

15 interesting psychological tricks everyone should know

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Make our lives easier by dealing with stressful and difficult situations. Here are 15 tips **to capture interesting psychology** expressed by human behavior. Getting these tips will help you become more confident in daily communication a lot!



1. When we see a group of people laughing with each other, we instinctively look at which members we are closest to in the group or **feel like being closest** .
2. **Chew rubber glue or eat something that** will calm you down whenever you face a situation that makes you feel anxious. This is a trick that helps fool your brain and forget about things that make you worry about "*heaven avoiding food*".
3. If someone gets angry with you but you **are calm** , then the person will **feel even more angry** . But then they feel embarrassed with that attitude.
4. If you ask someone a question and they only respond with a short answer, **keep quiet and continue to look at them** . The respondent will realize for himself that the initial answer is not good enough and they will continue to talk to you more.

5. Expressing **emotions** is also a factor that brings emotions to others. If you feel happy, happy, smile, the other person will do the same for you.



6. **Don't say or write "I think" or "I know"**, it sounds like a revelation and lacks self-confidence.

7. Before going to the interview, **imagine the interviewer is an old friend**. This helps you feel calm and control your emotions or actions.

8. If you make yourself **really happy and happy to meet people**, then whenever you see you, they will feel happy and happy.

9. People will easily **agree to a smaller request** when rejecting one or two of the original big requests you made.

10. **Stressful** manifestations **have similarities with excited expression** such as breathing hard, fast heartbeat . So, adjust your not-so-good expressions to become more courageous, version More field and more comfortable.



11. Most people cannot distinguish the difference between **intelligence and confidence** . But if you know what you're doing, people will tend to " *surround*" you.

12. If you work in the customer service industry, **put a mirror behind your back** because when customers see them in it, of course no one wants to see you become stupid, grim and fastidious. Surely then they will have a different attitude to you.

13. If you are in a group meeting and wait for someone to give you work, **sit right next to their right** . This brings a sense of security and they will become more open.

14. In the first appointment, **choose a place that is interesting and special** . Make sure the opponent will be impressed and cannot forget this first appointment.

15. " *Eyes are the window of the soul* ", so when communicating with others, be skillful in **communicating with your eyes** , you will surely feel many surprises and interesting things.

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