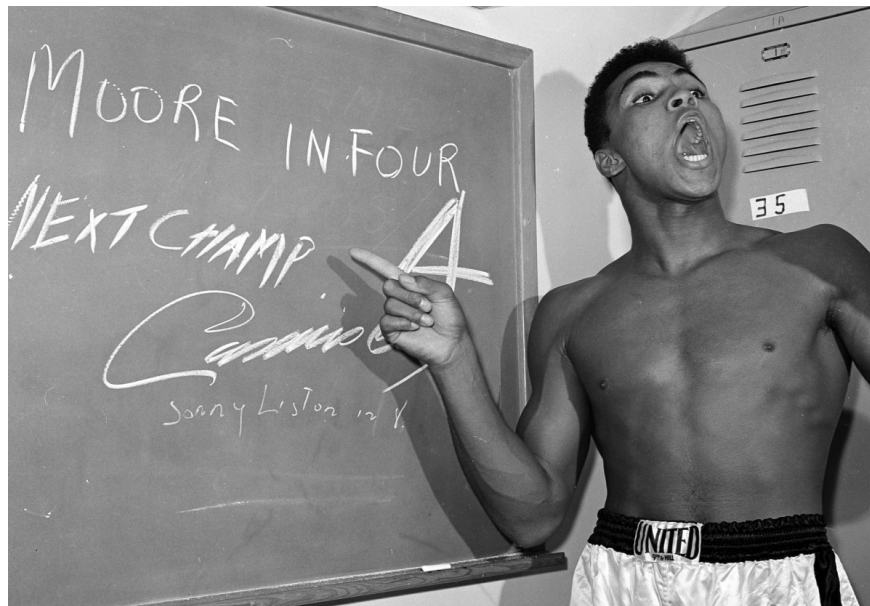


11 inspirational phrases of legendary puncher Muhammad Ali

People who look at the world at the age of 50 are like 20 years old when they lost 30 years of life (Muhammad Ali).

Muhammad Ali, birth name **Cassius Marcellus Clay Jr.**, born on January 17, 1942, is a former American boxing athlete who has won the heavyweight championship three times and once won a medium-sized Olympic gold medal. In 1999, Ali was honored as *"the athlete of the century"* by **Sports Illustrated** and **BBC**. In addition to these titles, Ali is also dubbed the *"great champion"*, *"public idol"*, *"symbol of society"*, *"United Nations peace messenger"* or *"milestone of hope in the last four decades"*.

Not only is a legendary puncher, Ali is also a philanthropist and social activist. He used to go to jail for refusing to enlist in the war in Vietnam. The famous saying: *"I have no hatred for the Viet Cong, they do not call me black"*, constantly mentioned in many newspapers and television when talking about the great American puncher.

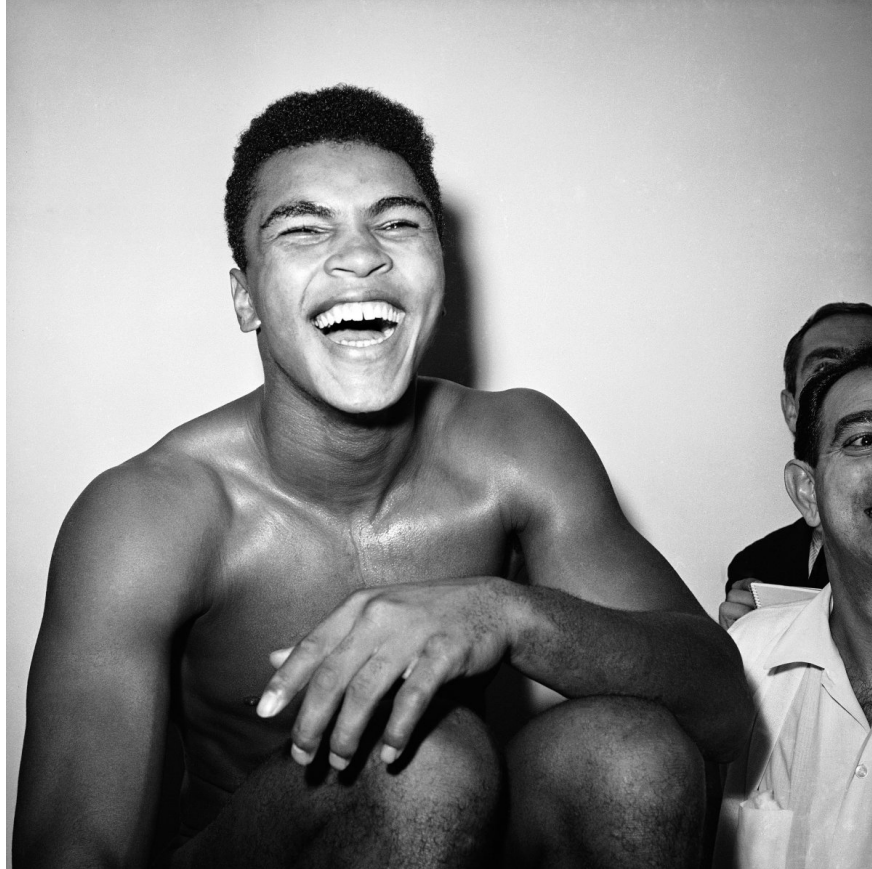


1. "Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."

