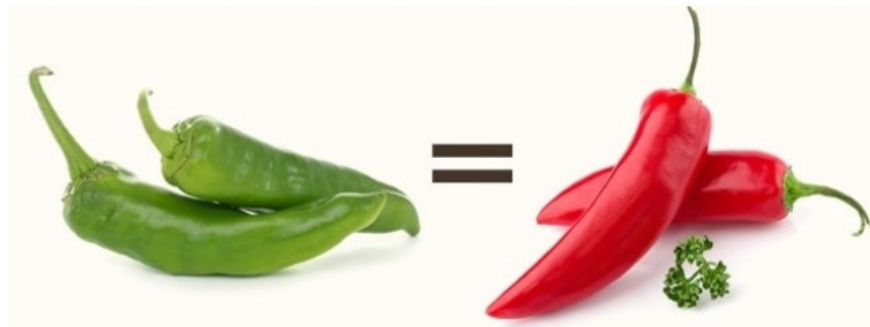


12 surprising facts about food that amaze you

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The color of the pepper does not say anything about its spicy level. Big chilli are usually tasting while smaller peppers are spicy and hot. The smaller the chili, the more spicy.



People who eat bananas are more likely to attract mosquitoes. In bananas contain many potassium. When we eat bananas, it helps to form lactic acid and makes your skin have a special smell that appeals to mosquitoes and many other insects.



Avocado is a fruit that is easy to change properties and quickly deteriorates. Avocado has been cut to the air for a few minutes and they will be blackened. To preserve, you should apply a thin layer of cooking oil on the surface of the avocado piece and enclose it in a plastic bag, put it in the refrigerator gradually, or drop a few drops of lemon on the surface.



You should remove this fruit from the bird food list. Because they are really poisonous to birds. Signs of butter poisoning include loss of appetite, difficulty breathing and sudden death.



Coloring in food can affect the behavior of children, making them more active.



Coffee is not a nut, but a berry. Their accuracy is the "berry of coffee".



Drinking tea to stay overnight or iced tea, cold tea can damage the stomach wall. Therefore, the Chinese also classified them into poisonous goods, and those with the phrase "tea from yesterday were more poisonous than snake bites".



Honey is a miraculous food, it is the only food that can leave thousands of years unbroken. The oldest honey jar was discovered in 1922 in the Egyptian pharaoh tomb Tutankhamun. This honey jar more than 5000 years old has been tested by biochemists and claims to be still in normal use.



Camembert was dubbed the cheese king of France. But the interesting thing is that this type of cheese should be eaten as close to the expiry date as possible, its taste will be much better. However, do not eat when they expire.



Eggs for long periods of time will float and it is best not to eat them. Eggs for long to produce a lot of gas, on the other hand, a part of the water in the egg evaporates through small holes in the shell. The gas evaporates, the weight of the egg is light, the density is small so it floats on the water.



Pickled sauerkraut is an effective weight loss dish. Because the sourness in the sauerkraut has the effect of consuming twice as much body fat as normal, helping you lose weight.



According to one study, eating a small piece of dark chocolate before meals can produce hormones in the brain that make you feel full. This makes you reduce your daily diet.

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