

14 'paradoxical' lessons about life

Everything has been tested, except how to live - Jean-Paul Sartre.

On the Quora page, a questioned user is "*What life lessons are counter-intuitive or go against common sense or wisdom?*" (What life lessons are contrary to nature or go against the wisdom or common sense of society)? This question quickly received comments from many readers and below are the 14 most suitable answers that readers can refer to.

1. If you really hate a character trait of someone or often criticize a certain act, chances are you also have this personality or have done this action. The father of Freud's psychology called it "projection" - that is, the phenomenon of "attaching to others trends in actions or personalities that he himself has but wants to deny". For example, those who are worried about their appearance often call others ugly, who put a heavy paycheck or disparaging position criticizing the work of others - Anonymous.

2. Your behavior is affected by the environment in which you live, not your will. People can become respectable or obnoxious, focused or distracted depending on situations and circumstances. In other words, it's best to sell the television or unsubscribe from Netflix if you can't give up the habit of delaying - Alan Rutledge.



3. When you "sit back" with your emotions, you can overcome it. If you avoid getting an unpleasant emotion - for example, you feel incompetent to learn a new skill - you will be overwhelmed by this discomfort. When you don't overcome this mentally handicapped barrier, you'll never learn anything new - Alexis Bright.

4. To become an interesting person, first ask yourself if you feel the world is interesting? What are my interests? The attractive and attractive people in the eyes of others always feel attracted by people, history, all

things around them and therefore constantly searching for knowledge updates - Jamie Beckland.

5. Money can buy happiness. If you know how to spend money on the right purpose: buy a good bed to help you sleep well and feel energetic the next morning; rent or buy an apartment close to work to reduce travel time. These things help you feel happier and happier. This has been proved by practical research - Yishan Wong.

6. Conflicts can be harmless. There are types of conflicts that are actually beneficial. Debating ideas in a positive way in groups can help work more effectively - Benjy Feen.

7. Show off your weaknesses. If you do not hide your weaknesses, the wicked will not be able to use self-deprecation to tease you. Besides, you will also be more honest and reliable in the eyes of others - Dean L Longmore.

8. Lazy can be a great personality of a leader. Extremely diligent people are unable to delegate work to others, while "timely" lazy guys will be happy to delegate tasks to people in the group, making subordinates feel valued and so happier - Jeremy Liew.



9. Intelligence is not everything. Out of wisdom, the successful person also has consistency and dedication - Will Mitchell.

10. Thinking about death will help you. Experiencing life and death will motivate you to think more thoroughly about your life and what you want to leave for life. This will help you have a clearer idea of ??the meaning and joy of your life - Alice Rebekah Fraser.

11. Humans are very poor in predicting what will make them happy. For example, suddenly getting a high salary in a confusing way will not make you happy for too long at work, because that is just the extra motivation - Steve Upstill.

12. Vulnerability can be a good thing. Social research shows that you are fragile, "fragile" does not mean you are weak. It can be a bridge for creativity and success in relationships - Aimee Whitcroft.

13. Some of the best opportunities come from strangers. Research shows that career opportunities or partners can come from anywhere in your social network - Heidi M. Petersen.

14. "Deal" anger only makes you more angry. Instead of finding a way to "cool down", showing anger outside or venting anger only makes you "angry" - Brock Atkinson.

You finished reading the article "**14 'paradoxical' lessons about life**" edited by the [TipsMake](#) team. We hope this article has provided you with many useful tech tips and tricks. You can search for similar articles on tips and guides. Thank you for reading and for following us regularly.