Friendship is the most difficult thing to explain in the world. It is not something that you learn at school. But if you don't know the meaning of friendship, you really haven't learned anything.

2. "The best way to make your dreams true come is to wake up."

The best way to make your dream come true is to wake up.

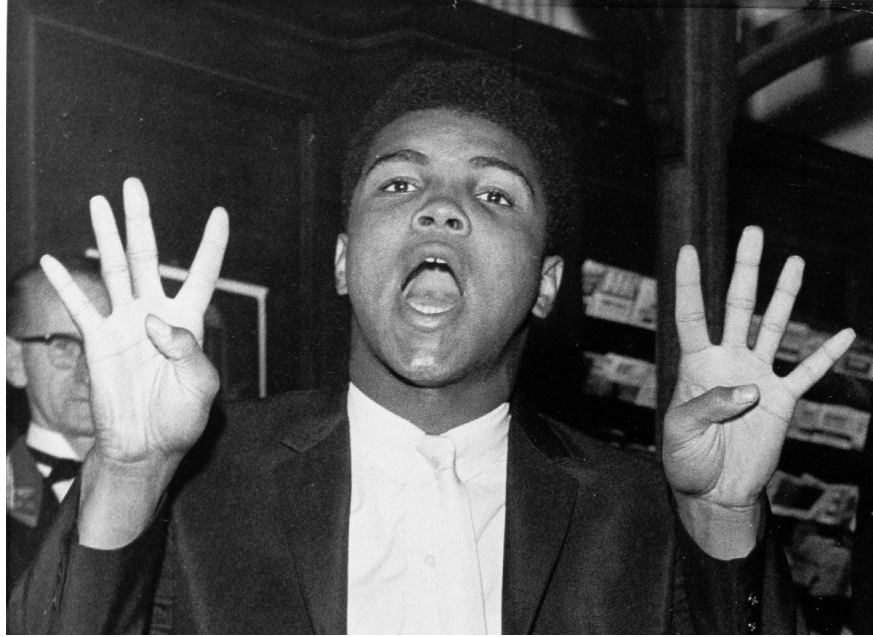


3. "He who is not courageous enough to take risks will accomplish nothing in life."

People who are not brave enough to risk will not accomplish anything in life.

4. "I hated every minute of training, but I said, 'Don't quit. Now and live the rest of your life as a champion.'"

I hate every minute I practice but I want to say "don't give up, try to endure now to live the rest of your life as a champion".

