

10 classic style actions to help you become more wonderful

Here are 10 actions that make you feel better if you incorporate something classic into your life:

I love classic things. Do you still remember the image of everyone wearing a classic sports shirt?

Personally, there is no problem in classical sports, but I don't want to buy Brooklyn Dodgers because it's not **the classic style** that I like. I like the classic style of " *old school days* ", the time when technology was not as popular as it is today, do you still remember?



Here are **10 actions that make you feel better** if you incorporate something classic into your life:

1. Smoking with a pipe



I like cigars, but until recently I discovered the miraculous use of pipe. Because it is unique and an art. It takes a lot of time to learn how to burn that pipe and feel the great things it brings. In addition, we must show respect to it by regularly taking care of and cleaning them.

I even thought that people who want to quit should invest in a smoking pipe and smoke that way. Why is it like that? That's understandable because it's too time-consuming. Every time you want to smoke a cigarette, you have to put the cigarette in, burn it and wait it on fire, after it is done, it must be cleaned. I bet that these steps will help prevent people from smoking too much.

To understand more clearly, I don't smoke in the usual way. I just sucked when I felt like I was hurt by someone. (*Is this the way to create an attraction for yourself? Take your mind out of that mud.*)

2. Read novels from before 1950



Try reading novels from ancient times. In the early 1900s, many authors have created high quality but illusory stories that you can choose to read: *Ask The Fetcher*, *The Whale* *The Wrath of The Bell Tolls* , *The Grapes of Wrath* by John Steinbeck or the famous book " *Gone with the Wind* " by Margaret Mitchell.

Surely you will be confused when suddenly there is no TV, phone, computer or any other day. Try taking 2 to 3 hours a day just to read and drink a cup of tea if you want. This seems to be wasting your own time, but it's not like that at all. Try to forget the news on the social network, follow the pages of the book, it's really a great thing you should try.

See also: How to read 10,000 words within a minute?

3. Hiking like a daily exercise lesson



Many of us are often obsessed with our appearance. That means you are having a " *crazy* " exercise regime and cramming enough nutrients into your body. And this is the idea full of wildness for you: " *Go for a walk as far as possible. Don't listen to music but listen to the sound around you, soak up the world and feel it .*"

Daily walking is not only good for the heart but also for the mind. With each step take a deep, deep breath and focus on the surroundings. Whether it's rain or shine, feel every moment during your walk. It will help you feel like your body is being released.

See also: If you're looking for your life's purpose, read this article!

4. Take a shower



In today's modern life, it seems that all of us are so busy, that we don't have enough time to finish everything, take some time to relax. Set aside 15 minutes just to soak in the tub in the evening. In addition, you can use a little more aroma to bring a sense of relaxation to your soul as well as your body, help blood circulation better and put you in a deep sleep. This is very effective in helping you relax your mind after a hard working day.

5. Write letters to loved ones by hand (or typewriter)



It's easy to send a text or message with a meaningful content to someone. But if it was a handwritten letter, it would have a completely different meaning. Why is that? Because you need time to write, fold the letter, put it in an envelope and take it to the mailbox. This seemingly simple job, how long has it been since you last did it?

Handwritten letters contain a lot of meanings. Do more meaningful things for everyone around you. That can change their world as well as yourself.

Write to your loved one today. My grandfather and I wrote to each other for several years. The feelings of my two grandchildren are much more attached and love each other.

6. Pay attention to how to dress when you go out



In the past, I used to make this mistake, so I need to remind everyone. For a writer, they often go out with sleeping pants and an old T-shirt. I think that I don't need to dress properly but that is just proof of laziness.

Dress neatly is to show respect for yourself. Notice why people always dress up in sporting events or a similar event? No matter what you will do today, take the time to wear a nice set of clothes and down the street. Not only does it make yourself look impressive in the eyes of others but you also feel very impressed.

7. Wash dishes by hand



The invention of the dishwasher makes this job a lot easier, because sometimes, I don't bother washing dishes until the next morning. So when was the last time you washed the pot, bowl, cup of dinner? That is exactly what

I want to talk about here.

Washing dishes by hand will be a time for you to think about other things. If you wash the dishes by yourself, it gives you more time to think about something, you will no longer focus on the television.

See also: True happiness is not in others but in ourselves!

8. Don't skip dinner with your family



When we grow up, we often have less time to sit and eat with our family. Sit around the dinner table every night and talk about a day that has passed. Currently, family reunion dinner is only for important occasions. We often keep an eye on the TV or see another information while eating. I remember that I had messed up dinner at 5:15 pm because the movie " *The Simpsons Family* " was shown. The late thing that I realized is that the film does not help in being a better person and having dinner with family is a priority.

Besides, one thing that should not be done on the table is often watching the message on the phone. That makes us " *stupid* ". Use your phone elsewhere and talk to everyone during meals. If there is nothing to say, sit quietly and show respect for the meal. That silence is very important. Because in today's bustling world, it is very difficult for us to become silent. Try silence, think and relax with that.

9. Playing cards in the evening



Why don't you try playing with your family instead of going to the movies? You can even create interesting rules or rules for both winners and losers. Every time I play cards, I often set up a game rule that only revolves around the goal of making my wife nude, but it seems that I'm digressing.

Playing cards makes the conversation more lively and interesting.

With the stresses of life, we just want to do simple tasks, but the truth is that we should do the things we care about. It helps us face the difficulties we face.

See also: 8 things you might do when you get bored

10. Listen to the radio game



In today's modern life, digital devices seem to be taking away the aura of sports. There is no longer the same imagination as when we listen to radio games, because we can see with our own eyes the wonderful things in the

ocean when we dive ourselves there. Previously, myths were created by human imagination. Today, myths are almost nonexistent because we can see everything, successes and failures.

Right now, we only have cuts of tape about the great people of the past. In our eyes, they don't do anything wrong because we don't see everything they do. Do you remember the last time you saw Joe Dimaggio's faulty video? The games are created vividly by the way dialogue and communication of the station makes viewers want the game like, they will do a program like that. Therefore, the game becomes more mystical to increase attractiveness.

Sit down, grab some popcorn and listen to a baseball game on the radio. Imagine the game in your mind and turn it into your own joys.

Do you have any idea after reading all the things on this list? What do you agree with or disagree with?

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