

# 10 reasons to make you uncomfortable in the eyes of others

Let's read 10 reasons why you are so uncomfortable in the eyes of others without your knowledge!

1. 9 ways to enjoy life in a truly meaningful way
2. 7 helpful tips to keep your life balanced and happy despite being busy
3. 7 questions to ask when encountering a difficult decision in life

Each of us tries to improve ourselves to become a wonderful, kind, caring and compassionate person. But for some people, not everyone can do it. There are actions or "*bad habits*" that make us make ourselves difficult or become someone that no one wants to be with.

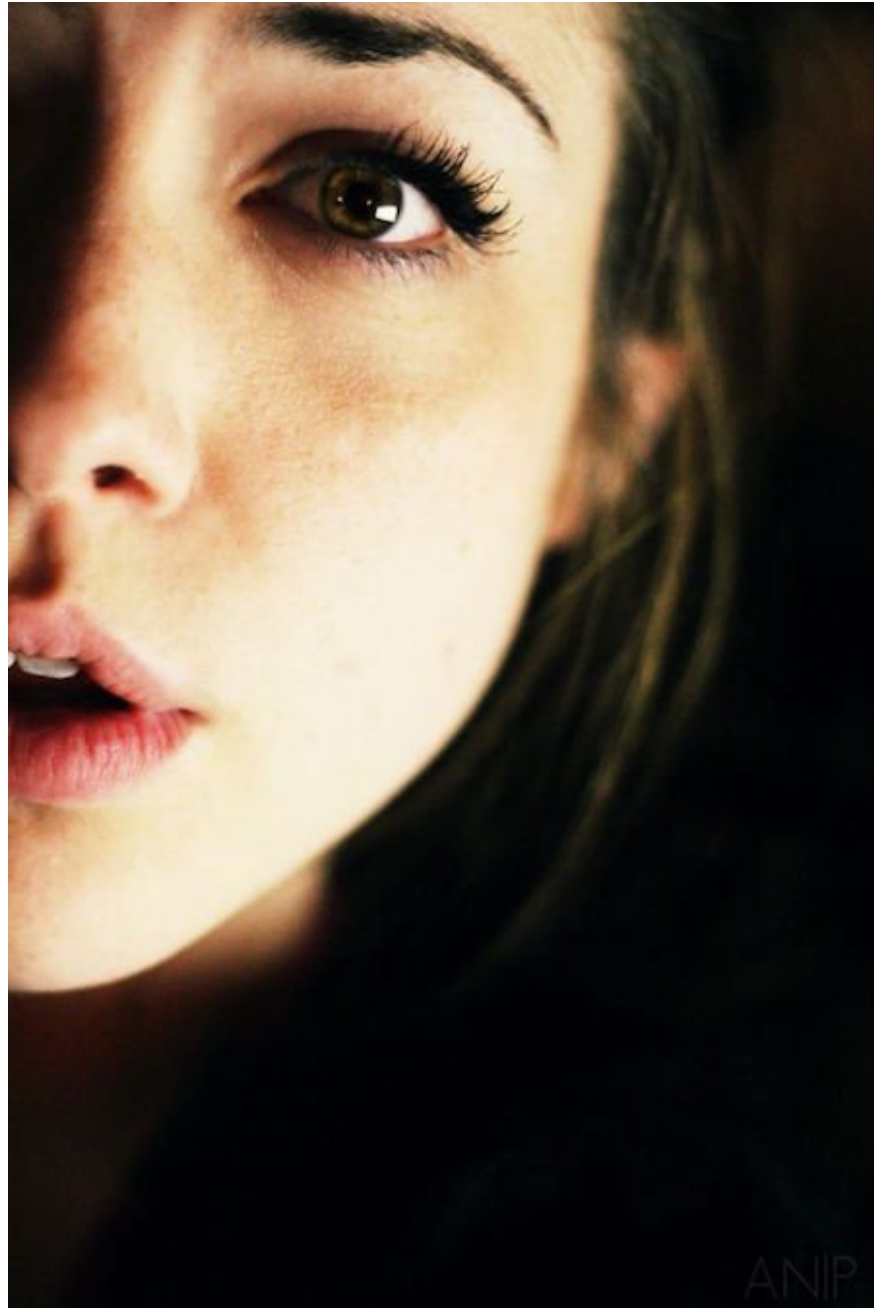
**Here are some of the disastrous properties that make you uncomfortable in the eyes of others that if you realize you're 'owning' it, then get rid of it!** You will find your friend circle will become more open when you do that.

## 1. Think of yourself as the center of the universe



Many people often suffer from this without realizing it. You only focus on yourself, just talk about yourself and often don't care what people around you say. You think you are the most important person. If you are such a person, change it now. **Nobody wants to be friends with people all day who care only about themselves .**

## 2. Only care about the beauty outside but ignore the beauty inside



Amazingly, **real beauty comes from the heart, body and soul** . Appearance is not the most important thing, but there are those who behave in an unattractive way that external beauty is everything. Look in the mirror - look deeply into yourself, you will find yourself in it. An ugly person. Unless you change your way of thinking.

## 3. Always compete



Are you the one who wants to be better than anyone, always wants to see more and do more? If that's the case, then you're an unpleasant person.

**You should pay more attention to your friends and let them have the opportunity to express themselves .** If they can overcome the fear of altitude and climb to a height of 3 meters, don't say: '*Is that all? I still climbed 9 meters*' but say: 'That's great . *I'm so proud of you .* '

#### **4. See friends as enemies**



People who are said to be hard to love often fight with their friends. Instead of solidarity and concern, you always resist and "*stab your back*". Remember that friends are not enemies, they are your allies.