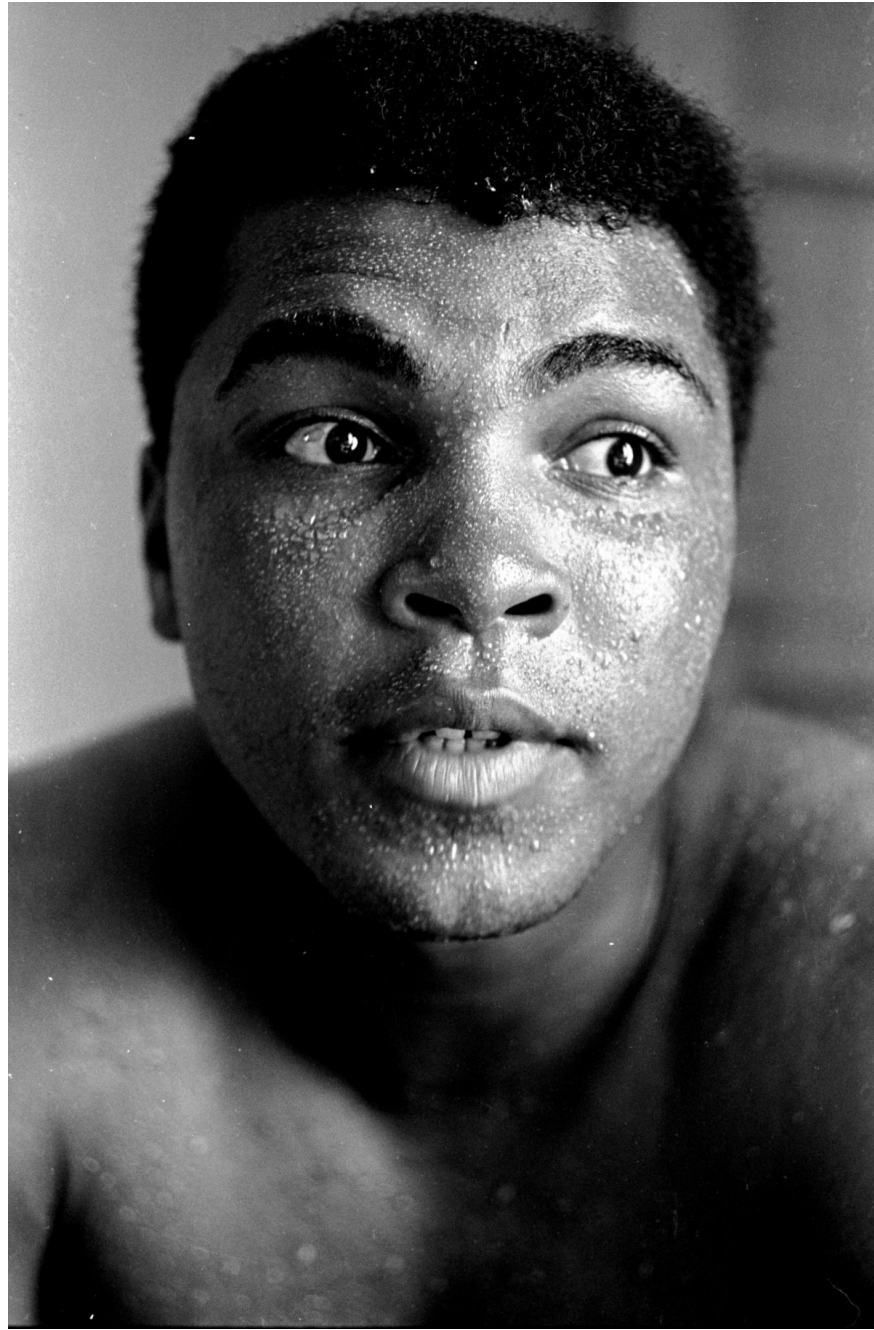


5. "I know where I'm going and I know the truth, and I don't have so much what you want me to be. I'm free to be what I want.

I know where I will go and I know the truth. I don't have to become something you want me to do. I am free to become what I want.

6. "To be a great champion you must believe you are the best. If you're not, pretend you are."

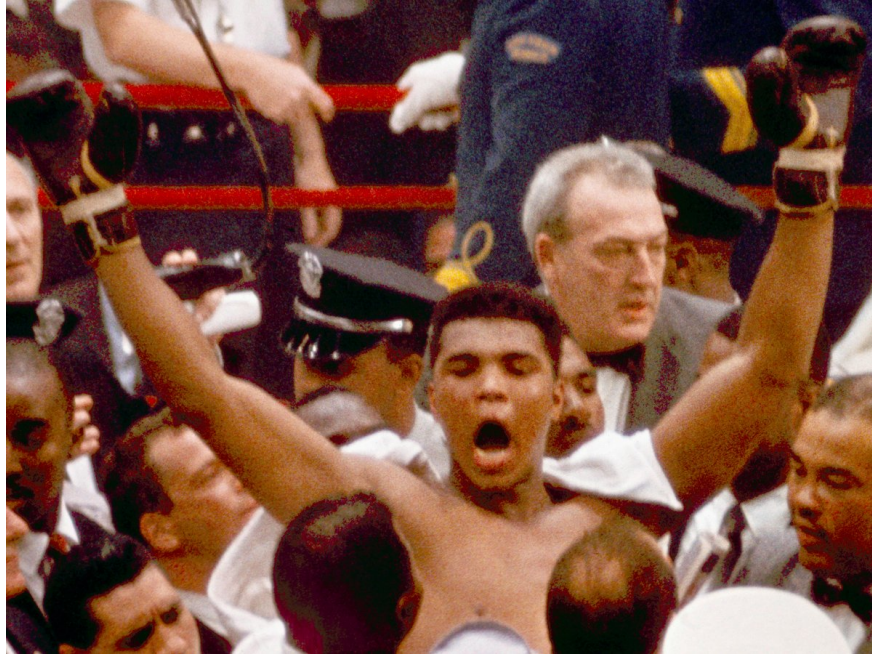
To become an excellent champion, you must believe you are the best. If not, just pretend it is.



7. "Impossible is just a big word thrown around by small men who find it easier to live in the world they have been given to explore the power they have to change. không phải là khai báo

It is not just a word for a group of people who feel it is easier to live in a predetermined world instead of exploring the energy source to help them change that. Can not not be realistic. It is just a point of view. Can not not be a statement. It is a challenge. Can not be potential. Can not be temporary. It can't be nothing.

8. "Champions aren't made in gyms. Champions is made from something they have deep inside them - a desire, a dream, a vision. ?? có s? ki?n và s? s?. nh?ng s? ph?i là h?n h?n skills. "



The champion is not created from gyms. The champion is made up of longing, dreams and vision hidden deep within them. They must be able to endure to the last minute, they must be a little faster, they must have the skills and will. But the will has to be stronger than the many skills they have.

9. "What you're thinking is what you're becoming."

What you think is what you will become.



10. "The man who views the world at 50 the same as he did at 20 has wasted 30 years of his life."

People who look at the world at the age of 50 are like 20 years old when they waste 30 years of their lives.

11. "Don't count the days, make the days count".

Don't count the date, make the date countable.

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