

10 simple ideas but most of us do wrong

10 things we often do in life but will definitely make you completely surprised to know that for a long time I've always done ... wrong.

You are confident enough to assert that you are a knowledgeable person and are using your belongings completely. Have you ever felt uncomfortable when eating pizza, wearing headphones even using wound tape . yet? To help you know what is the best way to use these items, the following article will tell you 10 things we often do in life, but it will definitely surprise you to know that for a long time we have always do . wrong.

1. First hold the pizza



Pizza is a familiar Italian dish and now the world is quite popular with this dish. Many people may object that eating pizza is not true or false. But actually, eating pizza is the right way to eat. But eating by hand must also be correct, because if the piece is loose, the cake may fall off at any time.

With a piece of pizza, the most standard way to eat is to hold it on the outer edge and use your finger to gently press the middle of the outer edge and the index finger points a pizza edge to your thumb to help the pizza eat more easily in your mouth. This way of eating is also proved by the law of mathematics really!

2. Wear headphones

1. Using headphones properly to prevent hearing damage



Wearing headphones, enjoying music and enjoying relaxing moments is a very familiar job for us. Currently most users usually have two ways to wear a popular headset, one is to put headphones directly into the ears and two and the earpiece over the ear, in which way do you usually apply it?

In fact, wearing earphones is a way appreciated by technology experts and manufacturers and recommends that users apply. This way you just need to insert the headset into your ear, loop the wire over the ear ring and behind your back.

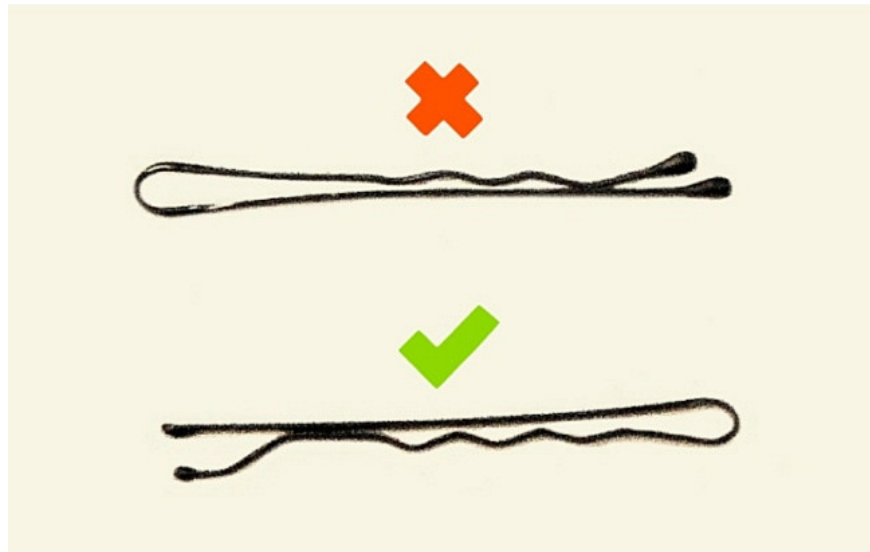
This way of wearing will help the earpiece stay firmly in the ear and you don't have to worry about the ear falling off. At the same time, you can also comfortably move your hands without fear of being entangled in the earpiece strings before your neck.

3. Eat hamburger



Hamburger is a favorite side dish of many people, but many people do not know how to eat a piece of hamburger, at first glance it seems instinctive. But this dish will not be complete if you just hold the hamburger with the thumb holding the bottom of the cake, while the other fingers are placed on the lid. The most standard way to eat is to place 2 thumbs and 2 little fingers to support the bottom of the cake, the remaining 3 middle fingers should be placed on the cake lid. Placing these fingers will limit the meat, vegetables and sauce inside the hamburger that fall out, while keeping the amount of beef and bread at the highest level when eating.

