

20 invaluable things to be successful without you even thinking about

Please join us to consult 20 invaluable things to be successful without you even thinking about in the article below!

1. Simple way to keep calm even when things get worse
2. 5 helpful tips to help you simplify your life from today
3. 7 helpful tips to keep your life balanced and happy despite being busy

You are not a trivial person and you know it.

You are talented, intelligent, outstanding when necessary. You are a person with passion and determination. Everyone is impressed by you.

You always know how to get things done and are not afraid of hardships. But why success always avoids you?

That does not mean you are incompetent. But why have you never felt really successful yourself. You see people seem to be happy all the time, but there seems to be something wrong with your life. Moreover, it makes you feel exhausted when you imagine yourself like that for 40 years.

So what are you missing yourself? Did you ignore what happened right before your eyes? Could the following key things open the door to success that you have spent a lot of time to conquer?

Please join us to consult **20 invaluable things to be successful without you even thinking about** in the article below!

1. You don't give people what they need?



In fact, there is a fairly simple truth: '*Successful people always meet what people around them want*'.

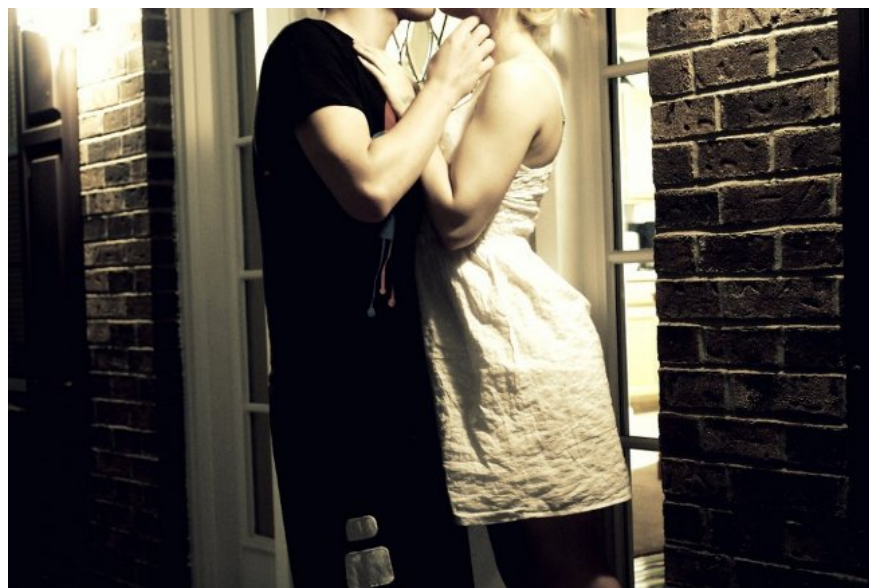
Everything that people want is only encapsulated in the following 6 things :

1. Feeling safe and easy to guess;
2. Feeling happy and adventurous;
3. Sense of meaning and value;
4. Feelings are connected and accepted
5. Feeling of learning and growing;
6. Feelings are devoted and given away.

If you do not meet one of the above or you are not effective enough to achieve them, success can avoid you.

Tip: Make sure you meet what others need.

2. Underestimate yourself



I - the article author once had a memorable conversation with an amazingly high-paying investment consultant. I asked him: ' *What can help you have the courage to ask for such a great remuneration?* ' .

And the answer I received was: ' *Companies come to me to solve problems that they themselves cannot solve. I find out who is the representative for that company - who is sitting in the same room as me. Then I will find the highest paid person in this room. And after all, I only ask for remuneration greater than 20% .*

' *And so they paid you?* ' .

' *What's the choice here? Hold money or solve problems. If I wanted to solve the problem, the most powerful person in this room had to 'buy' what I said. In this life, money goes hand in hand with prestige. Those who make more money will probably hold a stronger reputation. When everyone in the room trusted me, that was when we could end the round of controversy and start working on things .* ' .

Can you solve those problems? If so, you will never feel depressed.

Secret: Knowing requires rewarding with the time, skill and value you create.

3. Are you stuck in a vicious circle?



Confession: I am a successful conqueror. That passion almost took my whole life and of course took away my beautiful years as well.

While trying to prove how special and important I was, I threw myself into work and meetings, thinking that I was smart to be able to solve things perfectly.

I live two different lives. When nobody saw, I collapsed in bed. After 22 hours of sleep, I woke up to find something to remove my stomach and crawled back into bed. I am not a sleeping princess in the forest, I am an ugly princess. I feel like a loser and deceived. I feel like I can't do anything good.

