

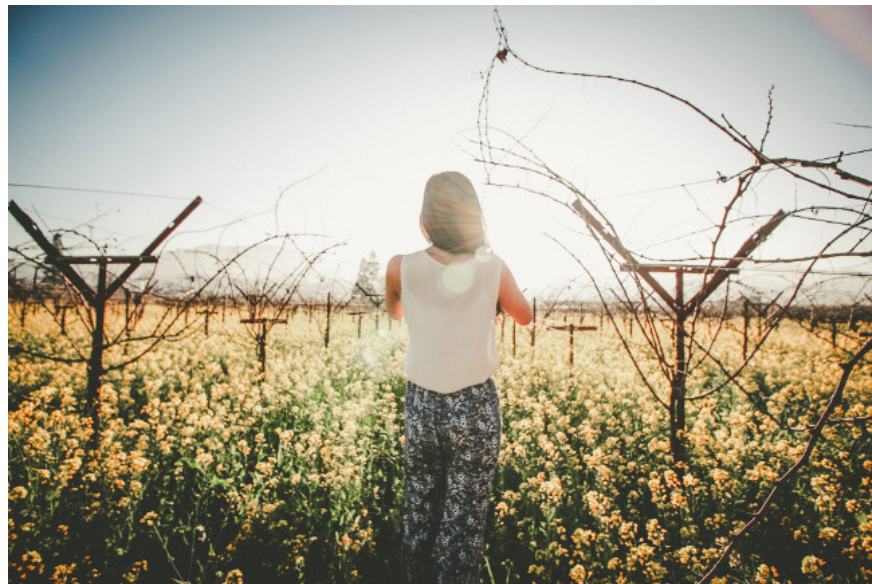
# 10 reasons to add strength to try to pursue your dreams

Surely after reading this article, you will tell yourself why? and continue to pursue the desired dreams immediately. Here are 10 reasons why you should pursue your dreams.

Every time you consider something you do day after day is a small success, you will no longer think that success is achieving your goal, but it becomes the way you live. Meaning success is something you always achieve and never touch your hand because you are constantly striving towards the next success. Always look for, aspire to success you will be happy on every journey of finding it.

Do you still have unfinished dreams? Surely after reading this article you will tell yourself " *Why not ?*" and continue to pursue the desired dreams immediately. Here are **10 reasons why you should pursue your dreams** .

## 1. Feel yourself strong



The key to self-esteem is the ability to feel one's own power - not the physical power or power, but the belief in oneself that is capable of achieving great things. In particular, human **willpower** can equal or exceed their potential.

## 2. Leave a legacy for life

Who doesn't want to be remembered by people? The truth is that we all care about what people think of us, even if we don't reveal it or admit it, we each want to do so. So why don't you create a legacy for yourself? It is very important that a good voice about your achievements even after death.

### **3. Family and friends will be proud of you**

**Asserting yourself** is as important as leaving a legacy for life. We always want our loved ones to be proud of us, which many of us are self-conscious. Whether this is a positive force for you or not, it is still a factor to help you pursue your dream.

### **4. Have an opportunity to challenge yourself**



Prove to yourself that you can do anything if you put all your energy and energy into them, prove to others that they are wrong when trying to convince you that you cannot do something. The key is that we all like to experience new challenges. Therefore, you don't have to be a strong competitive instinct to accept the challenge, so keep dreaming and pursuing, no matter what your dream is.

### **5. Learn new knowledge and skills**

Nothing is dangerous to human health with a less lucid mind, learning new things helps us to be healthier both physically, mentally and emotionally. Learn a new language, write a book, have a new hobby, learn a craft course, embroider, sew, join a cooking class or run a long distance course, all for your benefit.

### **6. There is bragging rights**

Nothing is more proud to achieve the goals you have set, set a new record and look back on the journey of hardship. For those who have the same dream as you, you will become an example, a guide and an inspiration

for them. And what is the best thing here? Success will always belong to you and no one can take it. Occasionally praise yourself a little bit, you will find yourself a lot happier.

## 7. Your life will change



Regardless of your goals, no matter what you dream and want to achieve, your life will change. You also change yourself. You will adapt and become more flexible and stronger. You will never be the old man who existed before pursuing your dream; You will discover the possibilities you never thought you had.

## 8. Don't feel remorseful

Some people feel remorse for what they did, but most people regret what they didn't do. So, if you don't want to live in a sense of remorse for what you haven't done, or dreams you can't do, or any "if", stand up and do what you need. must do it.

## 9. Everyone will respect you

Do you achieve the goal or not, it does not matter. It is important that you have **tried, dreamed, planned and done it** . Goals can and will always change, as long as you don't sit still.

Davey Anderson once said: "No matter how slow you are, you've far ahead of those who just sit on the sofa."

## 10. If not you, who will follow you to pursue your dream?

If you don't chase after your own dreams, who will do it for you?**Stand up on your own feet** and try once to not regret anything.

Refer to some more articles:

1. Thinking less and doing more is the key to realizing your dream
2. 5 important business lessons from billionaire Mark Cuban
3. 12 lessons about happiness I learned in the most difficult situation

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