4. Clip hair clips



Clip toothpicks are an indispensable accessory for women, but using this toothpaste makes it possible to maximize its effectiveness, not everyone knows. You should use a clip with a wavy shape, instead of letting it straighten under the hair, you should let the wavy part of the hair hang down on the underside of the hair to tighten the hair and not slip.

5. Hold a glass of wine

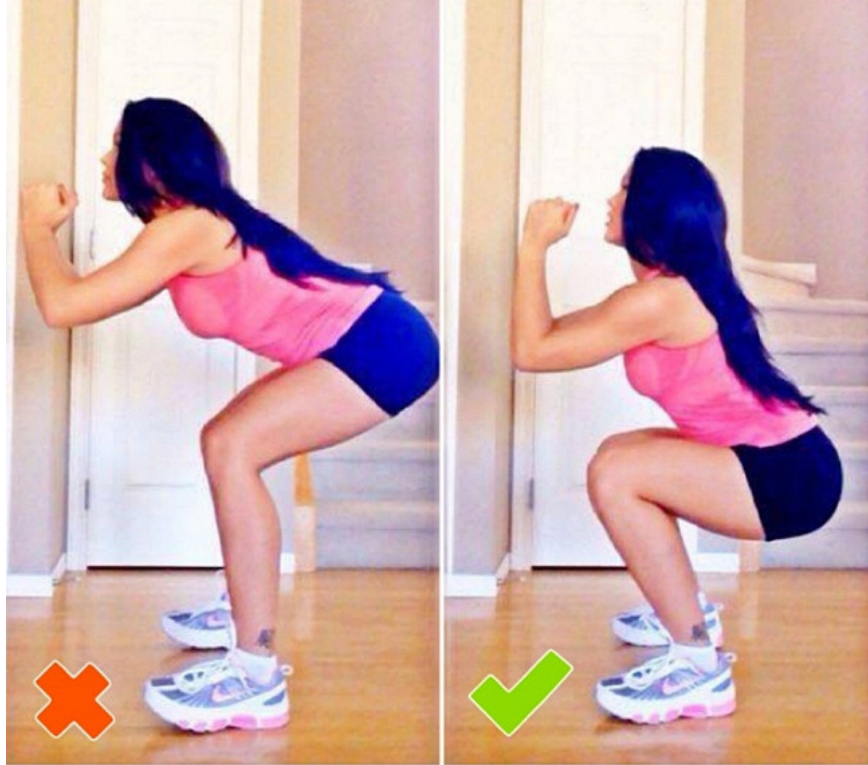


For connoisseurs who drink wine, when drinking, there are many issues of concern such as alcohol age, alcohol taste, preservation . and another important way is how to enjoy alcohol also has a way. private. Holding the wine glass properly also helps you become more luxurious and stylish before the opposite person.

When enjoying wine, we need to use a long-legged tulip cup, when holding it, hold it back towards the cup between the thumb, forefinger and middle finger. The other two fingers should be left natural, not confined to help the wine retain its natural flavor. Do not hold the top of the glass, the temperature from the palm will warm the wine to lose the taste of the wine.

6. Practice squat

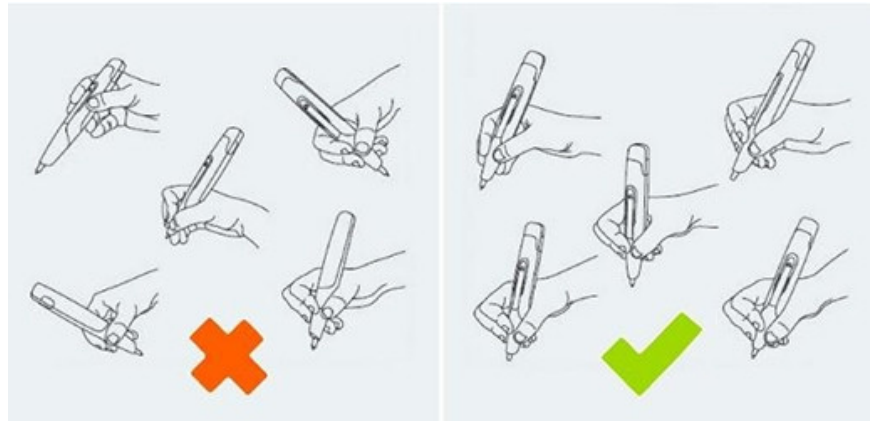
1. The miraculous effect of sitting down and standing up
2. 6 great things will happen when you start practicing Squat