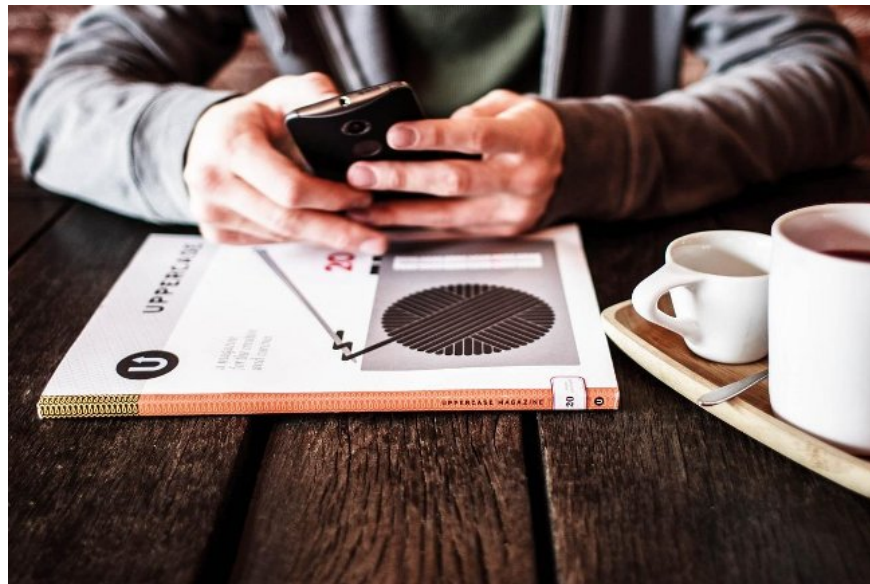
Then I went to a therapist who helped me realize what was happening. I think I have depression but she shows me it comes from my misconceptions about success. Achievement made me collapse and my body was screaming for me to slow down. And I ignore it, so there's no other way but to stop it by itself.

I had to "train" the brain so that it could function normally, stop overwork and over-rest. I had to learn to walk on the beach and live like a normal person.

Achievements only bring a sense of success when you accept to work without getting involved in proving yourself, but you achieve success because you deserve it.

Recipes: Stay away from the vicious circle to train the level of activity appropriate for your health.

4. Are you trying to satisfy someone's dream?



You used to force yourself to become an astronaut like your mother's dream; while your dream is to bake delicious French macarons?

Has Kool-Aid ever made you feel good enough? That you make not much money, not enough money and looks not stylish enough?

You will never feel successful if you run on the definition of success of others . Ask yourself: ' What do I really want? What do I need to do, see, experience and learn to succeed, despite what others think of me? '

Tip: Define your own success.

5. Join a game where you don't have a chance to win



What do the following statements have in common?

1. *' I will succeed when my students get a benchmark on the test ' .*
2. *' I will succeed if I find the woman I want to marry ' .*
3. *' I will succeed if I am appointed to a top university ' .*

These statements are successfully tied to a **result that is beyond their control** , they are not based on effort or experience.

This is a simple improvement for each person:

1. *' I will succeed if I can teach my students to use their system tools to support their learning ' .*
2. *' I will succeed when I see myself as a sincere man yearning for a romantic relationship with a special woman of my life ' .*
3. *' I will succeed if I persistently research for my own passion and desire for knowledge ' .*

Tip: Let success depend on yourself, not anyone else.

6. You cannot identify success?



What if you have reached success without your knowledge? That happens when you confuse your beliefs about success.

Success does not mean that all problems disappear, life will become easy or things that will make you panic will not come back to bother you anymore.

Success means achieving your goals.

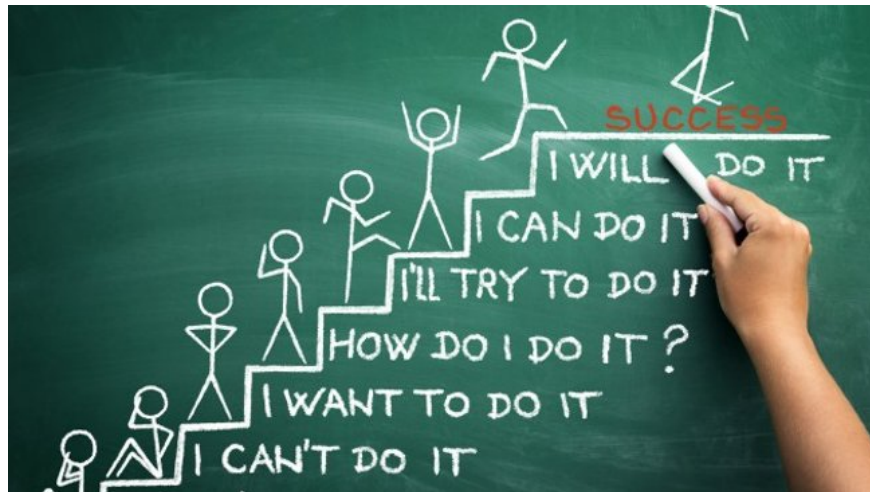
The Dharma says:

'Before being enlightened, add firewood and water. After being enlightened, carry water and fuel wood.'

That means that when the goal is achieved, life continues to move forward.

Tip: Celebrate your success, big or small.

7. Are you chasing your tail?



You have a lot of directions but nowhere. You know what you need and how to act, but the method of implementation is not correct.

Find someone who can give you useful advice . Everyone knows the dog is chasing its tail except it.

Stop action. Find out what you did wrong. Find a guide and follow the suggested path.

Tip: Follow the plan that has proven to be effective.

8. Are you pursuing something "moving"?



When you start, you feel so excited that jumping at every opportunity can lead you to success.

This leads you to a situation like chasing a goose to the point of exhausting energy, leaving only overwhelming frustration.

Besides, when it comes to success, many people will knock on your door and provide opportunities that can lead you off the original trajectory, leaving you in a position to lose. If both of these situations are familiar to you, you should go back to the first plan you created.

Consider what you want to do . Do some research and ask people who have succeeded in what you want to do. Look for opportunities to match goals and politely reject the rest.

Secret: Clarify your task and evaluate the opportunities that may accompany it.

9. Afraid to say 'No'



Start the day with a list of things to do until the phone rings. Suddenly, your working day is deflected because someone needs your help. You accept to take clothes, make birthday cakes and read the articles that are afraid to say " No " to refuse.

Dr. **Brene Brown** advises: ' *Choose discomfort; instead of hate* . ' Brene Brown wants to say, you may feel uncomfortable when saying " *I can't help you*" , but it will save you from the feeling of hatred, stress and failure afterwards.

If there is time and energy for those things, accept it when you can. However, **do not do it just because you feel guilty.**

Tip: Put your priorities first.

10. Are you trying to remember everything?



Are you going to continue living without " *memorization paper* "?

Maybe this is simple but extremely important. It is so simple that you can forget. Did you forget anything else?

Set up a system to write everything out and organize them. Currently there are many applications that can be used for phones like Evernote or just do the traditional way: bring a small notebook with you. These memos can be used to write books about your successful life.

Tip: Write down your success story.

11. Try to do everything yourself



" *Okay, I'll do it .*" This is an unfortunate mantra.

You think people think you can't do it or you can make it easier than others. You spend time doing stupid things that should be someone else's. **As a result, you don't have the time and energy to take the final steps to where you want to go .**

Success is very close, so you can't see it when " *busy sealing envelopes* " .

Tip: Don't be a face, ask for help from everyone around you.

12. Try to create something unique



You are pursuing a dream by an inspiring expert. You read books, go to seminars and get a certificate. You even set up your own website and print your own business card. But you can't do anything yourself. You are obsessed with thinking that you have to find something unique.

' Everything is there, I don't have anything special to say '.

Try to guess, everything has already been mentioned and you have nothing good to say.

Speak it out. If it is true, it is still there. **You have the right to speak out like anyone** . Even if it is not true, it is still your truth. You won't get anything from someone to add your name.

Imagine yourself as a paper cutter, taking a little something and arranging it into something of your own. Let others see the way you see the world that no one can do like you.

Tip: Don't be ashamed, just imitate the way professionals do it.

13. Do not act decisively



The idea is nothing to you. You have more initiatives and plans than **Rube Goldberg** cartoonist.

However, the problem is that you do not act, but if it is, it is only a moment.

Perseverance is the key to your success . You need to bring yourself into the daily framework. Or make friends with anyone who knows how to act but lacks ideas.

No matter who is acting, make it a habit by acting every day.

Tip: Act intentionally every day.

14. Are you getting more work than you?



Have you ever had to complete 3 important deadlines but still watch Dexter movies? Work pressure makes you want to escape.

Just like your room - a mess and mom forbid you to go out until the cleaning is over. You ask yourself how many cranky Saturdays you will have in your home, as if it will continue without end.

