is immutable is " *change* "!

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