Squat is a functional physical activity, offering you great benefits. With this movement, you can completely train yourself to have a balanced, healthy body as desired.

The most common practice is that the legs are wide open at the hips, the feet of the feet are pointing outwards, and then sit and push the buttocks behind, and stand up and sit continuously like that. Note, when sitting, we should sit down deeply.

7. Write a pen



Writing a pen is an extremely important lesson, and most of us are taught at an early age. When holding a pen, hold with 3 fingers, the pen is clamped between the index finger and finger between the middle finger to support the bottom of the handle, the index finger is above the handle of the thumb holding the pen outside.

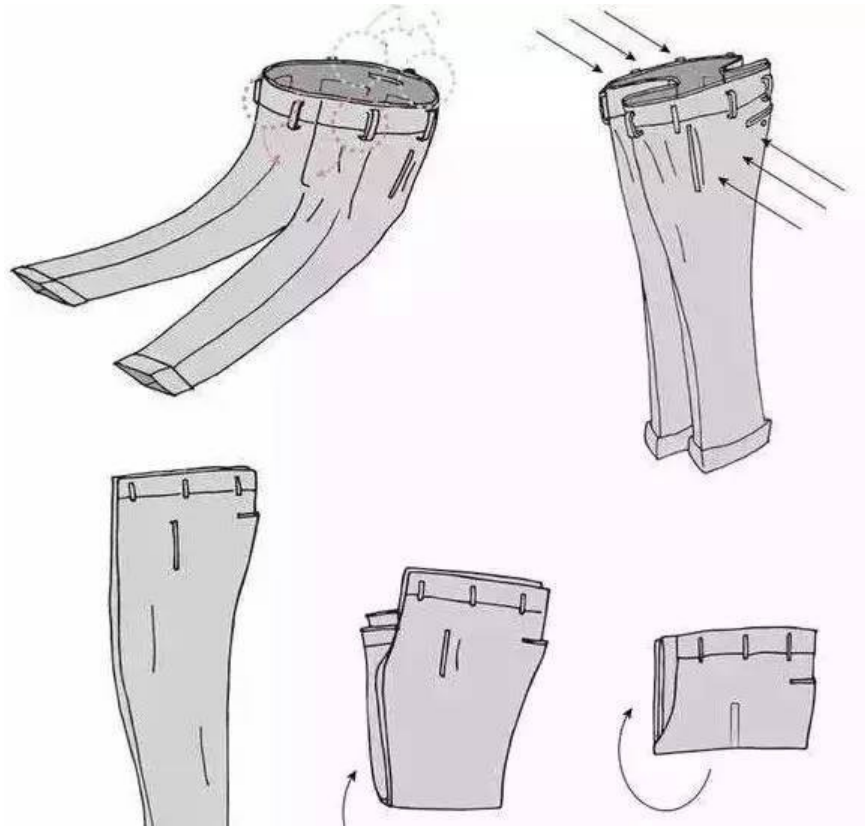
Keep the pen tilted about 45 degrees from the paper toward the writer and create a 15-degree angle to the vertical line of the page, placing the pen upside down.

8. Wear backpack



A backpack is a familiar item for every trip, and leaving your back free from pain, wear a backpack this way.

9. Fold pants



And this is how to fold the pants both fast and standard but not afraid of losing sticky.

10. Use wound tape

Wish you have moments of fun!

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