## **5. Ask about your importance to others**



You will really be an unpleasant person when constantly questioning why others don't see you as important as you think they should be. For example, your two friends went to a place without you - this is not important, but you leave it to your stomach. Let's get over this. They are still friends and their lives will not stop without you.

## **6. You are "boss"**



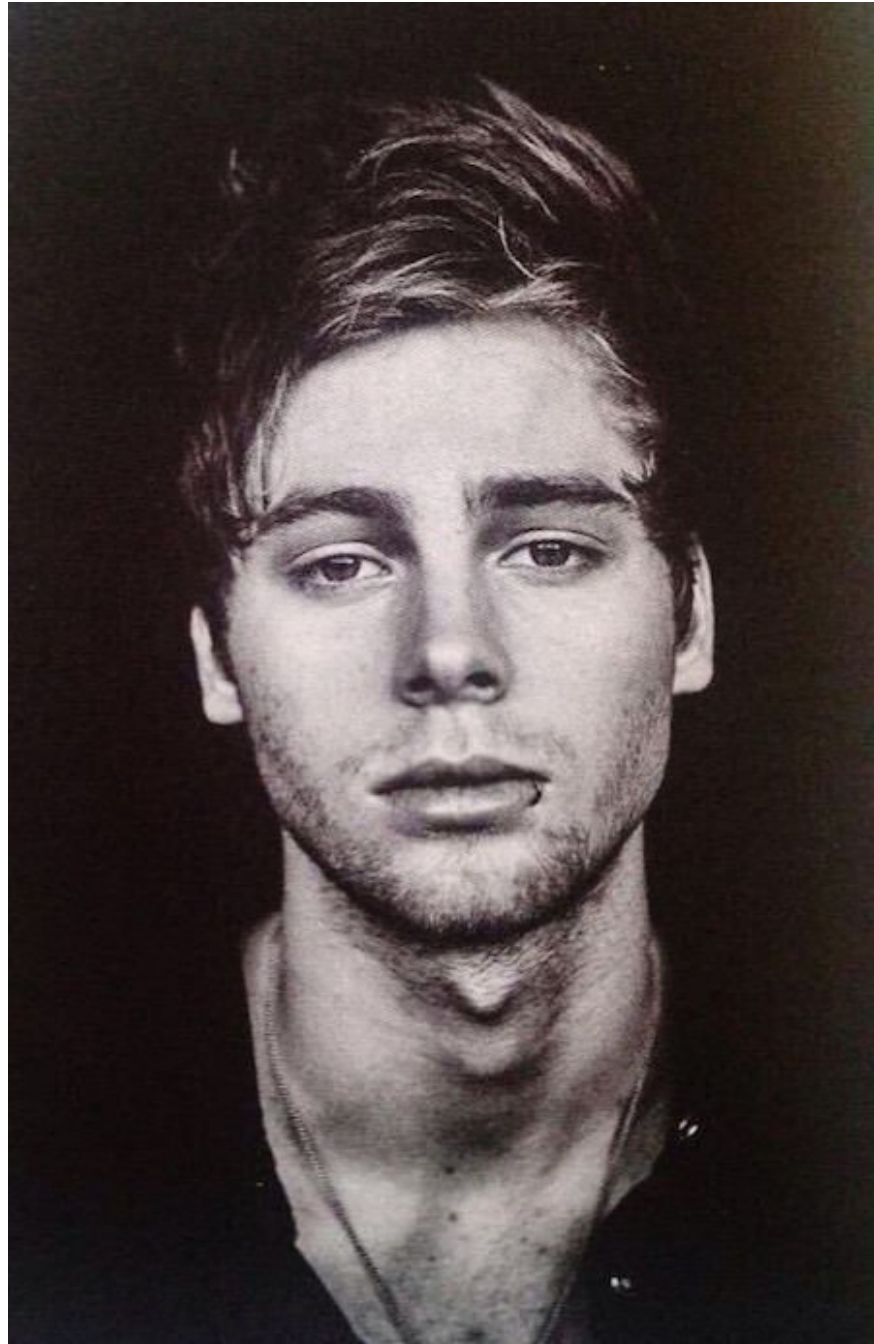
In a group of friends, everyone should stay on the same level playing field. If you are the one who always makes decisions, constantly needs to take responsibility or try to control what others do, then you are behaving in an unpleasant way.

## **7. Not sincere**



To be a great friend or someone else wants to be with, you need to be honest. Many people who behave badly are often untruthful people, they lie about everything, scrutinizing questions others ask them and true feelings about different things. So remember that **truth is still the book** .

## **8. Rough holes**



If you are a person who is often impolite, offensive or embarrassing for friends with rude remarks in public places, stop right away. You are not the person everyone wants to be with. There will be times when you disagree with someone or don't want to see things you don't want to see but you **don't need to mess up in front of such a crowd** , because people will see your bad behavior and not acknowledge in the way you are thinking.

## **9. Unreliable or dependent on others**



Are you always ready when your friends need help? Or are you always busy when someone needs you? If you are someone who cannot be trusted, it is indeed a minus point. Similarly, if you are a regular caller for help but have never offered to help others, no one wants to be friends with you.

## **10. Always think negatively**



**Pessimism is not a good personality** . If you always think the situation is bad or always look at every situation under a negative perspective, try to change your attitude. Nobody wants to be friends with people all day to see the negative side without seeing the positive side.

See also: How does the weekend become more meaningful?

Having fun!

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