

12 meals causing fever to social networks of postpartum women at Japanese hospital

We invite you to take a look at the 12 meals that make your social network postpartum pregnant at Japanese hospital in the article below!

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Surely when mentioning the **hospital meal** , many people will shake their heads in boredom because most of the dishes there are cold, no attractive colors, bland, tasteless and more importantly hygiene. However, recently a pregnant woman giving birth in a hospital in Japan posted pictures of her usual meals. At first glance, no one believed this to be a hospital food but thought to stay in the restaurant.

It is known that these are photos of **12 meals that she was served during her post-maternity leave in the hospital** . Just by looking at it, we can see the fussy, careful way in which chefs prepare food for patients. Because preparing food is always an important thing in Japanese culinary culture and even in hospitals, people have to follow these things. Invite you to watch!

1. Omuraisu egg roll, pasta salad, chicken soup, fried squid, fruit and green tea.



2. Noodle fried with mushrooms, potato salad, salad with green cauliflower and bacon, chicken soup, fruit, bread and green tea.



3. Fried chicken with cabbage salad, fried bitter melon, Agedashi tofu, carrot salad, rice and miso soup.



4. Salmon, tofu, spinach salad, natto (a dish made from soybeans), soup of miso, rice and milk.



5. Fried fish with Tartar sauce, mashed potatoes, seaweed Hijiki salad, spinach fried with carrots, rice and green tea.



6. Camembert cheese and raisins, beef grilled with mashed potato-pumpkin-lotus root, corn soup, rice, salad, tiramisu, fruit, orange juice and green tea.



7. Mushroom fried chicken, pork pumpkin, carrot salad, rice, miso soup, Chawan Mushi (steamed egg of Japanese style).



8. Cod, cabbage salad, mixed noodles salad, sweet potatoes and peas, rice and green tea.



9. Mushroom salmon, soba noodles, rice, eggplant fried beef, broccoli, seaweed salad Hijiki.



10. Mackerel, kelp salad, natto, spinach salad, soup miso, rice, milk and green tea.



11. Fried vegetables, Niku Jaga (potato casseroles), stomach corn salad and cucumber, rice, miso soup and green tea.



12. Bream, mixed noodles, chicken balls, pickled radish, rice, miso soup, Chawan Mushi steamed egg and green tea.



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Having fun!

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