Luckily my mother never did that. Instead, she led me into the room and said, " *Clean up every corner of the room, don't think about everything, just settle every single thing until it's done.* "

Try it. Divide the work into small pieces and slowly complete them.

Tip: Split the plan into multiple tasks so you can complete them without feeling pressure.

15. Working to overcome disadvantages instead of your forte



When things become so easy, we often feel disdainful. You think: " *Maybe everyone can do it simply?* ".

If you think like that, you're wrong. It is talent and they are really precious. **When something comes to you easily, accept it humbly. Don't boast, brag.** Take advantage of your abilities, you will achieve greater success.

Can you succeed if you compete with someone as well as you? Can you create more value when you are free to do your forte?

Recipes: Cherish your talents to improve your productivity.

16. Are you missing the opportunity to find your teammates?



Are you a dentist watching your colleague as an enemy? You think you will "take down" those who wear white clothes and attract their customers?

What do you think, instead of competition, link with them, a cooperative strategy is better than sharing the same damage. Just like bicycle athletes often team up, you can work less and earn more by working together.

You can learn between "blue ocean" to find specific ideas. You can fight the opponent to death in the "red ocean", but that only makes a mess and tiny benefits. With a wise strategy, you can create a strong army with your opponents to bring more experience to your customers and increase the revenue of your stakeholders.

Secret: Be a strategic partner with your opponent to get more benefits.

17. Fear of mediocrity makes you trivial



Anyone with high status hates mediocrity. It is the motivation to be outstanding, motivated to help you work seriously and observe the small details that others don't notice. It is a gift for you.

Don't let it become a curse . Some studies show that scholars who tend to perfection are often less active than their peers, publish less and in less prestigious magazines.

Train yourself towards excellence but don't forget to release your " *good* " world. Choose to see your prints on the New York Times bestsellers list, not for your children and grandchildren to find forgotten manuscripts after you die.

Tip: Let's carry out the product when they are " *good enough* " .

18. Are you letting your standard down?



To some extent, you will " *let go* " easily. Consider carefully how to make your product valuable to everyone.

People often feel afraid to try something that people will refuse. If you are talented and potential, use it! To experience success, invest with all of yourself.

Tip: Join the game and try to win!

19. Stupid questioning for fear of looking like a fool



When appointed as a leader, my ego will hurt you. He will whisper, " *You are supposed to know it. People will think that you are a fraud if you ask a question. Be silent and everything will be fine .*"

However, think again about whether you seem to be able to know while a trainee can see through the problem and offer a solution like your boss. Do you respect such people? Do you appreciate them? Do you want them to succeed? No, you go to work just to see them slip in the mess of your work.

Be brave to ask questions. Be humble when others give opinions as an expert. Be a leader that others choose to follow.

Recipes: Restrain your ego and ask questions when you don't know.

20. Blame others



Somewhere in life, we have to set foot on the ship RESPONSIBILITY. We convince ourselves that honesty, honor, faith and courage are an acceptable sacrifice in the battle to achieve greater success.

What we create is that the world is easy to collapse - where people only know 5-fingered hands. The entire modern industry is mostly built on complaints and blame.

You can choose to wake up. **The moment of full responsibility for what happened in your life is the moment you take a step toward success - true success.**

Be brave to recognize the truth. It will not hurt you. It is the only thing that can help you.

If you are not satisfied with your work, health, relationships or income, take 100% responsibility for them. Nobody deserves to be accused except you. Nobody has the power to change it more than you.

Secret: Take full responsibility for what you do.

A few years ago, I read the biography of **Mahatma Gandhi** - the hero of India - to find out why he was so great. I tried to read to the point where he became great but I did not find it. Mahatma Gandhi does not see himself as a " *great leader* " because he simply addresses immediate problems with all his might.

The world around us is full of problems. You need to solve them. **It's not about solving everything, but dealing with things you can do.**

You are not trivial. You are very knowledgeable. You have the talent to change the world. Time to go another way. It's time to play to win. It's time to dare to become great.

Perhaps even others will never realize how deeply you have affected their lives. If it is really successful, it will just make colleagues less talk about the sidelines and help each other more.

Are you patient enough to listen to your children and find out why it is so angry? Success is more than yourself. Like Gandhi, humble success will change the world. **What you have to do is solve the immediate problem with your best.**

The important things to get success you've got in hand. Are you ready to do it now?

See also: How does the weekend become more meaningful?

Having fun!

You finished reading the article "**20 invaluable things to be successful without you even thinking about**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.